

# THE HOMOEOPATHIC HERITAGE

Bringing Classical and Contemporary Homoeopathy Together

ISSN: 9070-6038

Vol. 50, No. 5, Aug 2024



The HOMOEOPATHIC HERITAGE Turns

50 years

PEER REVIEWED



Special Coverage: 5th Advanced International Homoeopathic Seminar, Greece

## Tinctures & Their Scope in Homeopathy

- Diving Deep Into Various Mother Tinctures In Homoeopathy
- Exploring the Therapeutic Horizon: Unveiling the Scope of Mother Tinctures in Homeopathy



BJAIN

# INCREDIBLE STORIES UNFORGETTABLE JOURNEY



Dr. Bhoomika Gautam

*I am very thankful to be a part of this journal ,it builds confidence with in me to publish more such articles .*

*Homoeopathic heritage's commitment to education, research, and the dissemination of knowledge in the field of homeopathy is commendable. Feel privileged to be a part of this family and contribute as an author.*



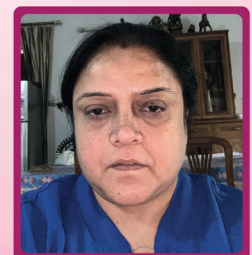
Dr. Faiza Khan



Dr Madhusree Dutta

*The Homoeopathic heritage journal is a stock of knowledge and a great source of learning. Articles are obtained from different expertise, Pg cholars and students all across India which helps to upgrade and enhance our knowledge. So,it's a great experience for me to be a part of this family.*

*Congratulations to Heritage Family. It is always an enlightening experience to be part of family as reader and writer. All the best for future ventures.*



Preeti Iarolia

# THE HOMOEOPATHIC HERITAGE

Vol. 50, No.5, Aug 2024

Pages: 108

## CHIEF EDITOR

Dr Farokh J. Master

## MANAGING EDITOR

Dr Rashi Prakash

## LANGUAGE EDITOR

Dayna Lynn Davis

## CHIEF ASSOCIATE EDITOR

Dr Yogesh Niturkar

## ASSOCIATE EDITORS

Dr Abha

Dr Amit Sahani

Dr Anit Acharya

Dr Anum Zaheer

Dr Geeta Rani Arora

Dr Hitarth Mehta

Dr Kavitha Kukunoor

Dr Krutik Shah

Dr Manpreet Kaur

Dr Niharika Jain

Dr Poorav Desai

Dr Preeti Jha

Dr Shilpi Rastogi

Dr Shweta Singh

Dr Yashika Arora Malhotra

## REVIEWERS

Dr Ashish Indani

Dr Clare Relton

Dr Chaturbhujia Nayak

Dr Eswara Das

Francis Treuherz

Dr Kamal Sethi

Dr Meeta Gupta

Dr Monika Kathuria

Dr Queenita Fernandes

Dr Raj Kumar Manchanda

Dr Robert Mathie

Dr Sandeep Sathye

Dr Yashveer

## INTERNATIONAL ADVISORS

Dr Ajit Kulkarni

Dr Bipin Jain

Chaim Rosenthal

Frederik Schroyens

Grant Bentley

Jan Scholten

Jeremy Sherr

Dr Kamlesh Mehta

Luc De Schepper

Dr L.M. Khan

Miranda Castro

Dr M.K. Sahani

Dr P. K. Sudhir

Dr Rajat Chattopadhyay

Richard Moskowitz

Roberto Petrucci

Dr Sanjay Sehgal

Dr Subhas Singh

Dr Subrata Kumar Banerjea

Dr Tarkeshwar Jain

Todd Rowe

Torako Yui

Dr Uttareshwar R. Pachegaonkar

Dr Yogesh Sehgal

## EDITORIAL LEGACY: MENTORS

Dr D. P. Rastogi

Dr H. L. Chitkara

Dr Praful Vijayakar

Dr Robin Murphy

Dr S. P. Koppikar

## BUSINESS CONSULTANT

Manish Jain

manish@bjain.com

Layout and Design : Sonika Pawar

For subscription, change of address,  
exchange

of copy or any other complaint:

subscribe@bjainbooks.com

Website

www.homeopathicheritage.com

Published by: Mr Kuldeep Jain on behalf of  
M/s. B. Jain Publishers (P) Ltd.

Printed at M/s Narain Printers & Binders,  
D-6, Sector-63, NOIDA, UP-201307

Published from 1921/10, Chuna Mandi,  
New Delhi - 110055

Ph.: 91-11-4567 1000

Email: hheditor@bjain.com

Corporate Office: 0120-4933333

Disclaimer: The Publishers are not liable for manuscripts not sent on the Publisher's demand. In principle, only those papers will be accepted which have not been published previously, domestically or abroad. Furthermore, manuscripts may not be offered to other publications at the same time as they are under consideration for this journal. The article selected can be used in other language editions of the journal. Unsolicited manuscripts will not be returned.

Note: The views and opinions expressed by the authors of articles published in this journal are not necessarily those of the editors and publishers.

# CONTENTS

## EDITORIAL

*Dr Rashi Prakash* 5

## FROM THE EDITORS' DESK

Rationale Use Of Mother Tinctures In Modern Homoeopathic Practice

*Dr. Harsh Nigam* 7

## STALWARTS' EXPEDITION

Dr. Frederica Eugenie Gladwin: An Example of Perseverance

*Prof. (Dr.) Subhas Singh, Dr. Rumsha Tamkeen, Dr. Vaishnavi Achrekar, Dr. Vignesh K, Dr. Biny Pratap Singh, Dr. Jyotidarshane* 9

## IN ITALICS

Highlights: 5th Advanced International Homeopathic Seminar

*Team THH* 12

## SUBJECTIVE

Diving Deep Into Various Mother Tinctures In Homoeopathy

*Dr. Shayantan Kumar Das, Dr. Sristi Chakraborty* 17

Exploring the Therapeutic Horizon: Unveiling the Scope of Mother Tinctures in Homeopathy

*Dr. Kirti Mishra, Dr. Garima Verma, Dr. Deepak Kumar Kesari* 23

Mother Tincture and Its Utilities in Homeopathic Practice

*Dr. Smriti Pandey., Dr. Rohit Kumar Priya* 27

Homoeopathic mother tinctures – In lieu of Antimicrobials

*Dr. Srinija Pantula* 30

Clinical Utilisation of Some Important Mother Tinctures in Homoeopathy

*Dr. Prity Kumari, Dr. Tarun rai* 33

Clinical Utility Of Mother Tinctures In

Cases Of Rheumatoid Arthritis

*Dr. Hetvi Gunchala* 36

Efficacy Of Gutteria Gaumeri Q In Dyslipidemia- A Case Study

*Dr. G. Madhavi* 39

Homeopathic Mother Tinctures In The Treatment Of The Diabetes Mellitus

*Dr Dipika Sindha, Shyam Barmeda* 43

Homoeopathic Mother Tincture & their Therapeutic Hints

*Dr. Jayapriya Beniwal, Dr. Sunil K. Bishnoi* 47

Therapeutic Potential of Joanesia Asoca in Female Reproductive Health and Beyond

*Dr Janki Hirpara* 50

Role Of Mother Tinctures In Homoeopathy For Common Gynaecological Disorders

*Dr. B. Lokeswari, Dr. G. Lakshmi Narasaiah* 53

Tinctures & Their Scope in Homoeopathy

*Dr. Divya Patel* 55

Understanding the Importance and Impact of Mother Tinctures in Homoeopathic Practice

*Dr. Ravi Kumar* 61

Unveiling The Versatility Of Homoeopathic Mother Tinctures

*Dr. Vaishali A. Shinde, Dr. Harshvardhan S. Bhosale* 65

Wonders of Mother Tincture in Homoeopathy

*Dr. Khirod Bisoi, Dr. Pratibha Kumari, Dr. Sanam Doli* 69

A Study To Enlighten The Scope Of Tinctures In Homoeopathy

*Dr. Rakhi, Dr. Amanpreet Kaur* 74

Tinctures & Topical uses in Homoeopathy

*Dr. Viren D. Nimbark* 78

## CASE REPORT

Homoeopathic Management of Diabetic Foot Ulcer: An Inclusive Review and Case Study

*Varun Puri* 81

Homoeopathic management of Tinea Corporis- A case report

*Dr. Abhishek Kumar Aryan* 86

Homoeopathy for Renal Stone- A Homoeopathic Case Report

*Dr Dimpal V. Patadiya* 90

Effectiveness Of Viscum Album Mother Tincture In Case Of Sciatica Along With Hypertension: A Case Report

*Dr. Nandini Patel* 93

## RESEARCH

Assessment Of Temperament in Homoeopathic Medical Students: A Google Forms Survey

*Dr. T. Prasanna Lakshmi* 97

## BOOK REVIEW

“Talks on classical homeopathy” by George Vithoulkas

*Dr. Ayesha Naaz* 11

Healing Cancer: A Homoeopathic Approach

*Dr. Garima Verma, Dr. Kirti Mishra* 101

Mind Rubrics in Homoeopathic Prescription: Beginner Series Part: I

*Dr Yogesh D Niturkar* 104

## EARNST COLLOQUY

Earnst colloquy with Dr SK Tiwari 106

Dear Readers,

*During Hahnemann's life, physicians practicing homoeopathy had just 98 homeopathic medicines to their disposal. Out of these too, there were some which were used in their tincture form- Arnica, Causticum, Camphora and Sarsaparilla are a few!*

*Hahnemann's documentations will explain to you just why and where and when he used the aforementioned medicines in their tincture forms when he was himself the founder of the principle of drug dynamization. This issue of The Homoeopathic Heritage titled 'Tinctures and Their Scope in Homoeopathy' highlights the importance of mother tinctures- the very source of all other potencies of homeopathic medicines, in homoeopathic practice.*



As per a simple non medical dictionary the word 'Tinctures' is used simply for a drug substance mixed in alcoholic solvent.

While breezing through content here and there for writing this editorial, I came across this piece of information- "The name tincture is derived from the Latin *tinctus*, meaning moistened or dipped, which later in Middle English became 'tincture'. By the 17th century, tincture became a term used to describe the colour of medicine or a herbal solution. This is because tinctures take the colour of the plants they are extracted from. For example, tinctures made from hibiscus flowers are a deep purple. Those made from chamomile flowers are dark yellow".

Who invented or discovered them is unclear but what we have proof of, is the fact that ancient Egyptians knew the magic of tinctures and were avidly using them for various purposes before their civilization perished. This comes from the documentations in *Al-Qanoon fi al Tibb* (The Canon of Medicine) which explains many medical topics including herbal tinctures. Besides this, The famous Cleopatra- Queen of the Ptolemaic Kingdom of Egypt experimented with tinctures (Plants' extracts in alcohol) on her prisoners to elicit and record the symptoms so produced. This helped her prepare poisons for her enemies.

An article also says- "Most authorities believe distillation of alcohol was first developed by the Arab chemist Al-Kindi in 9th Century Iraq, although evidence exists for the use of distillation as long ago as ancient Egypt. The first recorded description of the process was written by Albertus Magnus, a German theologian and early scientist in the 13th century".

The Arabian alchemists are known to be using

tinctures which they prepared by macerating flowers and herbs, accenting them with spices, and setting them to boil and condense in glass vials over wood fires.

By the 1500s, we see the emergence of German surgeon-chemist, Brunshwig who documented plants alphabetically, and noted their sneaky synonyms. He tallied the afflictions that various plants could defeat, and annotated which portions of flowers, stalks, and leaves were especially potent. He even indicated the months when each plant species were at their most formidable so as to distil them and make their concoctions.

In the field of Homoeopathy, the reason that the word 'Mother' is used before tinctures is because tincture of a drug forms the starting point of the preparation of successive potencies.

During Hahnemann's life, physicians practicing homoeopathy had just 98 homeopathic medicines to their disposal. Out of these too, there were some which were used in their tincture form- Arnica, Causticum, Camphora and Sarsaparilla are a few!

Hahnemann's documentations will explain to you just why and where and when he used the aforementioned medicines in their tincture forms when he was himself the founder of the principle of drug dynamization.

A core principle of selection of potency that has been the very foundation of making homoeopathic prescriptions is susceptibility of the patient.

"The stronger the correlation between the symptoms of the disease and the drug, the higher the susceptibility and therefore, the greater the potency needed".

Potency selection is also largely dependent on the

seat of the disease. We opt for higher potencies when the disease is more mental, deeper and involving the patient as a whole. We go for lower potencies when the disease is seated more superficially, is more structural and confines to a local area and not the whole patient. In all cases falling in the second category, we must repeat the medicine often. This principle allows us to use mother tinctures in all cases where the need for relief is urgent and immediate.

Besides this, in today's times of hustle bustle, patients demand quick relief. This also necessitates the use of tinctures.

The emerging science of veterinary homeopathy utilizes mother tinctures for relieving animals of their diseases. Though relatively new, we have medicines which show wonderful results in different diseases of our furry friends. A few examples include- Chelone Glabra Q for worm infestations, Apocyanum Cannabinum Q for udder oedema which extends to vulva particularly in the post-partum period. Bacterial infections causing udder impetigo also finds its cure in external application of Calendula tincture.

There are however, different schools of thought on the use and significance of mother tinctures in Homoeopathy. The one that you follow, or for that matter, you do not follow or hold a neutral regard on mother tinctures is left to your verdict!

### Quick Word on Issue Content

This issue of The Homoeopathic Heritage titled

'Tinctures and Their Scope in Homoeopathy' highlights the importance of mother tinctures- the very source of all other potencies of homeopathic medicines, in homoeopathic practice. The issue features Dr Harsh Nigam who elucidates us on the rationale behind using mother tinctures in modern homoeopathic practice followed by the section- 'Stalwarts' Expedition' presenting to you the life of DR F. E. Gladwin, penned by Dr Subhas Singh. The column 'In Italics' of this issue gives its readers a sneak peak into the 5th Advanced International Homoeopathic Seminar held in Greek Island of Tinos, Greece in June this year.

Besides these, we have research articles, opinion pieces, and case studies by various budding homeopaths, students and practitioners of Homoeopathy. This issue also enlightens its readers about three absolutely indispensable books- Healing Cancer: A Homoeopathic

Approach by Dr Farokh J. Master, Mind Rubrics in Homoeopathic Prescription: Beginner Series Part: I by Dr Krishna Kumar Dinde, and Talks on classical homeopathy by George Vithoulkas through book reviews given by Dr. Garima Verma and Dr. Kirti Mishra; Dr Yogesh D. Niturkar and Dr Ayesha Naaz respectively.

Happy Reading!

Dr Rashi Prakash

[rashi@bjainbooks.com](mailto:rashi@bjainbooks.com)

[hheditor@bjain.com](mailto:hheditor@bjain.com)

Note: The Homoeopathic Heritage is a peer-reviewed journal since January 2013. All articles are peer-reviewed by the in-house editorial team. Articles selected from each issue are sent for peer-review by an external board of reviewers and marked with a 'peer-reviewed' stamp. For inclusion of articles in the peer-review section, kindly send your articles 3-4 months in advance of the said month at [hheditor@bjain.com](mailto:hheditor@bjain.com).

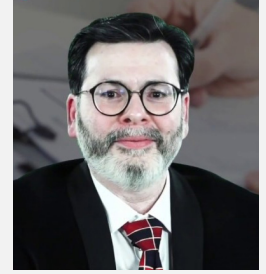
### Call for papers for the upcoming issues:

Unbolt Yourself		
Issue	Topic	Date
Sep 2024	Sarcodes & Homeopathic Practice	July 15, 2023
Oct 2024	Practical Utility of Indigenous Homeopathic Drugs- Rauwolfia, Bael, Neem & Tulsi	Aug 15, 2024
Nov 2024	External Application in Homeopathy	Sep 15, 2024

# Rationale Use Of Mother Tinctures In Modern Homoeopathic Practice

Dr. Harsh Nigam

MBBS; MD (Physiology); MF (Homoeopathy)



I recently saw a short reel denouncing the use of Mother Tincture in modern homoeopathy as being non homoeopathic. This is only a one sided opinion and if one goes into the merit of the topic in an unprejudiced way then one understands how important Mother tinctures are in modern Homoeopathic practice.

The primal question to be answered is: Did Hahnemann use Mother Tinctures as a therapeutic tool?

In a paper published in 1808 Hahnemann states that in certain bilious conditions “ a single drop of the Tincture of Arnica root will often remove, in the course of a couple of hours, all the fever, all the bilious taste and the tormina”. In *Materia medica Pura* vol.2 published in 1816, Hahnemann recommends: Causticum, a drop of original preparation. In *Materia Medica Pura* vol.3 Hahnemann recommends: Guaicum a drop of Mother Tincture ; Camphor drop of Mother Tincture to 8 drops of solution; Sarsaparilla drop doses of Mother Tincture. In *Materia Medica Pura* Vol.5 published in 1819, Hahnemann recommends: Euphasia, Menyanthes and Sumbucus to be used as the smallest part of a drop of juice.

Mother Tinctures are employed in Homoeopathy as well as in Herbal medicine. The distinction between the two is based on the clinical context.

In herbal medicine the Mother Tincture are used as Organopathic medicine ; dose being in large amounts (1 drachm or more) of Mother Tincture several times a day while in homoeopathy the Mother Tincture is used in diluted from say 3X

to 6X, in small dosage based on a small totality of organ symptoms for eg use of Chelidonium in jaundice with pain in liver extending from right hypochondria (liver) to right scapular region or based on a small totality of disease combination for e.g. use of Crateges in the following syndrome Diabetes Mellitus + Arteriosclerosis + Hypertension.

These Mother Tincture have come to be known as Organ Remedies because these Mother Tincture have been shown to have selective affinity for certain organs. In patients with multi-systemic disease and advanced pathologies it is desirable and necessary to treat specific organs/ systems in order that the whole person is properly cured.

The therapeutic use of Mother Tincture has been known to physicians since antiquity (In Ayurveda and Unani medicine) but in these medicinal systems multiple Mother Tincture were mixed to make herbal concoctions.

In European medicine it was Paracelsus who used Mother Tinctures on the basis of his ‘Doctrine of signatures theory’

It was the genius of James Compton Burnett who, following Hahnemann’s empiricism, took up the work of organ prescribing in England in the late nineteenth century and placed it in a homoeopathic context. Following Burnett’s footsteps were French Homoeopaths like Nabel, Vannier, Bernoville, Lesser who contributed much to the field of Organ therapeutics in homoeopathy.

The French introduced the concept of ‘Drainage’

whereby organs or systems are detoxified and toned up before administering the indicated constitutional remedy, primarily to avoid unnecessary aggravations.

Indian Homoeopaths have a rich tradition of using Mother Tincture. The armamentarium of organ remedies was vastly enriched by Dr. Sarat Chandra Ghose, MD, MRSL (London) when he published his seminal work drugs of Hindoostan with their Homoeopathic uses, provings and clinical verifications. In modern times Dr. P.N Varma has written a wonderful treatise called Rare Homoeopathic Mother Tincture and Potentised medicines.

In coming issues we shall bring in depth clinical scenarios where Mother Tinctures are used.

We shall encounter layered prescribing, Organopathy and Drainage as therapeutic tools, we shall also get to know important Mother

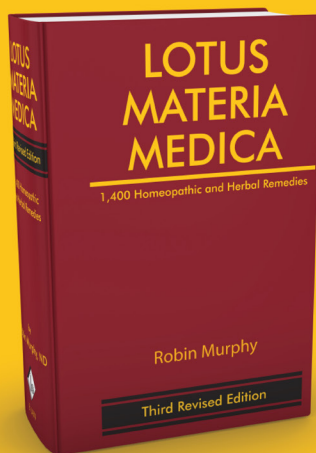
Tincture remedies for different organ and systems and finally get to know leading symptoms, keynotes & syndromes of frequently used mother tincture. As a starting point it me enumerate the benefits of using Mother tincture.

#### *Benefits of mother tincture*

1. Many Mother Tinctures are used as curative and in drop dosage.
2. Mother Tinctures may be used as a palliative.
3. Mother Tinctures can be used as disinfectants for eg Calendula and Cantharis these act as an antiseptic in wounds and burns respectively.
4. Used in emergency or acutes such as in hemorrhages, dysmenorrhea, blood pressure.
5. Mother Tincture can be used as an external application in wounds/ burns/ vaginal wash/ mouthwash.



# Lotus Materia Medica



**ISBN :- 9788131908594**

- ▶ *1400 remedies on 2214 pages. The alphabetical schema of the sections in a drug has been followed to keep in line with the repertory style*
- ▶ *Updated remedy Abbreviation, addition of modern terminology, new format, new remedy Gradings, cross references and corrected errors that were found*
- ▶ *This book is a combined homeopathic and herbal Materia Medica, covering historical uses, folklore, legends, case histories, therapeutics, toxicology, provings, and pharmacy of many homeopathic and herbal remedies.*





---

# Dr. Frederica Eugenie Gladwin : An Example of Perseverance

Prof. (Dr.) Subhas Singh<sup>1</sup>, Dr. Rumsha Tamkeen<sup>2</sup>, Dr. Vaishnavi Achrekar<sup>2</sup>,  
Dr. Vignesh K<sup>2</sup>, Dr. Binay Pratap Singh<sup>2</sup>, Dr. Jyotidarshane<sup>2</sup>

<sup>1</sup> Director, National Institute of Homoeopathy, Kolkata

<sup>2</sup> PGT, National Institute of Homoeopathy, Kolkata

---



Dr. Frederica Eugenie Gladwin was born on 18<sup>th</sup> February 1856. She was a well-known student of Dr. J.T. Kent who worked tirelessly along with her mentor to spread Homoeopathy. Dr. Gladwin was an able clinician and an enthusiastic teacher loved by

her students and patients alike. One of her most famous works is the book *The People of the Materia Medica World*.

### Entering into Homoeopathy

Dr. F.E. Gladwin was born as well as brought up in Connecticut, the northeastern state of USA. However, she moved to the city of Chester, Pennsylvania to teach high school children. Here in Pennsylvania, she got interested in studying medicine.

To study medicine, she became a student of a homoeopath, Dr. Franklin Powel. She then attended the *St. Louis Homoeopathic Medical College*. This was at a time when female physicians were very scarce in number and some medical colleges had just started admitting female students in the USA.

### Professional Life

*St. Louis Homoeopathic Medical College* had started granting degrees to women in 1874 and Dr. Gladwin graduated in 1890. Dr. Kent had taught her at *St. Louis Homoeopathic Medical College* and she became one of his closest students. She followed him to Philadelphia to closely associate with him

and assist him at his Post-Graduate School in 1891. She also set up practice in Philadelphia after her graduation, having great knowledge of Dr. Kent's works.

She was one of the first students of *Philadelphia Post-Graduate School of Homoeopathy* and passed from the institution with the *Degree of Masters of Homoeopathics*. She also served at the school as a Clinician, Professor of Children's Diseases and Professor of Repertory. It was in the month of May in 1891, that she was appointed by Dr. Kent as the Clinical Assistant for Homoeopathy Education, to teach those physicians who wanted to become homoeopaths. She was a Staff Physician in the Department of Medicine at the *Women's Southern Homoeopathic Hospital*, located at South Broad Street, Philadelphia. This hospital was founded in 1896 and had a bed capacity of 110. It rendered outpatient services as well as laboratory facilities.

She was a member of the *International Hahnemannian Association (IHA)*, the *American Institute of Homoeopathy (AIH)* and the *State Homoeopathic Society of Pennsylvania*.

### Various Contributions

She participated in the development of *Repertory of Homoeopathic Materia Medica* alongside Dr. Kent's other students like, Dr. Harvey Farrington. She even helped publish the posthumous editions of the *Repertory of Homoeopathic Materia Medica*, with Dr. Clara Louis Kent. In the chapter *Stomach* of Dr. Kent's *Repertory*, the compilation of rubrics of "Thirst" was majorly entrusted to her. Much of Dr. Kent's articles were posthumously published by her and hence Dr. Gladwin had

been a proponent of his works all over the world.

Dr. F. E. Gladwin helped form the “*American Foundation for the Homoeopathy*”, with a panel of 12 others which included the likes of Drs. Cyrus Maxwell Boger, Julia Minerva Green and Stuart Close with a view of promoting the practice of Homoeopathy in the USA. This foundation was previously “*International Foundation for the Homoeopathy*” and later in 1924, it was officially incorporated under the name “*American Foundation for the Homoeopathy*”. The purpose of this foundation was stated as “*promote the art of healing according to the natural laws of cure from a strictly homoeopathic standpoint, to establish and direct centres for the study and understanding of homoeopathy, together with research work in any correlated subject; to diffuse knowledge among the laity concerning homoeopathic principles; to serve as a reference centre for all that relates to homoeopathy and to serve as a repository for homoeopathic literature and drugs.*”

The first student who presented himself as soon as the foundation opened was Dr. Pierre Schmidt, the young doctor hailing from Switzerland.

### Enthusiastic Teacher

Known to be a great teacher of Homoeopathy, Dr. Gladwin was very didactic despite being quite sick. In spite of her being quite deaf lifelong, it was her dedication and perseverance that she was able to contribute so much. She had been teaching from the late 1890s through 1931 until her health failed. As Dr. Julia M. Green puts it, “*She had a way of explaining things clearly, graphically; she could put herself in the pupil’s place, see his difficulties and bring him back every time to the basic principles of homoeopathic philosophy.*” As per Dr. H. A. Roberts, she was “*one of the greatest teachers that our school of medicine has possessed*” and that “*probably no one in the country had her knowledge of the Repertory, having worked with Dr. Kent in helping prepare it*”. Dr. Gladwin believed that sometimes the remedy will act in spite of habits like taking coffee, tobacco and alcohol and sometimes it would not. She was a frequent contributor of articles, many of which were printed in the *Homoeopathic Recorder*.

Dr. Gladwin’s love for teaching and promoting homoeopathic education can be established through a little story as narrated by Dr. Roberts. Once when walking down the sidewalk at

Post-graduate School during the summer season, where she was teaching, she found a one-cent piece, she picked it up and exclaimed that she would “*potentize it for Homoeopathy*”. With the help of her students and patients, she collected “*pocket change*” from them and created a \$800 scholarship fund from a single penny.

Two of her pupils, Dr. Elizabeth Wright Hubbard and Dr. Pierre Schmidt, became renowned homoeopaths after receiving training from her.

### Literary Work

Dr. Gladwin gave her students an idea of the “*whole individual*” through her *Materia Medica* book, which was like the patient’s counterpart in the “*Organon of Medicine*” As Dr. Gladwin says, Dr. Kent led her and made her acquainted with the people of *Materia Medica*. Hence, her work on *Materia Medica*, “*The People of the Materia Medica World: A comparative Materia Medica*”. This book was written in 1921 for her favourite pupil Dr. P. Schmidt. It got published in 1984 at the urging of Diwan Harish Chand.

She was the associate editor of “*The Critique*” where many of her articles were published which were later compiled in her *Materia Medica* book.

A few to name are-

1. The Christmas with Crocuses
2. A Visit to Sanatorium
3. Conium
4. The Reunion of Phosphorus family

### Demise

She passed away on May 7, 1931. Her enthusiastic teachings and imaginative lectures to her students left a deep impact on the future of Homoeopathy not only in the USA but worldwide.

*“Are you one who ‘carries a chip on his shoulder’ for those who do not see the homoeopathic truth as you see it? Knock it off yourself immediately and forget it. Concentrate your thoughts on the truth of homoeopathy as you have found it. Make it so vivid that all the world must get a vision but even then, don’t expect all to register it alike. When a ray of light is thrown upon a diamond it flashes back red or blue or gold, but the diamond remains steadfastly clear”.*

-F. E. Gladwin, 1928

---

# “Talks on classical homeopathy” by George Vithoulkas

Dr. Ayesha Naaz

Assistant professor, Department of homeopathic pharmacy, JIMS  
homoeopathic medical and hospital, MD(Hom), BHMS, PGDHM, CFN

---



### About the author

George Vithoulkas was born in 1932, in Athens, Greece. He was an engineer by profession. In 1960, he was inspired to pursue homeopathy. He received his diploma in homeopathy from the Indian Institute of Homeopathy

in the year 1966. He opened the International Academy of classical Homeopathy, which provides post graduate training for homeopaths.

### My Perspective on the Book

**Parts of the book** – It consists of three different parts published as one book.

- PART I- Case reports
- PART II- Materia medica
- PART III – Discussion

### PART I

In this part, thirty three clinical cases have been selected out from his collection of sixty thousand cases. Each case is individually discussed in 33 chapters. These are mostly from the Esalen Homeopathic conference from California, USA, 1980.

Total pages- 1-314

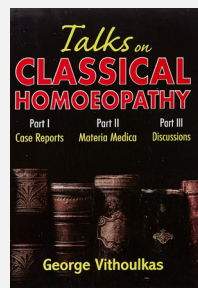
Publisher- B Jain

**Format** – The heading of the chapter is the name of the remedy and disease on which the prescription is being made.

**Theme of the book**-This book is written in a conversational style. The editor had tried to keep the “raw” transcript without bringing much changes and editing. Hence the book retains the vivacity and native humor of Vithoulkas .

This book helps in understanding George Vithoulkas’ way of selecting of similimum, its potency, doses and the repetitions.

At the end of this part, there are 2 indexes given, one contains an alphabetical list of cases (clinical condition), and another contains an index of homeopathic remedies.



### PART II

This portion of the book contains 27 remedies.

Pages – 1- 351

This part of the book deals with the individuality of the medicine, which G. Vithoulkas used to call the “Essence” of the Materia medica.

These 27 chapters are dealing with 33 remedies. Chapter 28 contains points of five different medicines.

This book aids in guiding the reader who are already acquainted with the key notes of H C Allen, Leaders of E. B Nash and M L Tyler’s drug picture.

This book is also in narrative forms and holds the eyes and mind of the learning focused.

The text also has multiple deviations from the main topic and its unmodified by the editor.

### PART III

This part of the book contains 10 chapters.

Pages- 1- 102

Here Vithoulkas has discussed homeopathic approaches in various diseases like melanoma, impotency, treatment of babies, constitutional remedies and so on.

This portion is really helpful from a practical point of view. In various places, he had given tips on how to manage such cases while in practice.

It also contains a few glimpses of the author’s life when he was first introduced to homeopathy.

# Highlights: 5th Advanced International Homeopathic Seminar

Venue: Greek Island of Tinos, June 18th-23th 2024, Pelias Life in Balance



The seminar was conducted at Pelias LIFE IN BALANCE, a center built with love and care in the Cycladic way. The center offers creative and therapeutic activities for the body and soul. Pelias is built on a hillside overlooking the Aegean Sea, above the beautiful village of Kardiani. The village has been inhabited from ancient times as proven by burial sites from the geometric age. Today it is registered as a traditional Cycladic settlement. Pelias is located on the site of an old farm including a threshing floor and a dovecote, near a natural spring that supplies water to the village. The name of Pelias is derived from the word "pigeon house".

The seminar highlighted the following topics-

- 1) Clinical Application of miasms
- 2) Methods of curing chronic diseases
- 3) Profiles and Personages of specific Homeopathic remedies

(Life scenarios)



Esteemed Speakers of the seminar included-

Aditya Pareek M.D.

Lefteris Tapakis M.D.

Andrea Flores M.D.

Kavita Chandak M.D.

Gustavo Cataldi M.D.

Constantine Tsitinides M.D.



With the theme "Homeopathy in the Management of Advanced Pathologies and Clinically Verified Small Remedies» Dr Aditya Pareek, MD, third generation Homeopath, current President of the «National Indian Homeopathic

Society» and Associate Professor at the School of Holistic Medicine, DEI University, Agra, India, opened the workshop. **Dr Lefteris Tapakis M.D. took up the topic-«The Art and Science of Homeopathy: Advanced Case Analysis with Vithoulkas Compass».** The morning session (10:00-10:40) on the 3rd day of the workshop was dedicated to the use of the «Vithoulkas Compass» program. Dr. Lefteris Tapakis who is the Homeopathic coordinator of Vithoulkas Compass presented the software in detail. This sophisticated program aids homeopaths worldwide in case analysis and medicine selection. Dr. Tapakis demonstrated cases where the program facilitated the selection of the correct homeopathic medicine. He provided useful tips and helped participants become familiar with this diagnostic tool.

Lefteris Tapakis was born in Cyprus. He graduated from Aristotle University of Thessaloniki's Medical School in 2001. He turned to homeopathy in 2003, advocating it as a very effective method for both treatment and prevention.

In 2006, he received his diploma from the International Academy of Classical Homeopathy,



led by George Vithoulkas, and furthered his education with a postgraduate degree from the University of the Aegean in «Holistic Alternative Therapeutic Systems

- Classical Homeopathy». He currently operates the OMIASIS homeopathic clinic in Chalandri.

Since 2009, Tapakis has been the homeopathic coordinator of [vithoulkascompass.com](http://vithoulkascompass.com) project.

He is actively involved in the homeopathic community as a member of the Board of Directors of the Hellenic Society of Homeopathic Medicine, contributes to research within the European Homeopathic Community ECH, and is a member of the World Homeopathic Medical Association LMHI. Additionally, Tapakis is a longstanding member of the Athens Medical Association and has been a notable speaker at numerous conferences on homeopathy.

Finishing Mr. Tapakis' speech, **Dr Andrea Flores Sánchez M.D.** continued with the analysis of Miasms in her topic- **“Treatment of chronic diseases or Miasms. Theory and technique”**



Homeopathic physician trained in medicine at the Faculty of Medicine of the National Autonomous University of Mexico. She did her medical internship at the Faculty of Medicine of the University of

Sao Paulo in Brazil. She studied the specialty and master's degree in homeopathy at the Postgraduate School of Homeopathy in Mexico, founded by Dr. Proceso Sanchez Ortega. She has Master's degree in Health Sciences Education from the National Autonomous University of Mexico.

She is a professor of Homeopathic Medical Lexicon and Homeopathic Doctrine and Organon at the Postgraduate School of Homeopathy of Mexico and is also a professor of Medical Parasitology at the Faculty of Medicine of the National Autonomous University of Mexico. She currently holds the position of Secretary of Publications of the Liga Medicorum Homoeopathica Internationalis LMHI.

On Friday, June 21, **Dr Kavita Chandak M.D.**, in the session **“Clinical Application of Miasms and Success in Challenging Cases,”** presented in detail some of her difficult cases. By her own admission, these cases were a huge challenge for her to handle. She explained how, through their study, she managed to help her patients effectively.



Dr. Kavita is a passionate homeopath honored by three Golden Book of World Records for treating kidney disorders and success in a case of mucormycosis. She is an author, international trainer, speaker and promoter

of homeopathy, specializes in autism, psychiatric disorders, kidney diseases and cancer. As an invited keynotes speaker, she spoke in New Zealand, six Russian international conferences, Romania, Greece, JAHC 2023 and in 76<sup>th</sup> LMHI Colombia.

She authored eight books-

1. Health Vs Disease
2. Homeopathic Guide for easy and busy practice
3. Healing Woman with Homeopathy
4. Homeopathy is fun; dedicate and learn!
5. Homeopathy is Logic and Magic!
6. OCD, hypochondriasis and depression- Homeopathy has the answer!
7. Psychiatric diseases- causes and cases
8. Uncover the mystery of schizophrenia with different homeopathic approaches.

Her Online courses include-

- How to Master Psychiatry
- Womanhood –Solutions in all disorders including Cancer
- Homeopathy and Autism – In and Out.

She has the following awards to her accord

1. Receptient of prestigious awards including the recent 'Excellence in Homeopathy-2022" by Hpathy.com.
2. Corona Warrior by NCCL
3. Rewanand Swami Award by Gita Mandir Trust
4. Best Thesis and First rank in PG HOM London
5. Health Excellence given by Vice-President of Nepal
6. Vaidyakiya Seva Ratna Samman by Sunrise Peace Mission
7. Bhartiya Chikitsak Samman
8. 'Women of the Year' by Dainik Bhasker
9. Outstanding Women» by Nagpur Mahila Club
10. «International Health Excellence Award 2022 by Hpathy.com
11. Next Generation Award 2023 by Lokmat Group.



With his talk on Saturday, June 22, 2024, from 10:00 to 15:00, **Dr Gustavo Alberto Cataldi M. D, in «From Practice to Theory or from Theory to Practice,»** attempted a brief description of how homeopathic theory

can lead to specific therapeutic schemes, as well as ways of drawing conclusions from individual cases of healing.

1. PresidentedelaLigaMedicorumHomeopathica Internationalis - LMHI (2019 - 2022)
2. Director Escuela MédicaHomeopática Argentina «Tomás P. Paschero» (2004 - 2016)
3. Presidente Escuela MédicaHomeopática

Argentina «Tomás P. Paschero» (2022 - )

4. Doctor in Medicine graduated in 1979 from Faculty of Medicine, Buenos
5. Aires University (UBA). Magna cum laude.
6. Doctor in Philosophy graduated in 2010 from Faculty of Philosophy, Buenos Aires University (UBA) Magna cum laude.
7. He has several specializations: in Clinical Medicine, in Legal Medicine, and practiced Intensive Care Medicine at Churruca Hospital, from 1983 to 2000.
8. Doctor of Homeopathy graduated in 1988 from Escuela Médica Homeopática Argentina“Tomás Pablo Paschero” (E.M.H.A.)
9. Head teacher of Materia Medica in the 3rd year of the Regular Homeopathy Course at E.M.H.A. since 1999.
10. Teacher in Universidad Candegabe de Homeopatía.
11. He has taught lectures and seminars in Brazil, Colombia, Ecuador, Uruguay, Cuba, México, Turkey.
12. He has been plenary speaker at Homeopathic Congresses in several National and International Congresses.
13. Corresponding Member de la Glees Academy of Homeopathic Physicians (Germany)
14. He has published many articles in National and International homeopathic magazines.
15. Member of the Editorial Board of the Journal “Homeopatía de México”.
16. Member of the Editorial Board of the Journal “Revista de Homeopatía,” Associação Paulista de Homeopatía.
17. Author of the book *Encuentros y Despedidas – Conferencias y Reflexiones Sobre la Historia y el Estado Actual de la Homeopatía.*
18. Director of Escuela Médica Homeopática Argentina “Tomás Pablo Paschero” from 2004 to 2016.
19. President of the 71° Liga Medicorum

Homoeopathica Internationalis Congress that was held in Buenos Aires in August 24 – 27, 2016.

20. National Vice-President for Argentina in Liga Medicorum Homoeopathica Internationalis from 2008 to 2012.
21. Secretary for Education in Liga Medicorum Homoeopathica Internationalis 2013 to 2016.
22. Prime Vice-President in Liga Medicorum Homoeopathica Internationalis 2016 to 2019.
23. President in Liga Medicorum Homeopathica Internationalis 2019 to 2022.
24. President of Escuela Médica Homeopática Argentina “Tomás Pablo Paschero” since 2022.



In his introduction to his new book entitled «**Miasmatic Topology: Mapped Relationships and Organizational Patterns of 52 Homeopathic Medicines,**»  
**Dr Constantine Tsitinides**

**M.D.** presents a unifying analysis of these homeopathic medicines in terms of the correlation between physical and psycho-mental symptoms. In this study, he combines ideas from systems theory and emergent properties with the modern concept of homeopathic topology, which he introduced in his previous studies, relating these to the classical Einsteinian theory of homeopathy.

C. Tsitinides was born in 1962 in Veria, Greece.

1. He studied Medicine (Thessaloniki) in 1980-1986 and served as a Physician at the Hellenic Air Force for 27 consecutive years.
2. He completed the specialty of Radiology (Athens) and received post-graduate studies in Neuroradiology (MRA-CT) in UCSF (1996) – San Francisco.
3. He served as Registrar and Director of Computed Tomography at the 251 General Air Force Hospital.
4. Since 1980, he studies Homeopathic Medicine, initially having as Teacher Aristarchos

Tsamaslidis and then George Vithoulkas.

5. He worked for several years (1990 - 2002) at the Athens Homeopathy Center, at Marousi (Vithoulka’s Center).
6. From 1998, he is a member of the Board of the Greek Society of Homeopathic Medicine where he held the position of the President from 2003 to 2015.
7. Moreover, for 7 years he served as a Research Associate of the Aegean University (Syros – Ermoupoli) at the Master of Classical Homeopathy and Holistic Systems. Today, he manages a private practice in N. Psychiko – Athens in collaboration with other Homeopathic Physicians.
8. Also he is member of the board of Hellenic Homeopathic Medical Society and N.V.P. for Greece in LMHI (from 2008 to 2015).
9. For 30 years he teaches in HHMS lessons for students
10. Has participate in many HHMS seminars and summer schools
11. He organizes private seminars for the last 20 years
12. He participated in the last 10 Panhellenic Homeopathic Congresses
13. He organized and was president of the 2023 Panhellenic Homeopathic Congress (24-26/11/2023 with international participation in Athens
14. He participated in 75<sup>th</sup> World Congress of Homeopathy (Istanbul 2022) “Miasms in everyday practice”.
15. He also participated in all LMHI Congresses from 2000 (Berlin)
16. Ultra-High Dilutions and Homeopathy: Can They be Explained without Non-Local Theory?]. Almirantis, C. Tsitinides (Homeopathy 2018 paper 107:189–195).
17. He has participated in many TV and radio programs about Homeopathy
18. He is practicing Homeopathy for almost 40 years.



It is worth pointing out that Manish Jain, the President of India's largest homeopathic publishing house, B Jain Publishers, was also present in Tinos. Manish Jain delivered a welcome address and spoke about his house's contribution to both publishing books and marketing homeopathic medicines. B Jain Publishers has a long history of promoting homeopathy in India and globally, with over 2,000 homeopathic book titles.

**Here's A Sneak Peek**





## Diving Deep Into Various Mother Tinctures In Homoeopathy

Dr. Shayantan Kumar Das<sup>1</sup>, Dr. Sristi Chakraborty<sup>1</sup>

PG Scholar, Department of Homoeopathic Materia Medica, Dr. MPK Homoeopathic Medical College, Hospital and Research Centre, Homoeopathy University, Jaipur(Rajasthan)

### Keywords

Mother tincture, homoeopathy, physiological system classification

### Abstract

Mother tinctures are initial homoeopathic preparations made by techniques prescribed by recognised homoeopathic pharmacopoeia, holding a special position in homoeopathy, since its antiquity. Master Hahnemann too had used Cinchona tinctures before establishing this new method of healing art. This article defines mother tincture, method of preparations and its indication for various pathological conditions classified according to physiological **Abbreviations:** Ø – Mother tincture, HTN – Hypertension, M.T. – Mother tincture, A.H.P – American Homoeopathic Pharmacopoeia, B.H.P. – British Homoeopathy Pharmacopoeia

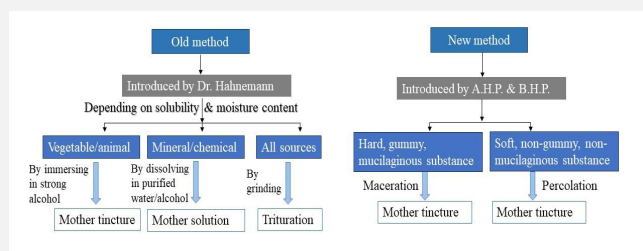
### Introduction

Mother tincture are initial homeopathic preparations made from source materials, by maceration or percolation sometimes also by digestion, infusion, decoction or fermentation, according to the techniques prescribed by recognized homeopathic pharmacopoeia, where the ratio of drug/solvent is 1:10, with some exceptions, as in case of *Calendula* Ø prepared at a ratio of 1:20, due to its high activity. M.T. can be further potentized by successive dilutions (Hahnemannian dilutions) for using it as homeopathic medicines and is regarded as the most concentrated form of a finished homeopathic medicine. The term “mother” is used as it constitutes the starting point of all homoeopathic

preparations. Sometimes M.T. corresponds to the first decimal dilution, “1D” or “1X”<sup>1,2,3</sup>

Synonyms – M.T., Ø, Liquid stock, tincture

### Preparation Of Mother Tincture<sup>1</sup>



### Scope And Limitations<sup>4</sup>

Scope	Limitation
<ul style="list-style-type: none"> <li>Preparation of dilution, potencies, homoeopathic tonics and external application.</li> </ul>	<ul style="list-style-type: none"> <li>Does not give permanent cure of disease condition.</li> </ul>
<ul style="list-style-type: none"> <li>As a palliative in rectifying physiological, pathological dysfunction and acute emergencies i.e. Hypertension, colic, dysmenorrhoea, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Long term use is dangerous may create hazardous side-effects.</li> </ul>
<ul style="list-style-type: none"> <li>External application – disinfectants or as an antiseptic.</li> </ul>	<ul style="list-style-type: none"> <li>Considered as non-homoeopathic if selection does not match disease symptoms.</li> </ul>

### Remedial Section

#### Cardiovascular system –

- *Adonis vernalis* – Most valuable in cardiac dropsy, precordial pain, palpitation, cardiac asthma.<sup>5,6,7</sup>
- *Allium sativa* – Vasodilatory effect on heart.<sup>5,6,7</sup>
- *Cactus grandiflorus* – Constrictions, congestion and contraction with rheumatic heart.<sup>5,6,7</sup>
- *Crataegus oxycanthus* – High arterial tension. Insomnia of aortic sufferers, arteriosclerosis. Irregularities of heart, acts as a heart tonic.<sup>5,6,7</sup>
- *Glonoine* – Palpitation with dyspnoea <exertion. Fluttering felt in whole body to

finger-tips.<sup>5,6,7</sup>

- *Lycopus* – Lowers blood pressure. Reduces heart rate and increases the systole.<sup>5,6,8</sup>
- *Polygonum aviculare* – Arteriosclerosis, HTN.<sup>5,6</sup>
- *Rauwolfia serpentina* – Specific for HTN.<sup>5,6,9,10</sup>
- *Spartium scoparium* – Anti-hypertensive & diuretic. Tobacco heart.<sup>5,6</sup>
- *Strophanthus hispidus* – Arterio-sclerosis, rigid arteries of aged, increasing the systole and diminishing rapidity, fatty heart. Acts as diuretic.<sup>5,6,9</sup>
- *Sumbul* – Sclerosis of arteries, nervous palpitation with cardiac asthma and pain in left arm.<sup>5,6,9</sup>
- *Terminalia arjuna* – Angina pectoris, palpitation of heart <exertion with pain and weakness.<sup>10</sup>

#### Respiratory system –

- *Aralia racemosa* – Asthma and cough on lying down at night.<sup>5,6,7</sup>
- *Aspidosperma* – Digitalis of lung, increasing oxygen, want of breath <exertion, cardiac asthma.<sup>5,6</sup>
- *Balsamum peruvianum* – Bronchitis, and phthisis, with muco-purulent, thick expectoration.<sup>5,6,7</sup>
- *Blatta orientalis* – Asthma with bronchitis, <damp basement.<sup>5,6,7</sup>
- *Cassia sophera* – Asthma with dyspnoea.<sup>6</sup>
- *Eriodictyon* – Wheezing asthma >expectoration. Cough after influenza with emaciation.<sup>5,6,7</sup>
- *Eucalyptus globulus* – Moist asthma. Expectoration white, thick mucus. Bronchitis in aged.<sup>5,6,7</sup>
- *Grindelia* – Asthma <lying down, falling asleep. Wheezing with oppression of chest.<sup>5,6,7</sup>
- *Juncus effusus* – Asthma associated with haemorrhoids.<sup>5,6,8</sup>
- *Justicia adhatoda* – Paroxysmal cough with tightness across chest. Cough with sneezing.<sup>5,6</sup>
- *Linum usitatissimum* – Severe allergic

asthma. Intense irritation in the nose and eyes.<sup>5,6</sup>

- *Lippia mexicana* – Cough <winter, without expectoration. Asthma with bronchitis.<sup>6,7,8</sup>
- *Lobelia inflata* – Senile emphysema. Asthma <exertion.<sup>5,6,8</sup>
- *Mentha piperata* – Husky voice. Dry cough <cold air, tobacco smoke, talking.<sup>5,6,8</sup>
- *Myosotis symphytifolia* – Chronic bronchitis and phthisis. Cough <while or after eating.<sup>5,6,8</sup>
- *Myrtus chekan* – Chronic bronchitis, emphysema.<sup>5,6</sup>
- *Ocimum sanctum* – Asthmatic attack, wheezing and rattling sound felt in the chest.<sup>6</sup>
- *Phellandrium* – Offensive expectoration and cough in phthisis, bronchitis, and emphysema.<sup>5,6,9</sup>
- *Phytolacca decandra* – Sore throat <night, right sided. Rheumatism after tonsillitis.<sup>5,6,9</sup>
- *Populus candicans* – Acute hoarseness of voice or aphonia. Instantaneous voice producer.<sup>5,6,9</sup>
- *Pothos foetidus* – Asthma >by-passing stool, <dust, shoots.<sup>5</sup>
- *Prunus virginiana* – Chronic bronchitis, cough <night, lying down.<sup>5,6,7</sup>
- *Sambucus nigra* – Millers' asthma. Snuffles of infant, can't expire, sit's up in bed, >motion.<sup>5,6,7</sup>
- *Saponaria officinalis* – Acute colds, coryza. Breaks tendency of cold <night, mental exertion.<sup>5,6</sup>
- *Senega* – Asthenic bronchitis, >bending head backward. Cough ends in sneezing.<sup>5,6,9</sup>
- *Solidago virga* – Asthma with nightly dysuria. Cough with purulent expectoration.<sup>5,6,9</sup>
- *Tela araneorum* – Dry, nervous asthma and sleeplessness.<sup>5,6,9</sup>

#### Gastrointestinal system –

- *Aegle folia* – Effective in constipation, acting as a laxative. Alternating diarrhoea & constipation.<sup>6,10</sup>

- *Aegle marmelos* – Dysentery, stomatitis, waterbrash from mouth.<sup>6,10</sup>
  - *Aesculus glabra* – Portal congestion. It produces hard, knotty stools; very painful.<sup>6,7</sup>
  - *Atista indica* – Bloody dysentery. Worm complaints with pain around navel.<sup>6,10</sup>
  - *Atista radix* – Cases of blood dysentery.<sup>10</sup>
  - *Blumea odorata* – Constipation with bleeding piles.<sup>10</sup>
  - *Boldo* – Cholecystitis, biliary calculus and liver disease following malaria with constipation.<sup>5,6</sup>
  - *Carduus marianus* – Cirrhosis of liver, portal stasis with headache.<sup>5,6,7</sup>
  - *Carica papaya* – Liver tenderness, dyspepsia <meat & milk.<sup>10</sup>
  - *Cascara sagrada* – Liver congestion, palliative in constipation.<sup>6,7</sup>
  - *Chaparro amargosa* – Promotes liver function. Chronic diarrhoea.<sup>5,7</sup>
  - *Chelidonium* – Liver tonic. Right sided liver diseases with bilious headache.<sup>5,6,7</sup>
  - *Chelone* – Round and thread worm.<sup>5,6,7</sup>
  - *Chenopodium anthelminticum* – Effective in hook-worm & roundworm.<sup>5,6,7</sup>
  - *Cinchona* – Ill effects of tea, liver disease. Milk disagrees, <Fruits, warm drinks impede digestion. Traveller's diarrhoea, food poisoning. Post-operative gas pain.<sup>5,6,7</sup>
  - *Collinsonia canadensis* – Constipation and haemorrhoids during pregnancy.<sup>5,6,7</sup>
  - *Cornus florida* – Dyspepsia, heartburn. Great debility from loss of fluids.<sup>6,7</sup>
  - *Embelia officinalis* – Great antacid: acidity, gastritis, flatulence, milk indigestible.<sup>10</sup>
  - *Embelia ribes* – Very useful in diseases of children associated with worms.<sup>5,6</sup>
  - *Euphorbia corollata* – Copious vomiting and watery evacuations of the bowels.<sup>6,7</sup>
  - *Filix mas* – Tapeworm with colic and itching of nose, especially with constipation.<sup>5,6,7</sup>
  - *Gambogia* – Diarrhoea, with sudden and forcible ejection of bilious stools.<sup>5,6,7</sup>
  - *Granatum* – Expulsion of tape worm.<sup>5,6,7</sup>
  - *Gratiola* – Female *Nux vomica*, cramps and colic <after supper, during night.<sup>5,6,7</sup>
  - *Holarrhena antidysenterica* – For all cases of dysentery.<sup>5,10</sup>
  - *Hydrastis canadensis* – Liver stimulant. Loss of appetite. Irritability after dinner.<sup>5,6,7</sup>
  - *Jatropha curcas* – Diarrhoea: forced discharge, loud noise in abdomen like gurgling water.<sup>5,6,8</sup>
  - *Kousso* – Expel tape worm.<sup>5,6,8</sup>
  - *Leptandra* – Black, tarry stool, portal congestion.<sup>5,6,8</sup>
  - *Luffa amara* – Profuse, painless diarrhoea.<sup>10</sup>
  - *Myrica cerifera* – Liver disorder with heart complaints, urticaria, jaundice. Insomnia.<sup>5,6,8</sup>
  - *Nyctanthes arbor-tristis* – Constipation of children.<sup>6,8</sup>
  - *Paraffine* – Obstinate constipation in children. Continual urging without evacuation.<sup>5,6,8</sup>
  - *Populus tremuloides* – Indigestion, belching of gas, acidity, nausea and bile vomiting.<sup>5,6,9</sup>
  - *Ratanhia* – Burning in rectum >cold water. Small pinworms with hiccough.<sup>5,6,9</sup>
  - *Robinia* – Hyperchlorhydria with sour belching, accompanied by frontal headache.<sup>5,6,9</sup>
  - *Sinapis alba* – Obstruction of oesophagus. Belching of bile.<sup>6,9</sup>
  - *Terminalia chebula* – Bleeding piles with constipation. Chronic diarrhoea.<sup>6</sup>
  - *Teucreum marum varum* – Itching of anus with irritation, threadworm. Ascarides.<sup>5,6,9</sup>
  - *Thymol* – Specific for hook-worm disease.<sup>6</sup>
  - *Trombidium* – Dysentery <by food and drink.<sup>5,6,9</sup>
- Urinary system –**
- Berberis vulgaris* – Arthritic affection, with pain in left kidney. Renal stone.<sup>5,6,7</sup>

## Subjective

---

- *Cantharis* – Urine retention, frequent, in drops; scalding: like molten lead.<sup>5,6,7</sup>
- *Chimaphila umbellata* – Scanty urine loaded with ropy, muco-purulent sediment.<sup>5,6,7</sup>
- *Copaiva* – Catarrh of bladder. Burning painful micturition by drops.<sup>5,6,7</sup>
- *Epigea repens* – Dysuria with chronic cystitis. Incontinence with brown, sandy urine.<sup>5,6,7</sup>
- *Equisetum hyemale* – Enuresis, frequent urging at the close of urination, flows drop by drop.<sup>5,6,7</sup>
- *Hydrangea* – Renal colic with calculus and bloody urine. Enlarged prostate.<sup>5,6,7</sup>
- *Juniperus virginianus* – Dysuria with cutting pain, constant urging. Pyelitis and cystitis.<sup>5,6,8</sup>
- *Liatris spicata* – Dropsy due to liver, spleen and renal with generalised anasarca, as a diuretic.<sup>5,6,8</sup>
- *Pareira brava* – Constant urging, pain down thighs, can emit urine only when going on knees.<sup>5,6,8</sup>
- *Populus tremuloides* – Catarrh of bladder in old age, enlarged prostate.<sup>5,6,9</sup>
- *Sabal serrulate* – Prostatic enlargement, sexual neurotics. Constant desire to urinate <night.<sup>5,6,9</sup>
- *Sarsaparilla* – Severe pain at conclusion, urine dribbles while sitting. Painful right kidney.<sup>5,6,9</sup>
- *Tribulus terrestris* – Renal calculi, prostatitis. Sexual neurasthenia, impotency from overindulgence in masturbation.<sup>5,6</sup>
- *Uva ursi* – Cystitis with bloody slimy urine.<sup>5,6,9</sup>
- *Vesicaria* – Void urine often with strangury. Cystitis, irritable bladder.<sup>5,9</sup>
- girls. Hysteria.<sup>5,6,7</sup>
- *Cimicifuga* – Ovarian neuralgia, increasing with discharge. Chronic uterine disorder.<sup>5,6,7</sup>
- *Cinnamonum* – Profuse bright red early menses with bearing down sensation.<sup>5,6,7</sup>
- *Erigeron* – Metrorrhagia, bloody lochia < motion, leucorrhoea with urinary irritation.<sup>5,6,7</sup>
- *Erodium cicutarium* – Haemorrhage from uterine polyp. Metrorrhagia, menorrhagia.<sup>7</sup>
- *Fraxinus americana* – Uterine enlargement, fibroid. Non-irritant leucorrhoea. Dysmenorrhoea.<sup>5,6,7</sup>
- *Gossypium* – Tardy menses with sensation as if flow is about to start but does not.<sup>5,6,7</sup>
- *Hamamelis* – Passive venous haemorrhage with sore abdomen.<sup>5,6,7</sup>
- *Heliotropinum* – Uterine displacement, membranous dysmenorrhoea.<sup>6,7</sup>
- *Helonias* – Leucorrhoea offensive. Profuse menses with dysmenorrhoea.<sup>5,6,7</sup>
- *Janosia ashoka* – Specific for amenorrhoea, dysmenorrhoea, menstrual disorder, to control copious haemorrhages during menses.<sup>5,6,8,10</sup>
- *Millefolium* – Painless haemorrhage from uterus.<sup>5,6,8</sup>
- *Pinus lambartina* – Delayed, painful menses with constipation.<sup>5,6,9</sup>
- *Polygonum punctatum* – Metrorrhagia in young girls. Dysmenorrhoea.<sup>6,9</sup>
- *Sabina* – Haemorrhage profuse bright red where blood is fluid & thin < least motion. Pain from sacrum to pubis.<sup>5,6,9</sup>
- *Sanguisorba* – Long lasting, profuse menses, climacteric haemorrhages.<sup>5,6</sup>
- *Senecio aureus* – Functional amenorrhoea with backache. Anaemic dysmenorrhoea with urinary disturbances. Leucorrhoea in little girls.<sup>5,6,9</sup>
- *Thlaspi bursa pastoris* – Haemorrhage dark, offensive leucorrhoea from uterine fibroid with backache.<sup>5,6,9</sup>

### Reproductive system –

#### Female –

- *Abroma radix* – Scanty or copious menses with colicky pains.<sup>5,10</sup>
- *Aletris farinosa* – Premature and profuse menses. Leucorrhoea from weakness and anaemia.<sup>5,6,7</sup>
- *Aquilegia vulgaris* – Dysmenorrhoea of young

- *Trillium pendulum* – Uterine haemorrhage, with sensation as if hips & back were falling to pieces >tight bandage. Leucorrhoea copious, yellow, stringy.<sup>5,6,9</sup>
- *Viburnum opulus* – Scanty, delayed menses lasting few hours, offensive, spasmodic dysmenorrhoea. Bearing down pain in the pelvic region with aching in sacral region.<sup>5,6,9</sup>
- *Xanthoxylum* – Ovarian pain <left side. Early menses with leucorrhoea. Neuralgic dysmenorrhoea.<sup>5,6,9</sup>

#### Male –

- *Agnus castus* – Impotency, parts cold and relaxed with no desire. Scanty emission without ejaculation.<sup>5,6,7</sup>
- *Caladium* – Impotency, relaxation of penis during excitement. No emission or orgasm during embrace.<sup>5,6</sup>
- *Gymnema sylvestra* – Weak sexual power.<sup>5,7,10</sup>
- *Nuphar luteum* – Weakness with complete absence of sexual desire. Impotency with involuntary emission during stool. Spermatorrhoea.<sup>5,6,9</sup>
- *Turnera* – Sexual neurasthenia, impotency. Chronic prostatic discharge.<sup>5,6</sup>
- *Yohimbinum* – Strong and lasting erections. Sexual neurasthenia, impotency. Priapism.<sup>5,6,9</sup>
- Locomotor system –
- *Fraxinus excelsior* – Gout, rheumatism.<sup>5,6</sup>
- *Gaultheria* – Inflammatory rheumatism, sciatica.<sup>5,6,7</sup>
- *Guaiacum* – Sciatica with lumbago. Rheumatism with heat in affected limbs.<sup>5,6,7</sup>
- *Rhamnus californica* – Rheumatism with inflammatory swellings. Migratory pains.<sup>5,6</sup>
- *Stellaria media* – Stiffness of joints. Chronic rheumatism, shifting in nature. Synovitis.<sup>5,6,9</sup>
- *Urtica urens* – Rheumatism alternating with urticaria. Neuritis. Gouty pain in deltoid.<sup>5,6,9</sup>
- Endocrine system –

- *Cephalandra indica* – Diabetes mellitus & insipidus. Weakness and exhaustion after urination.<sup>5</sup>
- *Curare* – Debility of the aged from fluid loss. Glycosuria.<sup>5,6,7</sup>
- *Gymnema sylvestre* – Sugar killer, weakness after passing urine. Burning all over the body.<sup>5,6,7</sup>
- *Rhus aromatica* – Polyurea. Hereditary diabetes.<sup>5,6,9</sup>
- *Syzygium jambolanum* – Diabetes with skin symptoms like prickly heat, reddish acne, ulcer.<sup>5,6,9</sup>

#### Miscellaneous –

- *Alfa alfa* – Loss of appetite, cachexia. Influences nutrition, toning of appetite and produces fat.<sup>5</sup>
- *Ammi visnaga* – Anti-spasmodic action on bronchial muscles and arteries, externally used in vitiligo.<sup>11</sup>
- *Berberis aquifolium* – Effective in acne, clears complexion.<sup>5,7</sup>
- *Calendula officinalis* and *Cantharis vesicatoria* as antiseptic in wounds and burns respectively, thus are called homoeopathic “disinfectants” as first aid in many external causes like burns, injuries along with internal medicines mentioned in §284.<sup>7,12</sup>
- *Cundurango* – Painful cracks at corner of mouth, ulcer, cancers.<sup>5,6,7</sup>
- *Curcuma longa* - Anti-inflammatory property for skin, gastric and rheumatic diseases.<sup>6</sup>
- *Echinacea* – Boils, correcting blood dyscrasia.<sup>5,6,7</sup>
- *Gentiana leutia* – Tonic for increasing appetite.<sup>5,6,7</sup>
- *Ginko biloba* – Improving poor cerebral circulation, memory, HTN and arteriosclerosis.<sup>6,11</sup>
- *Glycyrrhiza glabra* – Lowers cholesterol and good antidiabetic.<sup>11</sup>
- *Hekla lava* – Marked action on jaws along with gum abscess, difficult teething with caries.<sup>5,6,7</sup>

- *Myristica sebifera* – Pain in fingernails, whitlow.<sup>5,6,8</sup>
- *Passiflora incarnata* – Insomnia in mentally worried and overworked.<sup>5,6,8</sup>
- *Piscidia* – Insomnia due to pain, worry and nervous excitement.<sup>5,9</sup>
- *Plantago major* – Neuralgic toothache, pyorrhoea alveolaris.<sup>5,6,9</sup>
- *Viscum album* – Lowers HTN. Rheumatic tearing pain, neuralgia especially sciatica.<sup>5,6,9</sup>

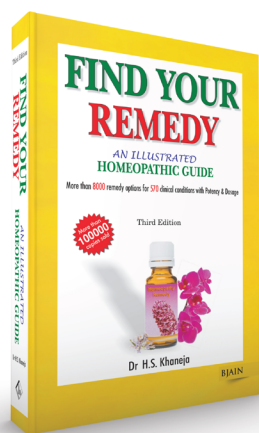
## DISCUSSION AND CONCLUSION

Totality of symptoms with symptom similarity is the sole basis for treating the sick by a homoeopathic physician, but there are times when immediate satisfaction and momentary relief becomes the only choice for the physician, here comes the role of our mother tinctures. Judicious employment of this infusion makes successful homoeopathic prescriptions. Past research shows mother tinctures prescribed for rheumatoid arthritis exhibit notable analgesic and anti-inflammatory properties.<sup>13</sup> This article has made an easy and quick references to all its readers in a physiological system classification which lacked in previous publications.

## REFERENCES

1. Singh TM. Rare mother tinctures in homoeopathy [Internet]. Homeobook.com. 2023 [cited 2024 Jun 10]. Available from: <https://www.homeobook.com/rare-mother-tinctures-in-homoeopathy/>
2. Shanthini V. Lesser Known Mother Tinctures in Homoeopathy. IJSR [Internet]. 2022 [cited 2024 Jun 10]; Available from: <https://www.ijsr.net/archive/v11i8/SR22828101710.pdf>
3. Dalmia A. Kashyap Y. Vashishth V. Mother Tincture: Role of Some Rare Mother Tinctures with Their Pathological Action [Internet]. homeopathy360. 2021 [cited 2024 Jun 10]. Available from: <https://www.homeopathy360.com/mother-tincture-role-of-some-rare-mother-tinctures-with-their-pathological-action/>
4. Mandal PP. Mandal B. A Text Book of Homoeopathic Pharmacy. New Central Agency Ltd. Kolkata, 2015
5. Boericke W. Pocket Manual of Homoeopathic Materia Medica and Repertory. Reprint ed. New Delhi: B Jain Publishers(P)Ltd, 1998.
6. Murphy R. Lotus Materia Medica Impression India. B Jain Publishers Pvt. Ltd.; New Delhi, 2022
7. Clarke JH. A Dictionary of Practical Materia Medica. impression India: B. Jain Publishers (P) Ltd, 2020; 1: 36.
8. Clarke JH. A Dictionary of Practical Materia Medica. impression India: B. Jain Publishers (P) Ltd, 2020; 2: 36.
9. Clarke JH. A Dictionary of Practical Materia Medica. impression India: B. Jain Publishers (P) Ltd, 2020; 3: 36.
10. Ghosh SC. Drugs of Hindoosthan. Calcutta. Hahnemann Publishing Co., 1974; 7
11. Verma PN, Yadav K, Valavan R. A compendium of Rare and clinically established Mother Tinctures with index of indications. 5<sup>th</sup> ed. Noida: Dr. Willmar Schwabe India Pvt. Ltd. 2016
12. Hahnemann S. Organon of Medicine. 6<sup>th</sup> ed. New Delhi: B. Jain Publishers (P) Ltd, 2011.
13. Singh S, Karwasra R, Kalra P, et al. Role of homoeopathic mother tinctures in rheumatoid arthritis: An experimental study. Indian J Res Homoeopathy 2015;9(1):42-48.

# Find Your Remedy



ISBN :- 9788131901649

- ▶ 70 years of clinical experience of “Dr. Herbans Singh Khaneja”
- ▶ A single stop solution for all difficulties arising in practise & learning homoeopathic medicines, diseases, dietary recommendations
- ▶ Clinical tips for more than 500 disease conditions
- ▶ Conventional treatment cited alongside Homeopathy in advanced disease conditions

PEER REVIEWED

# Exploring the Therapeutic Horizon: Unveiling the Scope of Mother Tinctures in Homeopathy

Dr. Kirti Mishra<sup>1</sup> Dr. Garima Verma<sup>2</sup> Dr. Deepak Kumar Kesari<sup>3</sup>

<sup>1</sup>B.H.M.S, M.D (HOM), Asst. Professor in Department of Physiology and Biochemistry G.C. Homoeopathic College and Research Center, Lucknow

<sup>2</sup>Post Graduate Trainee in Department of Materia Medica, State National Homoeopathic Medical College, Lucknow

<sup>3</sup>Post Graduate Trainee in Department of Repertory, State National Homoeopathic Medical College, Lucknow

---

### Keywords

mother tinctures, tinctures, homoeopathic tinctures, mother solutions.

### Abstract

This article explores the role of mother tinctures in homeopathy, revealing their profound therapeutic significance. It delves into the pharmacological properties, clinical applications, and overarching scope of these extracts, which serve as integral components of homeopathic practice. Through meticulous analysis of existing literature, it shows the efficacy of mother tinctures in addressing diverse health conditions, from physical ailments to mental and emotional imbalances. Bridging traditional wisdom with modern scientific review, the study elucidates the transformative power encapsulated within mother tinctures aligned with the holistic philosophy of homeopathy, fostering the body's self-healing mechanisms. Shedding light on their extensive applications and benefits, it tells us about the indispensable role of mother tinctures in expanding the therapeutic potential of homeopathic medicine.

### Introduction

In the realm of homoeopathy, where the essence of healing lies in the delicate balance between science and nature, the concept of mother tinctures emerges as a profound cornerstone. Mother tinctures, derived from botanical, mineral, or animal sources, form the basis of many homeopathic medicines, represent the essence

of homeopathic principles, encapsulating the vitality and healing potential of substances from various sources.

While the origins of homeopathy trace back centuries, the utilization of mother tinctures as therapeutic agents has persisted, evolving alongside advancements in medical understanding and technology. However, despite their enduring presence, the true scope and depth of mother tinctures within the domain of homeopathy remain to be comprehensively explored.

This research article endeavors to investigate the multifaceted dimensions of mother tinctures, unraveling their therapeutic significance, pharmacological mechanisms, and clinical applications. By elucidating the intricate interplay between medicinal extracts and the vital force within the human organism, we aim to shed light on the immense potential that mother tinctures hold in the holistic management of diverse health conditions.

Furthermore, this investigation seeks to bridge the gap between traditional wisdom and modern scientific inquiry, synthesizing empirical evidence with experiential knowledge to describe the efficacy and safety profile of mother tinctures. Through meticulous analysis and synthesis of existing literature, we endeavor to provide a comprehensive understanding of the nuances surrounding the use of mother tinctures in clinical practice.

As we embark on this journey of exploration,

navigating the rich tapestry of homoeopathic medicine and homeopathic philosophy to uncover the transformative power encapsulated within the humble yet potent mother tinctures.

### Pharmacological Properties in mother tinctures

Analyzing the pharmacological properties of mother tinctures in homeopathy involves understanding the principles and practices of homeopathic medicine and exploring the scientific literature related to these substances

1. ***Arnica Montana***: *Arnica montana*, commonly known as *Arnica*, is a widely used homeopathic remedy known for its anti-inflammatory and analgesic properties. Research by Belcaro et al. (2004) found that topical application of *Arnica montana* mother tincture significantly reduced pain and inflammation in patients with osteoarthritis of the knee.<sup>1</sup>
2. ***Hypericum Perforatum***: *Hypericum perforatum* is commonly used in homeopathy for its analgesic and antidepressant properties. A study by Kumar et al. (2012) demonstrated the analgesic effects of *Hypericum perforatum* mother tincture in a rat model of neuropathic pain. The study suggested that *Hypericum perforatum* modulates pain perception through its action on neurotransmitters in the central nervous system.<sup>2</sup>
3. ***Calendula Officinalis***: *Calendula officinalis* is known for its anti-inflammatory and wound-healing properties. A study by Preethi et al. (2010) investigated the anti-inflammatory activity of *Calendula officinalis* mother tincture in an animal model of inflammation. The findings suggested that *Calendula officinalis* exhibits significant anti-inflammatory effects, possibly through inhibition of pro-inflammatory cytokines.<sup>3</sup>
4. ***Rhus Toxicodendron***: *Rhus toxicodendron* is used in homeopathy for conditions involving inflammation and rheumatic pains. A study by Signorelli et al. (2016) investigated the immunomodulatory effects of *Rhus toxicodendron* mother tincture in vitro. The study demonstrated that *Rhus toxicodendron* modulates immune responses by regulating the production of pro-inflammatory cytokines and reactive oxygen species.<sup>4</sup>

5. ***Symphytum Officinale***: *Symphytum officinale* is known for its bone-healing properties. A study by Vassilieff (2006) investigated the effects of *Symphytum officinale* mother tincture on bone repair in rats with experimental fractures. The findings indicated that *Symphytum officinale* accelerated bone healing and remodeling, suggesting its potential use in the management of fractures.<sup>5</sup>

Based on the findings from the literature review and analysis, researchers can draw conclusions about the pharmacological properties of specific mother tinctures in homeopathy. They may also discuss the implications of their findings for clinical practice, research directions, and public health. These studies provide insights into the pharmacological properties of specific mother tinctures in homeopathy, including their anti-inflammatory, analgesic, immunomodulatory, and wound-healing effects. Further research, including well-designed clinical trials, is needed to validate these findings and explore the therapeutic potential of homeopathic remedies in various medical conditions.

### Therapeutic significance of mother tincture in homoeopathy

Mother tinctures are integral to homeopathic practice, offering a diverse range of therapeutic applications. They are commonly used to address acute and chronic conditions, ranging from respiratory ailments to emotional disturbances. The pharmacological properties of mother tinctures vary depending on the source material, with some exhibiting anti-inflammatory, analgesic, or antimicrobial effects. Clinical studies have demonstrated the efficacy of certain mother tinctures in alleviating symptoms and promoting healing, although the evidence base remains heterogeneous.

*Arnica montana* mother tincture is widely used for its anti-inflammatory and pain-relieving properties, particularly in the management of musculoskeletal injuries and post-operative trauma. A randomized controlled trial by Brinkhaus et al. (2006) found that *Arnica montana* mother tincture significantly reduced pain and improved mobility in patients undergoing knee surgery compared to placebo.<sup>6</sup>

Similarly, *Calendula officinalis* mother tincture,



derived from marigold flowers, exhibits wound healing and antiseptic properties. A meta-analysis by Kassab et al. (2009) concluded that topical application of *Calendula officinalis* mother tincture promoted faster healing of acute wounds and reduced the risk of infection.<sup>7</sup>

In a study carried out in the Department of Pharmacology in All India Institute of Medical Sciences (AIIMS), New Delhi, Paw oedema was induced by administration of 0.1ml 1% carrageenan in normal saline into right hind paw of Wistar albino rats. *Curcuma longa* and *Tribulus terrestris* mother tinctures reduced hind paw swelling decreased the paw volume in Carrageenan treated rats. This, revealed potent activity against inflammation of homeopathic mother tinctures showed peripheral analgesic activities.<sup>8</sup>

However, challenges persist in establishing the efficacy of mother tinctures due to methodological limitations, including small sample sizes, lack of standardization, and placebo effects. Additionally, skepticism from conventional medical practitioners and regulatory constraints present barriers to wider acceptance and integration of homeopathy into mainstream healthcare systems.

### Clinical Application of mother tinctures in homeopathy

The clinical application of mother tinctures in homeopathy is diverse and can address a wide range of physical, mental, and emotional ailments. Here's a brief overview of their scope and application:

**1. Physical Conditions:** Mother tinctures are commonly used to treat various physical ailments such as injuries, infections, inflammations, and chronic conditions. Each tincture is selected based on the principle of "like cures like," where a substance that produces symptoms in a healthy person can be used to treat similar symptoms in a sick person. For example, *Arnica montana* mother tincture is often used for bruises and trauma, while *Calendula officinalis* may be used for wound healing. *Angustifolia echinacia* mother tincture is greatly useful for boils, septicemia and other impurities of blood. Its action is antiseptic. *Bellis perennis* is very helpful in relaxation of muscular fibres causing

congestion, injuries from blunt or surgical operations, bruised injuries, etc. *Berberis aquifolium* is useful for acne and other skin complaints, *Cantharis* relieves burning pain and also used for acute nephritis. *Humulus lupulus* mother tincture is used to relief pains of cancerous affections. *Jaborandi* mother tincture applied by mixing with hair oil which promotes hair growth. *Hamamelis virginica* is vastly used in case of hemorrhages and venous congestions like haemorrhoids, varicose veins, etc. *Apis mellifica* is used in burning and stinging pain due to insect bite or Urticarial affections. *Badiaga* mother tincture is useful in case of dandruff with dry and sore scalp.

- 2. Mental and Emotional Health:** Homeopathy considers the interconnectedness of the mind and body, so mother tinctures are also employed to address mental and emotional imbalances. Remedies like *Ignatia amara*, *Aconitum napellus* might be used for acute emotional distress, while others like *Staphysagria* could be indicated for deeper-seated emotional issues. Sleeplessness due to any mental or emotional cause may be treated with *Passiflora* mother tincture.
- 3. Chronic Conditions:** Homeopaths may prescribe mother tinctures as part of a holistic treatment plan for chronic diseases such as arthritis, asthma, eczema, and migraines. These tinctures are often used alongside other homeopathic remedies or conventional treatments, depending on the individual's needs.
  - For Asthma: *Blatta orientalis* is indicated in conditions which are aggravated with dampness. *Aspidosperma* is indicated in asthma with pulmonary obstructions. *Grindelia* is indicated in chronic conditions when mucus is tough and difficulty in breathing.
  - For headache: *Usnea barbata* indicated in bursting type headache.
  - For hypotension: *Viscum album*, *Cactus grandiflorus*
  - For hyperstension: *Rauwolfia serpentina*, *Crataegus*, *Aconite*
  - For liver affections: *Chelidonium majus*,

*Kalmegh, Hydrastis canadensis, Carduus marianus* are vastly used with good results when symptom similarity is matched.

- For rheumatic conditions: *Curcuma longa, Tribulus terrestris, Ricinus communis,*
  - For gouty affections: *Urtica urens*
  - For uterine affections: *Aletris farinosa, Caulophyllum, Joanasia asoca, cimicifuga*
  - For menorrhagia/ metrorrhagia: *Thalapsi bursa pastoris, Cinnamonum, Arnica Montana, Sabina, Trillium pendulum, Millifolium*
  - For heart affections: *Terminalia arjuna* is used in angina pain, congestive heart failure and dyslipidemia. *Crataegus* is greatly used as heart tonic for muscular weakness of heart. *Cactus grandiflorus* is widely used for congestion and constriction in any organ especially, uterus, bladder or rectum.
  - For diabetic conditions: *Cephalandra indica, Sygizium jambolanum, Gymnema sylvestre.*
  - For renal calculi: *Berberis vulgaris, Ocmium canadensis, Sarsaparilla, Hydrangea arborescens, Uva ursi*
  - For constipation: *Hydrastis canadensis, Cascara segrada.*
4. **Individualized Treatment:** One of the key principles of homeopathy is individualization, where the remedy is selected based on the unique symptoms and constitution of the patient. This personalized approach extends to the use of mother tinctures, with the choice of remedy tailored to the specific characteristics of the person's illness.
5. **Adjunctive Therapy:** Mother tinctures can also be used as adjunctive therapy to support conventional medical treatments or as part of a holistic health regimen. They are generally safe to use alongside other medications and therapies, with least possible side effects when prescribed correctly. Homeopathic remedy of *Viscum album* or *Viscum viride* may be used

as Iscador therapy with chemotherapy or other treatment in cancer cases to reduce its bad effects on blood cells and also serves as immunity booster to help faster recovery.

## CONCLUSION

Overall, the clinical scope of mother tinctures in homeopathy is vast, covering a broad spectrum of health conditions and offering a gentle yet effective approach to healing. Exploring the therapeutic horizon of mother tinctures unveils their profound scope within homeopathy. These extracts serve as the cornerstone for a multitude of homeopathic remedies, offering versatile and potent solutions for both acute and chronic conditions. Their unique preparation process ensures the preservation of medicinal properties, while their ability to be used directly or through potentiation underscores their flexibility and efficacy. As integral components of individualized treatment plans, mother tinctures align with the holistic philosophy of homeopathy, fostering the body's self-healing mechanisms. By unveiling the extensive applications and benefits of mother tinctures, we highlight their indispensable role in expanding the therapeutic potential of homeopathic medicine.

## REFERENCES

1. Belcaro, G., Cesarone, M. R., Dugall, M., et al. (2004). Efficacy and safety of Arnica montana in post-surgical setting, pain and inflammation. *Clinical Drug Investigation*, 24(5), 269-278.
2. Kumar, D., Bhat, Z. A., & Kumar, V. (2012). Antinociceptive and analgesic activity of Hypericum perforatum on various nociceptive models in rats. *International Journal of Pharmacy and Pharmaceutical Sciences*, 4(2), 537-540.
3. Preethi K. C., Kuttan G., Kuttan R., et al. (2010). Anti-inflammatory activity of flower extract of Calendula officinalis Linn. and its possible mechanism of action. *Indian Journal of Experimental Biology*, 48(11), 1159-1162.
4. Signorelli, F., Ghidoni, A., Brioschi, D., et al. (2016). Immunomodulatory effects of Rhus toxicodendron in an experimental model of immune inflammation. *Journal of Ethnopharmacology*, 194, 323-332.
5. Vassiliev V. S. (2006). Acceleration of the healing process of experimental fracture in the rat using a homeopathic medicine. *British Homeopathic Journal*, 85(3), 196-200.
6. Brinkhaus B, Wilkens JM, Lütke R, et al. Homeopathic arnica therapy in patients receiving knee surgery: results of three randomised double-blind trials. *Complement Ther Med*. 2006;14(4):237-246.
7. Kassab S, Cummings M, Berkovitz S, et al. Homeopathic medicines for adverse effects of cancer treatments. *Cochrane Database Syst Rev*. 2009;(2):CD004845. doi:10.1002/14651858.CD004845.pub2.
8. Singh S, Karwasra R, Kalra P, Kumar R, Rani S, Nayak D, et al. Role of homeopathic mother tinctures in rheumatoid arthritis: An experimental study. *Indian J Res Homoeopathy* 2015;9:42-8.

---

# Mother Tincture and Its Utilities in Homeopathic Practice

Dr. Smriti Pandey.<sup>1</sup>, Dr. Rohit Kumar Priya<sup>2</sup>

<sup>1</sup>P.G.T, Dept. of Materia Medica, R.B.T.S. Govt.  
H.M.C.H., Muzaffarpur, Bihar

<sup>2</sup>P.G.T., Dept of Practice of Medicine, R.B.T.S. Govt.  
H.M.C.H.,Muzaffarpur, Bihar

---

### Keywords

Mother tincture, Pharmacopoeia, Gentiana lutea, Nux Vomica

### Abstract

A Mother tincture is a straightforward mix of a botanical extract with a certain amount of alcohol. Typically, it represents the lowest potency of any homeopathic remedy. While a mother tincture can be very effective in addressing various health issues, from minor to serious, it should only be used under the guidance of a homeopathic medical practitioner. Mother tinctures are popular treatment options due to their quick action, often within 3 to 4 minutes, and their long-lasting effects. Additionally, they are made from alcohol and natural botanical extracts, which are easily tolerated by the body, particularly the gastrointestinal system. Although mother tinctures have numerous uses, here are some common health problems for which they can be beneficial.

### Abbreviations

HPLC - High-performance liquid chromatography,  
GC - Gas chromatography

### Introduction

Homeopathy, a system of alternative medicine founded by Samuel Hahnemann in the late 18th century, has gained popularity worldwide for its holistic approach to healing. One of the

foundational elements of homeopathy is the use of mother tinctures. These tinctures are the initial extract from plants, minerals, or animals used to prepare various homeopathic remedies. This article explores the significance of mother tinctures in homeopathic practice, delves into their preparation, and discusses their diverse utilities in treating various ailments.

### Historical Background and Concept of Mother Tinctures

Mother tinctures, known as “Urtinkturen” in German, form the primary source material for all homeopathic dilutions. The concept originates from Hahnemann’s principle of “like cures like,” where substances that produce symptoms in a healthy person can treat similar symptoms in a sick person when administered in minute doses (Hahnemann, 1810). These tinctures represent the first step in the potentization process, which involves serial dilution and succussion (vigorous shaking) to enhance the remedy’s therapeutic effect while minimizing toxicity.

### Preparation of Mother Tinctures

The preparation of mother tinctures involves several precise steps to ensure the purity and efficacy of the final product. The raw materials, whether botanical, mineral, or animal in origin, are carefully selected and processed. For botanical sources, fresh plants are preferred, though dried specimens can also be used. The plants are macerated in a mixture of alcohol and water,

typically in a 1:10 ratio, for a specific period, usually two to four weeks, depending on the plant material's properties (British Homoeopathic Association, 2014). During maceration, the alcohol acts as a solvent, extracting the plant's active constituents. The mixture is then filtered to separate the solid plant material from the liquid extract, which is the mother tincture. This tincture is subsequently used as the starting point for further potentization, creating various dilutions according to homeopathic principles.<sup>(1)</sup>

## Standardization and Quality Control

Ensuring the quality and consistency of mother tinctures is crucial in homeopathy. Regulatory bodies such as the Homeopathic Pharmacopoeia of the United States (HPUS) and the European Pharmacopoeia have established guidelines for the preparation and standardization of these tinctures (European Pharmacopoeia Commission, 2019). These guidelines mandate stringent quality control measures, including botanical identification, purity testing, and the determination of alcohol content. Moreover, chromatographic techniques like high-performance liquid chromatography (HPLC) and gas chromatography (GC) are employed to identify and quantify the active constituents within the tinctures (Khuda-Bukhsh et al., 2010). Such rigorous testing ensures that each batch of mother tincture maintains the desired therapeutic properties, providing reliable and reproducible remedies for homeopathic practitioners.<sup>(2)</sup>

## Therapeutic Utilities of Mother Tinctures

Mother tinctures play a versatile role in homeopathic practice. They are used both in their original form and as the basis for further dilutions to treat a wide range of ailments. Here, we explore several key therapeutic applications of mother tinctures

### 1. Acute and Chronic Conditions

Mother tinctures are particularly effective in managing both acute and chronic conditions. For example, *Calendula officinalis* tincture is widely used for its antiseptic and wound-healing properties. It is applied topically to cuts, abrasions, and burns, promoting rapid healing and preventing infections (Lockie,

1993). Similarly, *Arnica montana* tincture is renowned for its anti-inflammatory and analgesic effects, making it a popular choice for treating bruises, sprains, and muscular pain (Mössinger et al., 2010).<sup>(3)</sup>

### 2. Digestive Disorders

Digestive disorders such as dyspepsia, bloating, and gastritis are commonly addressed with mother tinctures. *Gentiana lutea* tincture, derived from the yellow gentian root, stimulates appetite and enhances digestive function by promoting the secretion of gastric juices (Bradley, 2006). Additionally, *Nux vomica* tincture is employed to relieve symptoms of indigestion, particularly when caused by overindulgence in food and drink (Vithoulkas, 1980).<sup>(4)</sup>

### Respiratory Conditions

Respiratory ailments, including coughs, colds, and bronchitis, can be

effectively managed with mother tinctures. *Drosera rotundifolia* tincture, obtained from the sundew plant, is known for its antitussive properties and is used to alleviate spasmodic coughs (Reichenberg-Ullman & Ullman, 2005). *Bryonia alba* tincture is another valuable remedy for respiratory conditions, particularly when the patient experiences a dry, hacking cough and chest pain (Clarke, 1902).

### 3. Skin Disorders

Skin conditions such as eczema, psoriasis, and acne can benefit from the topical application of mother tinctures. *Berberis aquifolium* tincture, derived from the Oregon grape root, is frequently used to treat chronic skin diseases, promoting healthy skin and alleviating symptoms (Khalsa, 2008). *Sulphur* tincture is another well-known remedy for various skin conditions, particularly those characterized by itching and burning sensations (Hughes, 2009).<sup>(5)</sup>

### 4. Emotional and Psychological Disorders

Homeopathy recognizes the profound

connection between mind and body, and mother tinctures are often employed to address emotional and psychological disorders. *Passiflora incarnata* tincture, derived from the passionflower, is used for its calming and sedative effects, making it useful in treating anxiety and insomnia (Mills & Bone, 2000). Similarly, *Ignatia amara* tincture is indicated for individuals experiencing grief, emotional distress, and mood swings (Kent, 1905).<sup>(6)</sup>

### Advantages of Using Mother Tinctures

Mother tinctures offer several advantages in homeopathic practice. Firstly, they provide a concentrated source of the active constituents of medicinal plants, ensuring a potent therapeutic effect. This concentration allows for precise dosing and enables practitioners to tailor treatments to individual patient needs. Additionally, mother tinctures can be used both internally and externally, offering versatile application methods.

Moreover, the use of mother tinctures aligns with the principles of holistic medicine, which emphasize treating the whole person rather than just the symptoms. By addressing the underlying causes of disease and promoting overall well-being, mother tinctures contribute to a more comprehensive approach to healthcare.

### Challenges and Considerations

Despite their many benefits, the use of mother tinctures in homeopathy is not without challenges. One primary concern is the potential for variability in the composition of tinctures due to differences in raw material quality, extraction methods, and storage conditions. Ensuring consistency and standardization across different batches is essential to maintain therapeutic efficacy.

Furthermore, the use of alcohol as a solvent in mother tinctures raises concerns for certain patient populations, such as those with alcohol sensitivity or a history of substance abuse. In such cases, alternative solvents or dilution methods may be considered to accommodate patient needs while preserving the tincture's therapeutic properties.

### Future Directions and Research

The field of homeopathy continues to evolve, and ongoing research is essential to validate and

expand the therapeutic applications of mother tinctures. Clinical trials and pharmacological studies can provide valuable insights into the mechanisms of action, safety profiles, and efficacy of these tinctures. Additionally, exploring novel extraction techniques and alternative solvents may enhance the quality and accessibility of mother tinctures for diverse patient populations.

### Best way to apply Mother Tincture

1. The tincture should be used based on the similarity of symptoms.
2. Using a small amount (5 to 10 drops) in lukewarm water is more effective than using a large quantity.
3. Take into account accompanying symptoms when choosing the appropriate tincture.<sup>(7)</sup>

## CONCLUSION

Mother tinctures are a cornerstone of homeopathic practice, offering a potent and versatile means of addressing a wide range of health conditions. Through careful preparation, standardization, and application, these tinctures embody the principles of holistic medicine, promoting overall well-being and healing. As research and clinical practice continue to advance, mother tinctures will likely play an increasingly vital role in the evolving landscape of homeopathic medicine.

## REFERENCES

1. Partha MP, Mandal B. A Text Book of Homoeopathic Pharmacy. B. Jain Publishers; 2001.
2. Jolliffe GH. Thin layer chromatographic examination of Mother Tinctures. British Homeopathic Journal. 1977 Oct;66(04):197-207.
3. Lockie, A. (1993). *The Family Guide to Homeopathy: Symptoms and Natural Solutions*. Penguin Books
4. Vithoulkas, G. (1980). *The Science of Homeopathy*. Grove Press.
5. Clarke, J. H. (1902). *A Dictionary of Practical Materia Medica*. The Homeopathic Publishing Company.
6. Kent, J. T. (1905). *Lectures on Homoeopathic Materia Medica*. Boericke & Tafel.
7. Khuda-Bukhsh, A. R., Banerjee, P., Biswas, S. J., & Boujedaini, N. (2010).
9. Assessment of the genotoxic and cytotoxic potential of mother tinctures of some herbal medicines used in homeopathy: *Medicago sativa*, *Atropa belladonna*, and *Thuja occidentalis*. *Journal of Integrative Medicine*, 8(1), 9-1

# Homoeopathic mother tinctures – In lieu of Antimicrobials

Dr. Srinija Pantula

M.D. Scholar, Department Of Homoeopathic Paediatrics, Part 1, Batch 2021-2024, Bakson Homoeopathic Medical College and Hospital, Greater Noida, UP, 201310

## Keywords

*mother tincture, vehicles, antimicrobial, alkaloids, vital force, thin layer chromatography*

## Abstract

Homoeopathic medicines are dispensed in various forms like Mother tinctures, potentized medicines, biochemic combinations. Plant and vegetable kingdom is the huge source of many homoeopathic preparations. These medicines are primarily prepared in the form of mother tincture and further they are used in the preparation of potentized medicines. The use of vehicles in the preparation of mother tinctures plays a vital role in the dynamic action of these medicines. The antimicrobial drugs are one of the lines of treatment used frequently in conventional medicine. Research studies were being conducted to test the efficacy of homoeopathic mother tinctures regarding their antimicrobial activity.

## Introduction

It would not be a misnomer to call mother tinctures in homoeopathy as miracle remedies.

Mother tinctures form the core of liquid potencies prepared under decimal and centesimal scales. Strong alcohol is used in the preparation of mother tinctures. The drug substances obtained from the vegetable and animal kingdom are immersed in strong alcohol to prepare a mother tincture.

According to the old method of preparation of homoeopathic drugs, the mother tincture is prepared under class I, Class II, Class III and Class IV.

Homoeopathic mother tinctures, in most instances, are produced using fresh plants as they contain a significant amount of medicinal properties. Irrespective of the alkaloid content in the medicinal substances the mother tinctures are prepared from whole plant or leaves or fruits. The mother tinctures appear green when prepared from fresh plants and reddish or brown when dry vegetables are used.<sup>1</sup>

The parts of the plant used in the preparation of mother tincture varies from a whole plant to a piece of bark or a seed. Every plant has its significance depending upon the species, soil and conditions in which it grows and the effects produced by them becomes their hallmark. The parts used in the preparation of *Bryonia* is its long, thigh length root which is succulent and most juicy part of the whole plant, so in the proving of *Bryonia*, we find effusion of serous membranes.

## Unlocking the core of mother tincture

Ever wondered how the simple extract from a plant material is so powerful after converting it in the form of mother tincture! The substructure of mother tincture is strong alcohol, though water is used in class V(A).

The human body consists of up to 70% water which has the natural property to keep moving, flowing and changing. When the water is in constant motion in our body, it has the capacity to transfer energy. Water carried by the bodily fluids is responsible for the distribution of the nutrients throughout our body. As water has the capacity to carry energy, same way, it carries the energy from

the medicinal substances.<sup>2</sup>

Homoeopathic mother tinctures contain alcohol and water as a solvent depending upon the source of the medicinal substance. Alcohol has the property of maintaining the quality of mother tincture without decomposing the plant substances. It has the ability to form a precipitate when combined with liquid substances which makes it a strong vehicle in the preparation of mother tincture. Not every mother tincture has the same amount of alcohol.

Before accessing the potential effects, we will look into the formidable task presented to us regarding the safety and quality of homoeopathic mother tinctures.

### Are homoeopathic mother tinctures safe?

Homoeopathy is gifted with the uniqueness of mother tinctures. Most of the medicines in homoeopathy are obtained from plant sources which contain various compounds that have a special significance therapeutically.<sup>6</sup> Now, the question arises whether these mother tinctures are toxin-free substances. It is inveterate that homoeopathic medicines do not produce side effects, but the plant-based products are confronted for their safety profile. This led to the experiments in testing the acute and sub-acute oral toxicity of various mother tinctures in homoeopathy and the results showed that the mother tinctures at a specified dose were safe to use without any significant morphological changes in the body. The studies on chronic toxicity of mother tinctures are required to demonstrate their safety and efficacy.<sup>3</sup>

### Quality check

Complementary and alternative medicinal therapies have gained prominence now-a-days. Homoeopathic mother tinctures and various herbal medicines were a part of it. In this ever-demanding situations, the quality of homoeopathic mother tinctures is a matter of utmost importance. The amount of medicinal properties present in the drug is the qualifying principle.<sup>1</sup> The period of importing mother tinctures is at dusk and there is a growing need for preparation of mother tinctures locally in many countries. Moreover, there are variations in the constituents of similar

plant obtained from two different locations. Hence there is a need to verify the efficacy of locally manufactured mother tinctures whether they match the standards of methods of preparation of mother tinctures according to homoeopathic pharmacopoeia. To perform the quality check of mother tinctures, thin layer chromatography and mass spectroscopy were the most commonly used techniques. This helps mainly in two domains – presence of active principles

– compliance of substance to the standards of pharmacopoeia.

One more technique to study both qualitative and quantitative analysis is high performance liquid chromatography.<sup>4</sup>

### Explore the potential of homoeopathic mother tinctures

In homoeopathy the medicines are not termed as antiviral drugs or antibacterial drugs. Medicines in homoeopathy produce a centrifugal effect where the vital force is stimulated to fight against the bacteria. The studies have shown that there are antimicrobial properties in the homoeopathic mother tinctures due to the presence of alkaloids in the plant substances. In a study conducted on ten homoeopathic mother tinctures to test their antibacterial properties against the allopathic antibacterial medicine ciprofloxacin as an active control, concluded that there are strongest antibacterial properties in the mother tinctures of *Hydrastis canadensis*, *Eucalyptus bulbosus* and moderately, *Thuja occidentalis* towards *pseudomonas aeruginosa*, *staphylococcus aureus* and *Escherichia coli*.<sup>5</sup>

Another study conducted to test the antibacterial activity of *Aesculus hippocastanum* concluded that *Aesculus* mother tincture has antibacterial properties.<sup>8</sup>

The excessive use of antibiotics produced side-effects in the body. There are many instances where these medicines, after long term use produced symptoms like emaciation, poor growth of bones and teeth, frequent diarrhea, loss of internal immunity. The antibacterials were capable of destroying the bacteria in the external surface (skin) as well as in the internal mucosa. Gradually, the microorganisms gained resistance

to these medicines. Similarly, mother tinctures are also effective only in a specified dose. Human body has the natural ability to fight against the tumor cells through the natural killer cells. Due to excessive use of antibiotics this natural ability was at hindrance. Homoeopathic medicines help in regaining strength to the vital force as they act at the level of minute enzymes in our body.<sup>9</sup> Mother tinctures produce organotrophic effects.<sup>7</sup>

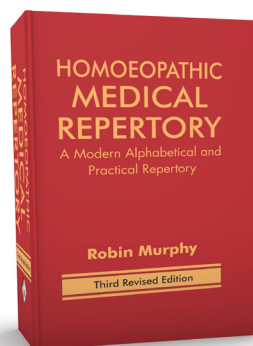
### CONCLUSION

Without mother tinctures, the homoeopathic potentized medicines are indispensable. Mother tinctures used in homoeopathy are completely different from those used in herbal medicine. These low potentized medicines are equally as effective as highly potentized medicines. Mother tinctures form the beginning of spectrum of potencies in homoeopathy. Plants contain various constituents similar to the constituents in the human body like carbohydrates, lipids, glycosides, vitamins, alkaloids, which act as valuable therapeutic agents in minute doses. The analgesic and anti-inflammatory effects of mother tincture are phenomenal while treating acute conditions where immediate hospitalization is needed. Once the symptoms subside, a similimum may be selected on the basis of individualization to prevent the recurrence. The tinctures are used in the treatment of various diseases as therapeutic agents, as an antidote to ingestion of poisonous substances, and to arrest cancerous growth. Some

mother tinctures are also functional as external applications. The common conditions prevailing in endemic areas, vitamin deficiencies can be managed using certain mother tinctures. As the tinctures contain alkaloids, their action is directed towards that particular organ in the body, presenting an affinity. The presence of alcohol and the constituents of plant substance together form the rainbow of mother tincture.

### REFERENCES

1. Mandal PP & Mandal B, Textbook of Homoeopathic pharmacy, published by New Central Book Agency (P) Ltd, 3<sup>rd</sup> ed;2015
2. Emoto M, The Hidden Messages in Water, published by Beyond words publishing Inc, New York; 2004
3. Singh S, Kumar R, Karwasra R, Kalra P, Rani S, Nayak D, et al. Evaluation of safety profile of homoeopathic mother tinctures. Indian J Res Homoeopathy 2014; 8:81-6
4. Dr Scheepmaker M and Dr Gower NT, The quality of selected south african and international homoeopathic mother tinctures, African Journal of Traditional Complementary & Alternative Medicines. (2011) 8(S):46-52
5. Rehman A, Shaffique S, Ahmed S, Anwar H, Hussain G, Asif HM, Javed S. Comparative Analysis of Antibacterial Activity of Ciprofloxacin and Homeopathic Mother Tincture. RADS J.Pharm. Pharm. Sci. 2018; 6(2): 113-118.
6. Boericke W, New Manual of Homoeopathic Materia Medica, published by B Jain publishers (P) Ltd., New Delhi: 3<sup>rd</sup> ed;2007
7. Zaman MM, Shaad MA, Ahmad S, Abbasi WM, Rehman T. Comparative analysis of antibacterial activity of povidone iodine and homoeopathic mother tinctures as antiseptics. Indian J Res Homoeopathy 2016;10:36-41.
8. Shaffique S, Anwar H, Asif HM, Ahmed S, Ahmed K, Hashmi HAS, Sultana S. Antibacterial Activity of Homeopathic Mother Tincture Aesculus hippocastanum. RADS J.Pharm. Pharm. Sci. 2019; 7(1):34-38
9. Dr Sanjib Chattopadhyay, Theory of miasm at molecular level, Clinical and experimental homoeopathy, EJournal; September 2022;9(2):10-24



ISBN :- 9788131908587

## Homeopathic Medical Repertory

- ▶ 400 pages larger than the 2nd edition
- ▶ 20,000 new rubrics 100,000 new additions  
Hundreds of new remedies
- ▶ Expanded cross-references, remedy list and word index
- ▶ Large new clinical chapter and nine other new chapters



---

# Clinical Utilisation of Some Important Mother Tinctures in Homoeopathy

Dr. Prity Kumari<sup>1</sup>, Dr. Tarun rai<sup>1</sup>

PG.T., Dept. Of Materia Medica, R.B.T.S. Govt. H.M.C.H. Muzaffarpur

---

---

### Keywords

Mother Tincture, Potency, Maceration, Percolation, Menstrum

### Abstract

During the past few decades, the use of homoeopathic preparations and herbal medicines in the developed world has become a popular and highly demanded form of medicinal treatment, which has been facilitated by less stringent regulations than other medications. In homoeopathy highly dynamized medicines are given to sick persons, but homoeopathic mother tincture has its own scope and utility in homoeopathy.

Mother tincture is a solution prepared from a drug substance of plant or animal kingdom by the process of maceration or percolation using a suitable menstrum (solvent) in a definite proportion as per homeopathic pharmacopoeia. A mother tincture is the first stage in the preparation of a homeopathic remedy dilution. It is the base of which further homeopathic dilutions are done.

### Introduction <sup>[2][3]</sup>

A mother tincture has a ratio of one part drug substance to nine parts alcohol which in homeopathy medicine makes them a 1x potency (1:9). It is the mother or base of a remedy. Mother tinctures have a very fast action and the effect can be felt in a few minutes. These tinctures are well accepted by the body, especially with the digestive system. The use of mother tinctures in practice is now

considered as a shame by a few Homoeopaths. Our aim of the study is to get complete knowledge of mother tinctures in homoeopathy. Objective of this study is to understand the indications of mother tincture and to understand its practical utility in giving relief to patients through homoeopathy. Purpose of study is to attain a better understanding of the practical utility of mother tincture in homoeopathy.

### Mother Tincture

#### Sources

- Vegetables
- Mineral
- Animals
- Imponderabilia
- Nosodes

#### Usage

Mother tinctures are totally safe in use, as is indicated, for any disease condition “Q” or “MT” or “mother tincture” specifically suffixed to indicate that the remedy is in mother tincture form.

#### Historical Support

1. Hahnemann did the cinchona bark experiment using the mother tincture. He suggested Thuja Q, Bryonia Q in his Paris case diary. As a last resort, he suggested Thuja Q externally in difficult warts cases.

2. Boenninghausen also suggested tincture in some cases during cholera epidemic in Kerala, Camphor Q saved many from the brim of death.

### *Practical Benefits* <sup>[2][3]</sup>

- Useful in acute and pathological conditions.
- Advanced diseases.
- External application as antiseptic, healing promoter, etc.
- Terminal diseases in which higher potency of indicated drug or the constitutional drug do not seem to work.
- Give some relief to the troublesome symptoms.
- Physiological doses to benefit in some situations like high BP, breathlessness, etc.
- In emergency cases with no time for case taking, or the patient not in a position to give history.
- As a best substitute for modern medical treatment patient already takes.
- Useful in acute exacerbation of chronic troubles.
- Using tincture we can retain the patient with us till we study the case well and select the suitable remedy in high potency.
- Helps youngsters to get more patients, hence a matter of survival.
- If there are scarcity of symptoms to give higher potency.
- One sided diseases with less indications, but the patient is in agony.
- It is used in most cases of emergency or acute cases where a homeopathic physician requires enough time to take out indicated medicine (blood pressure, acute stone pain, dysmenorrhoea, acute abdomen).
- It is used as a palliative medicine with very fast actions for many cases. As compared to medicines its action starts within 3 several hours.

- Mother tinctures are prepared from alcohol so as it is readily absorbed in the stomach and intestine. It is a very safe type as it has the lowest potency than any other medicine. It is a less diluted tincture.
- It also helps patients with their medication. It helps them to minimize withdrawal symptoms and keep them permanently away from addictions.

Eg. Lobelia inflata helps them to wean asthmatic medication as it provides support to lung function. It is helpful in preparation of many homeopathic tonics and external applications along with proper homeopathic medicine internally. (According to aphorism no 284. Many mother tinctures like cantharis, calendula are used as first aid in many external causes like burns, injuries along with internal medicines.)

- Mother tinctures like Arnica Q, Jaborandi Q, and Camphor Q are also used to prepare hair oil for special care of hair along with internal use of homeopathic medicine.
- Mother tincture like calendula is used as an antiseptic in wounds cases, it is called as homeopathic “disinfectant used with good results
- Mother Tinctures are sure- shot prescribing for disease conditions and never fails.

### *Some Important Mother Tinctures* <sup>[1]</sup>

- ACALYPHA INDICA: Cough with bloody expectoration; Hemoptysis; Spluttering diarrhea; Rectal bleeding
- ADONIS VER.: Regulates pulse, increases power of cardiac contraction; Increases urine output; Cardiac dropsy; Mitral and aortic regurgitation.
- AILANTHUS: Difficult types of Tonsillitis with fever; Rough scraping feeling in throat; Cough with soreness; Useful for gargling.
- ALETRIS F: Leucorrhoea in tired anemic females; Uterine prolapse and discharge; Weakness with indigestion; Habitual abortion.

- BRAHMI (BACOPA M): Impaired memory; Nerve tonic; External for hair growth and dandruff
- CAJUPUTUM: Hiccough; Flatulency; Dysphagia; Fullness in the stomach; Gas trouble.
- CALENDULA: Wounds; erysipelas; promotes granulation Cassia sop: Promotes expectoration in sinusitis.
- CHELIDONIUM: Loss of appetite, irregular stools, liver spots on face, tenderness in liver region.
- GENTIANA LEUT: Increases appetite; Acid peptic disease; Abdominal colic; Flatulence.
- GINKGO BILOBA: Weakness; Improves circulation; Debilitating diseases.
- GINSENG: Lumbago; Rheumatism; Extreme weakness; Weakness of genitals.
- GYMNEMA SYLVESTRA: Diabetes mellitus; Diabetic carbuncle.
- HAMAMELIS V: Hemorrhage; Varicose veins; Bruised soreness; Bleeding piles.
- HELONIAS: Uterine prolapse; diabetes.
- POP CAN: Instantaneous voice produce; Acute hoarseness.
- PSORALEA COR: Externally in vitiligo, after which expose to sun; Stimulates melanocytes.
- PASSIFLORA: It decreases blood pressure.
- QUERCUS GLAND: Takes away the craving for alcohol.
- RAUWOLFIA: Arteriosclerosis
- WYETHIA: Pharyngitis; Throat irritation; Irritable throat in singers; Throat irritation with dry cough.
- XANTHOXYLUM: Early and painful menses; Neuralgic dysmenorrhea.
- ZINGIBER: Acidity; Nausea and vomiting; Morning sickness; Cough and asthma; Renal failure with complete anuria

### Disadvantages

- Mother tinctures have chances of emerging new pathological symptoms as they are in crude form.
- Long use of mother tinctures containing plant enzymes, poisonous alkaloids, glycosides and other phyto-chemical ingredients are dangerous to health.
- Mother tinctures are not a permanent solution for any complaint; they are emergency use.
- Mother tincture is energy to activate only for temporary and not capable to pass complete pure deranged vital force as it contains drug molecules of original drug and it is not fully diluted.
- If our selections of mother tinctures are not similar to disease symptoms then it is considered anti-homeopathy.

### CONCLUSION

When the patient is in real agony, and the medicine you have given does not give any relief to the troubles, we can consider a suitable mother tincture. Let's make it clear that we should not give tinctures in all cases, but only for the cases that need some support. When our case fails, usually the patients go to other systems, so, why not try the tools we have in our system? So, we must think from the patients' side, not from the philosophical side on some occasions. This approach is much better than using medicines of other systems illegally.

### REFERENCES

1. Boericke W. Pocket Manual of Homoeopathic Materia Medica & Repertory: Comprising of the Characteristic and Guiding Symptoms of All Remedies (clinical and Pathogenetic [sic]) Including Indian Drugs. B. Jain publishers; 2002.
2. Partha MP, Mandal B. A Text Book of Homoeopathic Pharmacy. B. Jain Publishers; 2001.
3. Banerjee DD. Textbook of homoeopathic pharmacy. B. Jain Publishers; 2002.
4. Hahnemann S. Organon of medicine. B. Jain publishers; 2005.

---

# Clinical Utility Of Mother Tinctures In Cases Of Rheumatoid Arthritis

Hetvi Gunchala

Intern, Rajkot Homoeopathic Medical College, Parul University

---

## Keywords

Homoeopathy, Mother Tincture, Rheumatoid Arthritis, Clinical Uses.

## Abstract

Rheumatoid arthritis (RA) is a chronic inflammatory disease affecting 18 million people globally, characterized by joint pain, stiffness, and swelling. Untreated, it can lead to severe joint damage and complications in the heart, lungs, and nervous system. Risk factors include smoking, obesity, and air pollution, with women and older individuals being more susceptible. Early symptoms include symmetrical joint pain and stiffness, which can impair daily activities and mental health.

Homeopathy treats RA based on the totality of symptoms rather than the disease name, viewing it through miasmatic theory, where underlying chronic conditions (miasms) contribute to symptoms. RA is influenced by miasms such as psora, sycosis, and syphilis. Homeopathic mother tinctures, derived from plants and animals, are used for treatment, offering a holistic approach without side effects. Examples include *Apocynum androsaemifolium* for wandering pain and *Viscum album* for gonorrhoeal rheumatism, demonstrating homeopathy's potential in effectively managing RA.

## Introduction

According to the World Health Organization there are 18 million people suffering from Rheumatoid arthritis Worldwide. Rheumatoid

---

arthritis (RA) is a chronic disease that causes inflammation around the body and commonly presents with pain in the joints. Untreated, RA can cause severe damage to the joints and their surrounding tissue. It can lead to heart, lung or nervous system problems. Common symptoms include chronic pain, stiffness, tenderness, heat and swelling in the joints. RA can make it hard to move and perform daily activities. The causes of rheumatoid arthritis are unknown. Risk factors include smoking, obesity and exposure to air pollution. Women and older people have a higher risk of developing RA. If diagnosed timely, symptoms and disease progression can be controlled with pharmacological treatment, and optimal functioning can be maintained through rehabilitation (including the use of assistive products). In cases with severe joint damage, surgical procedures, including joint replacement, may help to restore movement or manage pain, and maintain physical function.

## Signs and symptoms

Rheumatoid arthritis causes inflammation and pain in one or more joints. It can happen in most joints, but it's most common in the small joints of the hands, wrists and feet. RA is chronic and may worsen over time without treatment. It can lead to severe damage to the joint and surrounding tissue. It can also affect the heart, lung and nervous systems.

Early signs and symptoms:

Pain

Stiffness

## Tenderness

Swelling or redness in one or more joints, usually in a symmetrical pattern (e.g., both hands or both feet).

The symptoms can worsen over time and spread to more joints including the knees, elbows or shoulders. RA can make it hard to perform daily activities like writing, holding objects with the hands, walking and climbing stairs. People with RA often feel fatigue and general malaise (e.g., fever, poor sleep quality, loss of appetite) and may experience depressive symptoms. Pain and difficulty moving can lead to problems with sexual function and intimate relationships. Trouble moving easily can cause lower physical fitness and lead to loss of independence, inability to work, reduced well-being and mental health problems.

## Homoeopathic Concept of Rheumatoid Arthritis

Homoeopathy recognized no such method of treatment as prescribing for any diagnostic entity by name. According to the Homoeopathic system

of medicine disease is primarily only an altered state of life and mind, manifesting itself in morbid functions and sensation. The totality of symptoms constitutes the true and only conceivable portrait of the disease. Totality of symptoms should be considered in the treatment of a patient, which is the only guide of the homoeopathic treatment. Classification of the diseases by Hahnemann is unique, rational and clinical. His classification is based on many clinical criteria which will remain unchanged forever. They are divided into acute and chronic diseases. Acute diseases are generally only a transient explosion of latent psora whereas true chronic diseases are caused by a chronic miasma. Rheumatoid arthritis is a degenerative disease. Degenerative diseases are always the outcome of active miasmatic mixtures. The miasmatic diversification of the human mind, together with its civilization' brings on a condition favouring a degenerative disease. Psora is a perturbation of nutrition. Sycosis compels it to accumulate debris which should be eliminated, and syphilis causes it to degenerate. Since all of these conditions can act as the true causes of all imbalances—both dynamic and somatic.

## Rheumatoid arthritis: A miasmatic view from the standpoint of clinical feature

Psora	Sycosis	Syphilis
<p>Neuralgic pains are usually relieved by quiet, rest and warmth, worse by motion.</p> <p>Cramps in the lower extremities in the calves of the legs, in the feet toes, ankles.</p> <p>Numbness of the extremities with tingling in the fingers.</p>	<p>Shooting and tearing pains in the muscles and the joints, pain in fingers or small joints.</p> <p>The sycotic pains are relieved by rest and the patient is relieved by moving, by rubbing, stretching, and better in dry, fair, weather.</p> <p>Pain worse at the approach of a storm or a damp, humid atmosphere and becoming cold.</p> <p>Stiffness and soreness, especially lameness, is very characteristic of sycosis.</p> <p>Infiltration of inflammatory deposits, but it readily absorbs and never formative.</p> <p>It produces violent palpitation with beating of the whole body from reflex rheumatic trouble.</p>	<p>Stitching, shooting or lancinating pains in the periosteum or long bones of the upper or lower extremities</p> <p>Pains worse at night, or at the approach of the night. They are also worse by change of weather, by cold and damp atmosphere.</p> <p>Nodular growth.</p> <p>Infiltration of inflammatory deposits which are permanent.</p>

## Homoeopathic Mother Tincture

### Definition

It is a drug, pharmaceutically prepared from drug-substance of vegetable and animal kingdom, using

strong alcohol as a vehicle (solvent) by the process of immersion, maceration, and percolation.

## Following are Mother Tincture used for Rheumatoid Arthritis

Sr. No.	Mother Tincture	Symptoms	Dose
1.	A p o c y n u m androsaemifolium Q	Rheumatic pain of wandering nature, with much stiffness and drawing.	5 drops of tincture in half cup of water 4 times a day.
2.	Arbutus andrachne Q	Arthritis, symptoms shift from skin to joints.	5 drops of tincture thrice daily.
3.	Asclepias syriaca Q	Acute rheumatic inflammation of large joints.	5 drops of tincture, thrice daily.
4.	Belladonna Q	In stiffness and acute affection when the pain comes and goes like electric shock, worse on touch and movement.	Belladonna 1x, 3 drops every 3 hourly.
5.	Dulcamara 1x	Rheumatism alternates with diarrhoea. Rheumatic symptoms after acute skin eruptions.	Give 1x or 2x in one drop dose.
6.	Franciscea uniflora Q	Chronic stiffness of the muscle. Gonorrhoeal rheumatism.	Give Q, thrice daily.
7.	Guaiacum Q, 1x	Chronic rheumatism of upper extremities and in lumbago.	Guaiacum Q, 5 drops or 1x, 2 drops, thrice daily.
8.	Hymosa Q	In acute febrile stage.	1 dram in an ounce of hot water, followed by plenty of hot water or soda water, every 3 hourly in acute stage and 4 times a day in chronic case.
9.	Jacaranda caroda Q	Gonorrhoeal and arthritis. Morning soreness and stiffness of muscle.	5 drops, thrice daily.
10.	Passiflora incarnata Q	To reduce pain and induce sleep.	30 or 60 drops in an ounce of hot water every 15 mins to 3 times a day according to the nature of the disease.
11.	Urtica urens Q	Rheumatism Alternate with nettle rash.	2-5 drops of Q, thrice daily.
12.	Viscum album Q	Rheumatism of joints of gonorrhoeal origin specially in women.	5 drops thrice daily

## CONCLUSION

For an increasing number of cases of Rheumatoid Arthritis, in the Homoeopathic system, we are able to provide holistic cure with no side effects. The above mentioned Mother tinctures show the effectiveness and scope of tinctures for treating cases of Rheumatoid Arthritis. Besides potency doses mother tinctures can also be considered as a form of dose for RA patients.

## REFERENCES

- <https://www.who.int/news-room/fact-sheets/detail/rheumatoid-arthritis>.
- Dr. Biplab Kumar Das and Dr. Ajoy Kumar Mondal, Rheumatoid arthritis from homoeopathic angle, International Journal of Homoeopathic Sciences 2020; 4(2): 172-177.
- Dr Pratha Pratim Mandal and Dr Briman Mandal, A Textbook of Homoeopathic Pharmacy, 3<sup>rd</sup> edition, New Centre Book Agency (P) Ltd, 2017.
- Dr Vinay Jain, Mother Tinctures Therapeutics and Materia Medica, 1<sup>st</sup> edition, B. Jain Publishers (P) LTD., 2018.
- William Boericke, Pocket Manual of Homoeopathic Materia Medica And Repertory, B. Jain Publishers (P) LTD. 2019.

---

# Efficacy Of Gautteria Gaumeri Q In Dyslipidemia- A Case Study

Dr.G. Madhavi

MD(H), Professor, HOD, Dept of Organon & Philosophy, Devs Homeopathic Medical College and Hospital, Hyderabad.

---

---

### Keywords

Hypercholesteremia, atherosclerosis, dyslipidemia, mother tincture, Gautteria gaumeri.

### Abstract

Disorders of lipoprotein metabolism leads to Dyslipidemia<sup>1</sup>. Dyslipidemias are generally due to increased plasma levels of cholesterol, triglycerides or both associated with low levels of HDL<sup>1</sup>. It is most common in modern developed countries and all around the world. People with hyperlipidemia are at risk of developing coronary heart diseases. Gautteria gaumeri is efficacious in lowering cholesterol levels<sup>2</sup> and possess anti hyperlipidemic properties<sup>6</sup>.

### Introduction

Cholesterol is one of three major classes of lipids produced and used by all animal cells to form membranes<sup>1</sup>. Cholesterol is the precursor of the steroid hormones and bile acids. Since cholesterol is insoluble in water, it is transported in the blood plasma within protein particles (lipoproteins)<sup>1</sup>.

### Classification Of Lipoproteins

Lipoproteins are classified by their density<sup>1</sup>

- chylomicrons
- very low density lipoprotein (VLDL)
- intermediate density lipoprotein (IDL), s
- low density lipoprotein (LDL) and

high density lipoprotein (HDL).

All the lipoproteins carry cholesterol, but elevated levels of the lipoproteins other than HDL (termed non-HDL cholesterol), particularly LDL-cholesterol, are associated with an increased risk of atherosclerosis and coronary heart disease. In contrast, higher levels of HDL cholesterol is protective.

### Signs And Symptoms

Although hypercholesterolemia itself is asymptomatic, longstanding elevation of serum cholesterol can lead to

Atherosclerosis

Atheromatous plaques

Heart attack.

Stroke.

Tissue ischemia

### Causes

Hyperlipidemia is typically due to a combination of environmental and genetic factors.

1. Environmental factors include – obesity, diet and stress
2. Hereditary
3. Secondary hyperlipidemia<sup>3</sup> due to diabetes mellitus type 2 obesity Excess alcohol

nephrotic syndrome

Chronic renal failure

hypothyroidism

Cushing's syndrome and

4. Drugs which interfere with lipid metabolism: like thiazide, diuretics, cyclosporin, glucocorticoids, betablockers, antipsychotics, anticonvulsants and medications for HIV as well as interferons.

## Guatteria Gaumeri Mother Tincture

Guatteria gaumeri (Annonaceae) has been used in the traditional Mexican medicine for the treatment of hypercholesterolemia and cholelithiasis<sup>2</sup>. The main component of it is alpha-asarone<sup>2</sup>.

In homeopathy mother tincture is prepared from the dried bark of the Guatteria gaumeri plant. It is indicated in various health conditions like liver and gallbladder diseases, kidney diseases, and pancreas-related diseases. This tincture is known to help control lipid and lipoprotein abnormalities, improve overall health and reduce the risk of atherosclerosis.



- Kingdom: Plantae
- ▶ Phylum: Magnoliophyta
  - ▶ Class: Magnoliopsida
  - ▶ Order: Magnoliales
  - ▶ Family: Annonaceae
  - ▶ Genus: Guatteria
  - ▶ Species: Guatteria Gaumeri
  - ▶ Common Name: Yellow Wood

Guatteria gaumeri, has been the subject of scientific studies. Below are the some of scientific research results:

### 1. Randomized Double-Blind Placebo-Controlled Trial<sup>4</sup>:

- A study evaluated the efficacy of Guatteria gaumeri mother tincture in managing hyperlipidemia. Patients meeting the inclusion criteria were randomly assigned to either the treatment group (receiving Guatteria gaumeri) or the placebo group<sup>4</sup>.
- Results showed that Guatteria gaumeri significantly improved LDL, HDL, and total cholesterol levels compared to the placebo group. It also exhibited an inhibitory effect on hepatic enzymes without serious side effects<sup>4</sup>.

### 2. Homeopathic management of hypercholesterolemia<sup>5</sup>:

- Another study explored the safety and efficacy of homeopathic Guatteria gaumeri Q in treating mild to moderate hypercholesterolemia.
- Guatteria gaumeri Q was found to be efficacious in controlling hypercholesterolemia, and no adverse effects were reported.

### 3. Anti-Hypercholesterolemic Effect<sup>6</sup>:

- Guatteria gaumeri has been used traditionally for maintaining normocholesterolemia.
- Its active principle, alpha-asarone, contributes to its lipid-lowering effects<sup>5</sup>.

In summary, scientific research supports the potential benefits of Guatteria gaumeri in managing lipid levels.

## Case

### Case History

A case of 40yrs male presented with emergency to the cardiology department of allopathic hospital admitted in ICU on 12-01-2023.

### Presenting complaints



1.Sudden onset of retrosternal pain with progressive discomfort followed by exertional breathlessness, sweating since few hours.

**Past history**

- Uncontrolled type II diabetes mellitus since few days.
- Uncontrolled hypertension.
- Uncontrolled dyslipidemia

**Family history**

Mother and father are diabetic and hypertensive.

**Diagnosis**

Diagnosed as CAD-DVD (type III LAD vessel) with mid RCA 100% total occlusion so advised immediately to underwent PTCA with DES to RCA and elective PTCA stent to LAD after stabilization

**Treatment history**

Underwent procedure on 12-01-2023. After procedure patient was on anticoagulants, antiplatelets, statins, insulin, antihypertensives for uncontrolled DM, HTN and dyslipidemia.

His DM and HTN were controlled after treatment but there is no marked improvement in dyslipidemia.

**Follow-up**

S.no	Date	Complaints	Treatment
1.	12-01-23	Retrosternal pain with discomfort followed by breathlessness & sweating RBS-478 mg/dl B.P-180/100 mm Hg	underwent PTCA with DES to RCA.  After procedure he was on allopathic medications for DM, HTN, DYSLIPIDEMIA and other complaints
2.	13-06-23	Dyslipidemia with high levels of cholesterol and triglycerides RBS-250mg/dl B.P-150/90	Gautteria gaumeri Q given basing on laboratory findings.  Daily 10 drops of Q twice a day for 3 months.
3.	20-09-23	Case was reviewed after 3months	Again, gautteria gaumeri Q was given  Daily 10 drops twice a day for 3months.
4.	28-01-24	Advised to undergo lipid profile	
5	29-01-24	Marked reduction in levels of cholesterol and triglycerides.	Sac lac given for 3months advised to repeat lab test after 3months.

**On examination**

B.P:150/90mm/Hg, PR-88/min.Temp-normal

**Physical generals**

- Appetite – reduced, he is on diet as advised by cardiologist
- Thirst-normal
- Bowels- regular
- Sleep-sometimes disturbed
- Perspiration- normal
- Desires -sweets
- Thermals- chilly patient

**Mental generals-** anxiety about family future and about elective surgery as suggested by cardiologist after stabilization.

**Case analysis**

Patient was under allopathic medication for all his complaints. His DM & HTN were controlled and came for homeopathic treatment on 13-6-2023 for dyslipidemia as cholesterol and triglyceride levels were not controlled in spite of using allopathic medications.

So along with statins he was given gautteria gaumeri Q from June 2023,10 drops of Q twice a day.

## CONCLUSION

Gautteria gaumeri Q proved to be efficacious in controlling hypercholesteremia in many cases. In this case gautteria gaumenri was prescribed basing on laboratory investigations of lipid profile<sup>7</sup>. There was no significant effect of statins before starting Guatteria gaumeri Q. A case study was conducted on "Hypercholesterolemia effectively managed

with homeopathic medicine Gautteria gaumeri: results from a clinical study in academic clinical set up in north India"<sup>5</sup> which proved efficacy of Gautteria gaumeri Q on hypercholesterolemia. Further research has to be done to prove its efficacy in cases of dyslipidemia without statin therapy.

### BEFORE TREATMENT:

**OMNI Hospitals**  
 Patient Name : Mr. Sarajan Rao Kukkamudi  
 MR No : 2301001036  
 Consultant Doctor : Dr. Y.P. Raja/Dr. N. Srinivas  
 Doctor Reg No : 33804/5/7038  
 Pt Visit No : IP084090  
 Specimen : Serum

Age/Gender : 40 Y/M  
 Registration Date : 12-01-2023 11:28  
 Primary Sample Collection Date and Time : 12-01-2023 12:36  
 Primary Sample Received Date and Time : 12-01-2023 12:48  
 Report Date Time : 12-01-2023 13:05  
 Lab ID No:

**LABORATORY REPORT**  
**CLINICAL BIOCHEMISTRY**

Test Description	Result	Units	Biological Reference Intervals
<b>Lipid Profile</b>			
Cholesterol-Total	293	mg/dl	Desirable : < 200 Borderline : 200-239 Undesirable : > 240
Method: CHOD-PGD Enzymatic Colorimetric			
HDL-Cholesterol	41	mg/dl	Desirable : > 40 Borderline : Undesirable : < 40
Method: Direct Enzymatic			
Triglycerides	841	mg/dl	Desirable : < 150 Borderline : 150-199 Undesirable : > 200
Method: PGO-PAP Enzymatic Colorimetric			
LDL-Cholesterol	---	mg/dl	Desirable : < 130 Borderline : 130-159 Undesirable : > 160
Method: Calculated			
VLDL-Cholesterol	---	mg/dl	17-34
Method: Calculated			

Note: Note :Serum sample is lipemic.The TGL value is high (>350).So, the LDL & VLDL values could not be estimated

Lipid Profile  
 Reference: Note :Serum sample is lipemic.The TGL value is high (>350).So, the LDL & VLDL values could not be estimated

\*\*\* End of Report \*\*\*  
 Dr.K Sasidhara  
 (User ID):santhosha.g  
 Suggested clinical correlation, if necessary kindly discuss.

### AFTER TREATMENT

**VIJAYA DIAGNOSTIC CENTRE**  
 Opp Metro Pillar No. A1516, Indira Nagar, Dilsukhnagar, Hyderabad - 500089

**TEST REPORT**

Name : Mr. SARAJAN RAO KUKKAMUDI  
 Age/Gender : 41 Years / Male  
 Registration ID : 240120012845  
 Ref. By : Dr. DRSRINIVASN  
 Sample Type : Serum

Registered on : 28-Jan-2024 10:07  
 Collected on : 28-Jan-2024 10:13  
 Released on : 28-Jan-2024 14:09  
 Printed on : 29-Jan-2024 11:01  
 Regn Centre : Dilsukhnagar - 12

**LIPID PROFILE**

TEST NAME	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Serum Status	: Clear		
Triglycerides	: 88	mg/dL	Desirable level : < 150 Borderline : 150 - 199 High : > 200 - 499 Very High : > / = 500
Method: Glycerol Phosphate Oxidase (GPO), Peroxidase (POD)			
Total Cholesterol	: 96	mg/dL	Desirable : < 200 Borderline high : 200 - 239 High : > / = 240
Method: Cholesterol Oxidase Peroxidase (CHOD-POD)			
LDL Cholesterol	: 42	mg/dL	Optimal : < 100 Near optimal : 100 - 129 Borderline high : 130 - 159 High : 160 - 189 Very high : > 190
Method: Calculated			
HDL Cholesterol	: 36	mg/dL	Desirable level : > 60 Optimal : 40 - 59 Undesirable : < 40
Method: Enzymatic Immunoinhibition			
VLDL Cholesterol	: 18	mg/dL	< 30
Method: Calculation			
Total Cholesterol / HDL Cholesterol Ratio	: 2.7		Low risk : 3.3 - 4.4 Average risk : 4.5 - 7.1 Moderate risk : 7.2 - 11.0
Method: Calculation			
LDL Cholesterol / HDL Cholesterol Ratio	: 1.2		Desirable level : 0.5 - 3.0 Borderline risk : 3.0 - 6.0 High risk : > 6.0
Method: Calculation			

**Interpretation / Comments :**  
 • Lipid profile is a panel of blood tests that serves as an initial broad medical screening tool for abnormalities in lipids, the results of this tests can identify certain genetic diseases and can determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases.

DR. SUJANA REDDY  
 MD BIOCHEMISTRY  
 Registration No. 61171

Suggested Clinical Correlation, If Necessary Kindly Discuss with signatory  
 Customer Care ☎ 040-2100 0000 Page 1 of 3

## REFERENCES

- Harrison's principles of internal medicine-19<sup>th</sup> edition vol2, edited by Dennis. L.Kasper, Stephen L. Hauser, J. Larry Jameson, Anthony S. Fauci, Dan .L. Longo, Joseph Loscalzo, Mc Graw hill education 2012, page no.2435-2446.
- G. Chamorro, M.Salazar, S.Salazar, T.Mendoza, Pharmacology and toxicology of Guatteria Gaumeri and alpha -asarone, pubmed, 1993 Nov-Dec, 45(6): 597-604.
- Davidson's principles and practice of medicine-21<sup>st</sup> edition. edited by Nicki R. Colledge, Brain. R. Walker, Stuart H. Ralston-Churchill living stone Elsevier- published in 2010, Page no. 450-452
- Praveen Kumar Sharma, Siva Ram Reddy. E, A randomized

- double blind placebo controlled trail of Gautteria gaumeri mother tincture in the management of hyperlipidemia, wjcmpr, 28/8/2020, vol II. Issue-IV, 291-295.
- Aejaz Hussain, Ashish Indani, Poonam Bhutada, Hypercholesterolemia effectively managed with homeopathic medicine Gautteria gaumeri (yumel): results from a clinical study in academic clinical setup in north India, ijmedicine, vol 4, No. 3, may-june 2017.
- G.A. Aarthi, T. Asta Eswaran, R.S.G.Sowmya,Sheeba. Anjaly R. Nair, investigating the potential antihyperlipidemic properties of ultra-high dilutions of Gautteria Gaumeri: An experimental approach, jchr, vol13 No.3 2023.
- J. Benedict D'Castro, logic of repertories-reprint edition 2001, B. Jain publishers (P) ltd, New Delhi. page no.8.

---

# Homeopathic Mother Tinctures In The Treatment Of The Diabetes Mellitus

Dr Dipika Sindha<sup>1</sup>, Shyam Barmeda<sup>2</sup>

<sup>1</sup>Associate Professor, Dept. of Homoeopathic Materia Medica (PG), Parul Institute of Homoeopathy and Research, Parul University, Vadodara, Gujarat, India

<sup>2</sup>Intern, Parul Institute of Homoeopathy and Research, Parul University, Vadodara, Gujarat, India <sup>2</sup>

---

### Keywords

Mother tincture, Diabetes Mellitus, therapeutic treatment, Homoeopathy

### Abstract

Homoeopathy, one of the most commonly used alternative medicines globally, has a wide range of role in the management of diabetes mellitus. Homoeopathy is a holistic way of treatment hence, characteristic symptoms, which play a vital role to cure diabetes mellitus. It also help to take care of advance case of diabetes and its complication through therapeutic treatment with the use of mother tincture. In this article, only discussion will be focused on therapeutic prescription by homoeopathic mother tincture

### Introduction

Homoeopathic mother tinctures plays an important role in the management of diabetes mellitus. Not only mother tinctures or medications are not enough for the proper management of diabetes mellitus, life style modification are also very much important in the management of diabetes mellitus. Some of the mother tincture are having good efficacy in the diabetes management. In this article efficacy of the homeopathic mother tinctures with life style modification is given. <sup>[1]</sup>

According to the World Health Organization (WHO), there are approximately 143 million people with diabetes worldwide, and this number is projected to rise to almost 300 million by 2025<sup>[2]</sup>. Diabetes Mellitus is a condition in which

disturbance in the metabolism of carbohydrate, fat and protein, coupled with relative or absolute insulin deficiency is occurring. Those who are Diabetic have an increased blood sugar. It was considered to be a rich man's disease till few years back; however, the recent surveys shows alarmingly increase in the incidence of Diabetes even in less affluent group of people. In the current global health scenario, diabetes mellitus (DM) is the most common endocrine disorder posing significant public health concern, producing substantial morbidity, mortality and long-term complications regardless of the latest advances in health care and management.[3] Homeopathy has a positive role in early diagnosed cases through constitutional corrections. If the blood sugar is very high the priority is to control the elevated blood sugar to save him from life threatening complications. There are homeopathic remedies, called organopathic remedies that could reduce the sugar. The commonly used one are, Syzygium Jambolanum, Gymnema sylvestre and Cephalandra Indica. Syzygium jamb: Diabetes mellitus; sugar in urine; diabetes with skin lesions; prickly heat; externally on old ulcers; Diabetic ulcers Gymnema sylvestra: Diabetes mellitus; Diabetic carbuncle Cephalandra indica: Diabetes mellitus; burning all over body; boils and carbuncles; poor memory; loss of appetite; profuse urination.<sup>[4]</sup>

### Aetio-pathogenesis

Glucose tolerance is ability to maintain euglycemia, depends on 3 events that must occur in a tightly coordinated fashion: (1) stimulation of insulin

secretion; (2) insulin-mediated suppression of endogenous (primarily hepatic) glucose production; and (3) insulin-mediated stimulation of glucose uptake by peripheral tissues.

Complete deficiency (> 90) of insulin secretion results in T1DM and minor role is played by insulin resistance in T1DM. Destruction of beta cells in T1DM is auto immune mediated. This auto immune mediated destruction is type of molecular mimicry to various antigen commonly expressed by beta cells and various environmental agents like viruses and animal proteins.

Pathogenesis of T2DM includes both insulin resistance and an insulin secretory defect. Insulin resistance can be defined as: inability of insulin to exert its optimum metabolic effects. These metabolic effects are like lowering blood glucose, control of lipid metabolism and others. Liver, muscles and adipose tissue are three major organs through which insulin exerts its metabolic effects.<sup>[5]</sup>

### Clinical features

Age of onset in T1DM is bimodal first peak occurs at 5-7 years, second at 14 years of age. All most all T1DM are symptomatic at presentation due to its explosive nature of disease. Majority of patient present with polyuria, polydipsia, polyphagia and weight loss better known as osmotic symptoms.

Osmotic symptoms are responsible for fatigue, weakness, muscle cramps, blurred vision, nocturia and secondary enuresis. If osmotic symptoms are not given due attention, patient may land up in acute complication like diabetic ketosis or diabetic ketoacidosis. Diabetic ketoacidosis is usually associated with nausea, vomiting, pain abdomen, breathlessness, hypotension and obtundation and or loss of consciousness. T1DM may be associated with other autoimmune disorders due to their common autoimmune background like vitiligo, hypothyroidism, celiac disease and adrenal insufficiency.

Age of onset in T2DM is fourth decade and onwards which is a decade earlier than western counter parts. Signs of insulin resistance are commonly observed in these patients.

T2DM is often less explosive and many times diagnosed during routine screening

for preoperative surgical clearance. Osmotic symptoms with weight loss is the presenting manifestation in half of patients. Urinary tract and skin infection, non-healing wound are another well-known presenting manifestations of T2DM. Many are diagnosed during inter current illness, during this period, pre-diabetes also unmasked. Significant proportion of T2DM patients present with chronic complications of DM viz. pedal edema (nephropathy), visual disturbance (retinopathy) and burning feet (neuropathy). Presentation with chronic complication is usually due to delay in diagnosis.

### Use of Mother Tinctures

1. **Cephalandra indica:** It treats the blood urea and manages the blood sugar levels. Diabetes patients who are suffering from the adverse effects of diabetes symptoms can take this medication for relief. However, it may take some time to show the relieving signs of diabetes symptoms. It acts as a detoxifier and relieves kidney ailments as well. Including detoxifying smoothies in your diet plan can boost the process of diabetes reversal.<sup>[6]</sup>

Cephalandra indica Q is prepared from fresh pulp and leaves of the plant in 40.0% v/v alcohol.<sup>[6]</sup> Apart from *Syzygium jambolanum*, *Cephalandra indica* is also well used in inhibiting glycation-induced structural modifications on protein albumin and their protective effect on human erythrocytes in vitro. The antiglycation potential of *Cephalandra indica* was manifested with reduced levels of fructosamines, protein carbonyls and bound glucose which are normally increased during albumin glycation.<sup>[6]</sup>

2. **Abroma Augusta:** Ravenous hunger, insatiable thirst, frequent and profuse micturition, obstinate constipation, indignant and forgetful disposition with rapidly growing extreme debility and pronounced emaciation, are characteristic symptoms of the *abroma agusta*.

*Abroma Augusta* Q is prepared from the moist leaves of the plant and contains 42.0%–46.0% v/v alcohol.<sup>[6]</sup> Rastogi et al. reported that *Abroma Augusta* has mild hypoglycaemic potential at doses of 50 µl, 75 µl and 0.1 ml/100

g. b.w. in alloxan-induced diabetics without stabilisation of blood glucose levels<sup>[7]</sup>.

3. **Syzygium jambolanum:** It is the most important remedy of universal fame in curing diabetes mellitus. It promptly diminishes the quantity of sugar and frequency of micturition. It also cures ulcers and carbuncles dependent on diabetes with high specific gravity in urine, with intense thirst, and debility. It also cures intense heat in upper parts of body, small and red blisters with itching, intense thirst with or without fever.<sup>[6]</sup>

Syzygium jambolanum Q is prepared from coarse powder of seeds of the plant containing 82.0%–86.0% v/v alcohol [6]. Syzygium jambolanum has been screened for its antidiabetic potential in mother tincture and potentised dilutions. Maiti et al. had evaluated the effect of Syzygium jambolanum Q on carbohydrate and lipid metabolic disorders in Streptozotocin (STZ)-induced diabetics.<sup>[8,9]</sup> The results of the study indicated that Syzygium jambolanum Q treatment has a therapeutic effect on carbohydrate and lipid metabolic disorders and oxidative injuries in diabetic rats. Syzygium jambolanum Q has been found to decrease levels of blood glucose, triglycerides, total cholesterol, low-density lipoprotein cholesterol (LDLc), very low-density lipoprotein cholesterol (VLDLc), serum urea, serum creatinine, serum uric acid and serum albumin in diabetics. Another study elucidated the molecular mechanism of Syzygium jambolanum Q and its 6C and 30C potencies using a rat model of high fat and high fructose-induced Type. 2 diabetes.<sup>[6]</sup>

4. **Syzygium jambolanum:** It is the most important remedy of universal fame in curing diabetes mellitus. It promptly diminishes the quantity of sugar and frequency of micturition. It also cures ulcers and carbuncles dependent on diabetes with high specific gravity in urine, with intense thirst, and debility. It also cures intense heat in upper parts of body, small and red blisters with itching, intense thirst with or without fever.

Syzygium jambolanum Q is prepared from coarse powder of seeds of the plant containing

82.0%–86.0% v/v alcohol<sup>[6]</sup>. Syzygium jambolanum has been screened for its antidiabetic potential in mother tincture and potentised dilutions. Maiti et al. had evaluated the effect of Syzygium jambolanum Q on carbohydrate and lipid metabolic disorders in Streptozotocin (STZ)-induced diabetics.<sup>[8,9]</sup>

The results of the study indicated that Syzygium jambolanum Q treatment has a therapeutic effect on carbohydrate and lipid metabolic disorders and oxidative injuries in diabetic rats. Syzygium jambolanum Q has been found to decrease levels of blood glucose, triglycerides, total cholesterol, low-density lipoprotein cholesterol (LDLc), very low-density lipoprotein cholesterol (VLDLc), serum urea, serum creatinine, serum uric acid and serum albumin in diabetics. Another study elucidated the molecular mechanism of Syzygium jambolanum Q and its 6C and 30C potencies using a rat model of high fat and high fructose-induced Type. 2 diabetes, Syzygium jambolanum Q and its 6C, 30C potencies exhibited antidiabetic effects, improving insulin levels and acting through activation of insulin signalling molecules.<sup>[8,9]</sup>

5. **Gymnema sylvestre:** Gymnema sylvestre Q is prepared from coarse powder of leaves of the plant containing 76.0%–80.0% v/v alcohol. [6] Kishore and Singh reported that Gymnema sylvestre mother tincture, 6C and 30C preparations had potent antiglycation activity in vitro. The preparations were found to act by inhibiting AGEs formation, sorbitol accumulation and aldose reductase enzyme.<sup>[10]</sup> The same preparations were then evaluated for their role in attenuating diabetic nephropathy in STZ-induced diabetics in vivo.<sup>[10,11]</sup>
6. **Uranium Nitricum:** Many cases of diabetes have been relieved or cured by *Ur. Nit*, usually in the lower attenuations. In a case of diabetes insipidus of mine, in a young girl, *Ur. Nit* 30 gave more relief than any other remedy. Excessive thirst, polyuria, and dry tongue are the indications. Glycosuria is by no means an essential part of the indications for *Ur. Nit*.<sup>[12]</sup>

Uranium nitricum stock solution is prepared

from Uranium nitricum, yellow-coloured crystals with green fluorescence and contains 90% v/v alcohol.[6] Uranium nitricum 3X and 6X preparations were reported of showing hypoglycaemic activity at a dose of 15 µl/100 g body weight in alloxan-induced hyperglycaemic Life style modification , Weight Loss<sup>[12]</sup>

Weight loss for the prevention of type 2 diabetes mellitus has shown to be an effective strategy as it has been found to improve insulin secretion and has been a suggested intervention for patients with diabetes who are overweight or obese.<sup>[12]</sup>

**Repertory: Phatak :** Diabetes, Mellitus: Diabetes Mellitus according to phatak:

Arg-m1 :Ars3 :Bov:1: Cahin2: Carb-v1:Coloc, 3: Helo2 :Iris1 :Kreos, 3:Lyc2: Nat-m3: Ph-ac, 3:Phos3 :Plb 1:Ran-b, 1 :Sep1: Squil2 : Sulph, 3: Tarent3 :Ter1 :Thuj, 3 : Uran<sup>[13]</sup>

**Physical Activity:** Several studies have also determined that physical activity is crucial in preventing type 2 diabetes mellitus. A Finnish study called the Diabetes Prevention Study (DPS), which aimed to study the effects of lifestyle intervention as a method of preventing type 2 diabetes mellitus. <sup>[14]</sup>

**Diet Modifications:** In addition to increasing physical activity (see below), dietary changes have been shown to benefit weight loss and the prevention of type 2 diabetes mellitus. Dietary modifications are an important aspect of diabetes prevention largely because they are associated with improved glycaemic control.

- Learn about carbohydrate counting and portion size
- Make every meal well balanced. As much as possible, plan for every meal to have a good mix of starches, fruits and vegetables, proteins, and fats
- Coordinate your meals and medications. Too little food in proportion to your diabetes medications
- Avoid sugar-sweetened beverages. Sugar-sweetened beverages tend to be high in

calories<sup>[14]</sup>

## CONCLUSION

Diabetes mellitus is the lifestyle disorder, which should be treated with multiple approach ,only medications are not only the way of treatment also lifestyle modification should be done to effectively manage the diabetes mellitus. Constitutional homeopathic medicines are found to be very beneficial, along with therapeutic medicine. In cases where, due to a lack of characteristic symptoms, constitutional medicine is difficult to find, mother tinctures are having a significant role in managing cases of diabetes

## REFERENCES

1. Kumar GV, Chitra V, Gupta P, Biswas B, Arya R. Preclinical updates of the homeopathic medicines used in diabetes mellitus: A narrative review. *Indian J Res Homoeopathy* 2021; 15:31-40
2. World Health Organization. Geneva: WHO; 1998. The world health report: life in the 21st century – a vision for all.
3. Centres for Disease Control and Prevention. National Diabetes Fact Sheet: National Estimates and General Information on Diabetes in the United States. Revised edition. Atlanta, GA: Centres for Disease Control and Prevention; 1998.
4. Dr Rafeeqe M, Useful Mother tincture in Homeopathic Practice, Aug 2017, Link: <https://www.homeobook.com/useful-mother-tinctures-homeopathic-practice/>
5. Expert Committee on the Diagnosis and Classification of Diabetes Mellitus. Report of the Expert Committee on the Diagnosis and Classification of Diabetes Mellitus. *Diabetes Care* 1997; 20:1183-1197
6. Government of India, Homeopathic Pharmacopoeia of India, Combined Volume - I to IX. New Delhi: Government of India, Ministry of Health and Family Welfare; 2016.
7. Gupta VK. CCRH quarterly bulletin Volume 8 (1-4), 1986. *Indian J Res Homoeopathy* 2013; 7:181-3
8. Maiti S, Ali KM, Jana K, Chatterjee K, and De D, Ghosh D. Ameliorating effect of mother tincture of *Syzygium jambolanum* on carbohydrate and lipid metabolic disorders in Streptozotocin induced diabetic rat: Homeopathic remedy. *J Nat Sci Biol Med* 2013; 4:68-73.
9. Maiti S, Bera TK, Chatterjee K, Ghosh D. A study of the effect of mother tincture of *Syzygium jambolanum* on metabolic disorders of streptozotocin induced diabetic male albino rat. *Indian J Res Homoeopathy* 2014; 8:129-35
10. Kishore L, Singh R. Protective effect of *Gymnema sylvestre* L. against advanced glycation end-product, sorbitol accumulation and aldose reductase activity in homeopathic formulation. *Indian J Res Homoeopathy* 2015; 9:240-8.
11. Kishore L, Singh R. Preventive effect of *Gymnema sylvestre* homeopathic preparation on streptozotocin-nicotinamide induced diabetic nephropathy in rats. *Orient Pharm Exp Med* 2017; 17:223-3
12. Clarke J.H, A Dictionary of Practical Materia Medica, Indian Books and Periodicals Syndicate, Delhi, Reprint Edition 2023, P- 1477
13. Phatak S. R., Concise Repertory of Homeopathic Medicines, B Jain Publication, New Delhi, Fourth edition, 2005
14. Patel R, Lifestyle Modification for Diabetes and Heart Disease Prevention, Feb 2024 Link: <https://europepmc.org/books/n/stat-pearls/article-144011/?extid=324914>

---

# Homoeopathic Mother Tincture & their Therapeutic Hints

Dr. Jayapriya Beniwal<sup>1</sup> Dr. Sunil K. Bishnoi<sup>2</sup>

<sup>1</sup>PG Scholar, Dept. of Organon of Medicine and Homoeopathic Philosophy, Sri-Ganganagar, Homoeopathic College, Hospital and Research Institute, Sri-Ganganagar, Rajasthan.

<sup>2</sup>Professor and H.O.D. in the Dept. of Organon of Medicine with Homoeopathic Philosophy, Sri Ganganagar Homoeopathic Medical College, Hospital and Research Institution, Sri Ganganagar, Rajasthan.

---

### Keywords

Mother tincture, Homoeopathy

### Abstract

Mother Tinctures are relatively good treatment options for a homoeopathic physician in current time as they have quick action and are effective for a longer time. Mother tinctures are extracted from varied drug sources by several methods as defined under pharmacopoeia.

### Introduction

Mother Tinctures are extracts prepared from different sources of drugs containing all the therapeutic properties of the drug. Every drug is prepared from different methods as guided by Dr Hahnemann in Homoeopathic Pharmacy. Different potencies are prepared from Mother tinctures that's why it is called Mother Tincture. There has always been a debate about including the concept of mother tincture in the system of homoeopathy but no one has been able to deny the efficacy of mother tincture in homoeopathy practice.

Dr. Boericke explained in his Homoeopathic Materia Medica under the medicine Alfa -Alfa that the good results are kept with material doses with some drops of mother tincture several times a day. He said to continue its use until the tonic effect is assured.

Dr. Hahnemann himself recommended the use of mother tincture in his 6<sup>th</sup> edition of Organon of Medicine (aphorism 284-285) that the curative

medicine should also be continued internally as well as the same remedy is used externally as an ointment, Liniment, cerate etc. The external application is a combination of two or more mother tinctures that can be used as a vehicle, it gives fast relief in symptoms. The external application is the combination of two or more mother tinctures to dispense in the vehicle to provide quick relief. In pathological changes where body organs are deranged, in that condition mother tincture becomes very useful.

### Preparation of Mother tincture

- Drugs which are soluble in water, are only used to prepare mother tincture. The method of preparation of mother tincture is given by Dr Hahnemann.
  - **Old method-** The old method of preparation of mother tincture according to Dr Hahnemann (aphorism 264-271 of 6<sup>th</sup> edition of Organon of medicine) classified into 9 classes for preparing medicines, with 3 ways of preparing the medicine depending on the sources, solubility, and moisture content of drug substance.
  - **New Method-** This method was introduced by H.P.U.S. in 1941, introduced to secure uniform drug strength of mother tincture. In this method, unlike the 9 classes of the old method, only 2 methods of preparation of drugs exist.
1. **Maceration-** In this process of mother tincture hard, gummy and mucilaginous substances

are used. This process of preparation is very long.

2. **Percolation-** In this process soft, non-gummy and non – mucilaginous substances are used.

This process of preparation takes a short time.

### Advantage of Mother Tincture in Homoeopathy

- **In Maintaining advanced pathological cases-** Mother tinctures are given to patients where pathological changes occur in organs in severe diseases to avoid the aggravation of constitutional homoeopathic medicine. Sometimes in cases where pathological change occurs, if we give deep-acting medicine it may aggravate the symptoms and deteriorate the patient's condition.
- **In Drug dependent cases-** Mother tincture will decrease the dependency of allopathic medicines like Anti-hypertension, Anti-Diabetic, Anti-Allergic, and constitutional homoeopathic medicine will improve the actual constitution of the patient when prescribed accordingly and cure the disease.
- **In One-sided disease-** Since the mother tincture can be prescribed easily on the basis of very few symptoms thus it is useful in cases of one-sided disease. The one-sided diseases are those diseases with a scarcity of symptoms (Having one or two symptoms only) without any pathological basis.
- **Management of Patient who is on constitutional medicine** -Mother tincture is also used to meet the accessory symptoms produced in the patient who is on constitutional treatment without disturbing the action of the constitutional remedy. During the treatment of chronic disease, the patient may experience episodes of an acute attack of the disease which is successfully met by homoeopathic mother tinctures. Since the mother tincture has a very superficial action thus will not disturb the dynamic action of the remedy.
- **To boost up the function of an organ-** In some diseases advanced pathological changes occur, so the pressure on the organ is increased multiple times to function normally, in that case, mother tincture decreases the pressure on

the organ and improves the nutrition quality and functioning of that particular organ.

- **Nutritional benefits of mother tincture-** Some mother tinctures like Alfa-Alfa will influence immunity, provide nutrition, and boost the digestive system of the body. It is used in children with mal-nutrition, helps to improve the appetite and works as a tonic, resulting in physical improvement and weight gain. It recovers the nutritional deficiency in children.
- **Used as External Application-** Hahnemann himself advocated in the 6<sup>th</sup> edition of Organon of medicine, that mother tincture should be used internally as a curative remedy as well as externally as Ointment, Liniment etc.
- **To increase the vitality of the patient-** In some cases patient is too weak to react or respond to the dynamic medicine, in that cases Mother tincture will boost the vital force to fight against the disease and increase the vitality of the patient, by providing nutrition and preparing the base for the dynamic medicine to act in a better way.
- **In Drainage Remedy-** Once the deep constitutional remedy is administered to the patient the remedial effect of the constitutional medicine rapidly removes the toxins into the system. Here the mother tincture acts as a complementary to the constitutional remedy helping the body to eliminate the toxins from the system resulting in decreased toxins from the system resulting in decreased toxins loads. Here, this action of the mother tincture is drainage action and the indicated mother tincture becomes the drainage remedy.

### Disadvantage of Mother Tincture

- **Medicinal Poisoning due to overdose-** Excessive repetition of mother tincture may develop alkaloid poisoning because it is the pure extract of the crude drug substance.
- **Alter the original Constitution-** Some homoeopathic physicians will disturb the original constitution of the patient by prescribing mother tinctures to relieve some unwanted/ annoying symptoms of the patient, thus the original constitutional picture of the patient will alter and it's difficult to select a



similar medicine.

- **No curative effect-** Mother tincture is used mostly for therapeutic purposes and it acts very superficially, so a permanent cure is very difficult from the use of mother tincture.

### Rare Homoeopathic Mother Tinctures with their Therapeutical actions

1. **Acorus Calamus (Sweet flag):** it is useful in allergic asthma, Bloody diarrhea due to infection in the intestine, Indigestion -bloating during and after eating, flatulence, Low appetite, and watery stool due to atonicity of children. It is also useful in uncontrolled emotional excitement (hysteria) and pain in nerves. Research reports indicate that alcoholic plant extract has sedative analgesic effects with moderate depression of blood pressure and respiration.
2. **Curcuma Longa (Turmeric)-** It is a commonly found spice in India in households and acts
3. as an anti-inflammatory, anti-septic, and anti-oxidant. It boosts the immunity system.
4. **Helianthus Annus-** it is used in black-coloured stool, Inflammation of the mucus membrane
5. of the nose, old catarrh, Thick bloody discharge from the nose, and splenic conditions.
6. **Lamium Album-** Used when Stool is Hard with blood. Farrington recommends it for external piles. Trembling movement of limb, complaints due to Backward and forward motion of the head.
7. **Mimosa Pudica-** Sensitiveness and pain in the head above the eyes, complaints aggravated by movement, ameliorated by closing eyes.
8. **Psoralea corylifolia-** It is used in cases of leprosy and Vitiligo or leukoderma.
9. **Rhamnus Californica-** There is profuse sweat all over the body. Pain in muscles, Rheumatism, Metastasis tendency.
10. **Agrimonia Eupatoria-** Used in indigestion, Menstrual complaints, pain in the kidney region, and Bronchial asthma.
11. **Cassia Sophera-** Continuous thin watery discharge from nose with sneezing and thick

expectoration. It is used as a homoeopathic broncho dilator in asthma cases. Cough with thick yellow discharge and pain in the chest while coughing.

12. **Cynodont Dactylon-** It is useful in bleeding tendencies like blood in cough, Bleeding from the nose, watery bloody stool, and scabies. It is useful in acute and chronic bloody diarrhoea, painful urination with inflammation and discharge of the conjunctiva. Bleeding from nose, Excessive menses, Dropsy.
13. **Luffa Amara-** Excellent drug for irritation and inflammation of gastric mucosa. It is also used
14. as a gastric tonic, improving the function of the stomach and increasing appetite.
15. **Melissa officinalis-** Mainly used in mental conditions like Anxiety, Depression, and Restlessness. Irritability, disturbed sleep. Cold sores. Pain in the head. Hyperchlorhydria.
16. **Wrightia tinctoria-** Low appetite, Debility and physically very thin. Amoebic dysentery.
17. **Zingiber-** Asthma without anxiety. Cough; dry, hacking with copious sputum in the morning.

## CONCLUSION

Homoeopathic mother tinctures have proved more effective in acute cases where a homoeopathic physician needs some time to prescribe a similar medicine in doubtful cases. It can be used as a palliative medicine. To improve the quality of cure in homoeopathy with mother tincture, more new research should be done in the field of pharmacy, to enhance the quality of medicine and advance sources are recognize to use it in a better way.

## REFERENCES

1. Organon of medicine by Dr Samuel Hahnemann 5<sup>th</sup> & 6<sup>th</sup> edition combined. Presented by R.E. Dudgeon, William Boericke, B. Jain publisher Pvt. Ltd.
2. Robin Murphy, Lotus Materia Medica 3<sup>rd</sup> edition, B Jain Publisher Pvt. Ltd.
3. William Boericke New Manual of Homoeopathic Materia medica with Repertory 9<sup>th</sup> edition, B. Jain Publisher Pvt. Ltd.
4. Clark J.H. Dictionary of Practical Materia medica. Indian Book & Periodicals Pub.
5. Mandal and Mandal .A textbook of Homoeopathic Pharmacy 3<sup>rd</sup> edition, New Central Book agency.
6. Yudhvir S. Miracle of Mother Tincture with Therapeutic hints and Treatment of disease. 7. D.D. Banerjee's, Augmented Textbook of Homoeopathic Pharmacy.

# Therapeutic Potential of *Jonosia Asoca* in Female Reproductive Health and Beyond

Dr Janki Hirpara

Department of organon of medicine and homoeopathic philosophy, Rajkot  
homoeopathic medical college, Parul University

## Keywords

Ashoka tree, *Joanesia asoca*, female reproductive health, medicinal plants, therapeutic uses

## Abstract

The Ashoka tree (*Saraca indica* Linn) has been utilized for centuries in Indian culture, particularly for its medicinal and therapeutic properties. This tropical evergreen plant, native to the Western Ghats and coastal zones of the Indian subcontinent, blooms from February to April. Found in India, Nepal, and Sri Lanka, the Ashoka tree holds significant cultural and spiritual value. Ayurvedic literature documents its use for a variety of ailments, including uterine diseases, skin problems, neurological disorders, and more. In homeopathy, *Joanesia asoca* is known for treating female reproductive issues and other conditions. Despite its extensive therapeutic potential, few materia medica, such as Boericke's *Materia Medica* and Lotus *Materia Medica*, include comprehensive information about it, and it is not listed in any repertory. There is a need to update homeopathic literature to reflect the high therapeutic value of *Joanesia asoca*.

## Introduction

For centuries, humans have utilized the Ashoka tree, a tropical plant native to the central areas of the Western Ghats and the Western coastal zone of the Indian subcontinent. Known for its beautiful, fragrant flowers, the Ashoka is a small, erect evergreen tree with dense bunches of green leaves. Its flowering season is from February to April, pro-

ducing shiny orange-yellow flowers that turn red before wilting.

The Ashoka tree is particularly found in India, Nepal, and Sri Lanka, and it holds significant cultural, spiritual, and literary importance in these regions. Valued for its striking appearance and vibrant flowers, the Ashoka tree is commonly planted in palace compounds, gardens, and near religious sites across India. It is believed that Shakyamuni Buddha was born under an Ashoka tree in Lumbini Garden.

Apart from its ornamental value, the Ashoka tree has long been used for its medicinal and therapeutic properties. In homeopathy, it is employed to treat female and respiratory complaints, and some doctors claim it is effective in managing conditions such as arthritis, neurological disorders, and skin problems.<sup>[1]</sup>

- Botanical Name: *Saraca indica* Linn <sup>[2]</sup>
- Natural Order: Caesalpiniaceae <sup>[3]</sup>
- Family: Leguminosae <sup>[2]</sup>
- Distribution: Himalaya, Sri Lanka, Malaysia, Bangladesh <sup>[2]</sup>
- Flowering Time: April <sup>[2]</sup>
- Conservation Status: Critically Endangered <sup>[2]</sup>
- Description: Native to India, the Asoka tree is considered sacred by Hindus. This evergreen plant features helicoid, uniporous branches <sup>[3]</sup>.

## Historical Medicinal Uses of the Ashoka Plant<sup>[4]</sup>

The Ashoka plant has held a significant place in Indian medicinal culture for thousands of years. Ancient Ayurvedic literature extensively documents its diverse therapeutic applications:

- **Charaka Samhit:** Describes Ashoka as a painkiller and astringent, effective in treating skin problems including leprosy.
- **Susruta Samhita:** Highlights its use for uterine diseases, hyperthermia, neurological disorders, snake bites, eye disorders, and wounds.
- **Vaghbatta (6th century AD):** Notes the use of Ashoka seeds for cough relief.
- **Dhanvantari Nighantu (9th century AD):** Details its use as an astringent, aromatic, and heart tonic, beneficial for wounds, ulcers, piles, and bone fractures.
- **Chakradatta:** Recommends Ashoka bark for severe blood loss and urinary obstructions due to kidney stones.
- **Gadanigraha of Sodhala (12th century):** Mentions Ashoka bark for treating menorrhagia.
- **Raj Nighantu:** Uses Ashoka as a heart tonic and in the treatment of cancer and abdominal pain.
- **Kayadeva Nighantu:** Describes its use in menorrhagia, bleeding piles, dysentery, and to prevent abortion.
- **Saligram Nighantu:** Explains Ashoka's benefits for improving skin complexion, treating abdominal pain, haemorrhoids, abdominal disorders, burning sensations, tumors, and excessive menstrual bleeding.
- The Unani system of medicine, through practitioners like Hakeem Rajali Khan and Hakeem Azam Khan, also highlights Ashoka's use in treating anorexia, dermatitis, indigestion, animal bites, and as a hair tonic. The bark is used to treat drooling of saliva, the flowers as heart and brain tonics, and the fruits as contraceptives.<sup>[4]</sup>

### Physiochemical Actions of the Ashoka Plant

Anthelmintic, Astringent, and Strengthening

Agent: The Ashoka plant exhibits properties that help expel parasitic worms, tighten tissues, and strengthen the body<sup>[3]</sup>.

Phytochemicals:

Ketosteril: A glycoside found in the plant.

11-Deoxyprocyanidin, Epicatechin, Procyanidin, and Saponin: Other key phytochemicals, with saponin being an organic calcium compound present throughout the plant.

Phenolic Glycoside: Demonstrates specific oxytocic activity in the myometrium and Fallopian tubes.

Crude Glycosides: Exhibit action on the uterus<sup>[6]</sup>.

### Homoeopathic use of Tincture

According to the Homoeopathic system of medicine it mainly acts on the female reproductive system<sup>[2]</sup>, musculoskeletal, respiratory system, and GIT<sup>[3]</sup>. Indications of *Joanesia Asoka* through various materia medicas. Dr. D. N. Ray successfully used asoca for uterine troubles.<sup>[6]</sup>

- Mind: Weeping tendency, restless and hysterical<sup>[7]</sup>.
- Head: Congestive headache and periodic headache which is ameliorated by bathing<sup>[2]</sup>. Unilateral headache<sup>[7]</sup>. Headache disappears after eating<sup>[9]</sup>.
- Eye: Photophobia, pain in the supraorbital region, and eyeballs<sup>[7]</sup>. Blurred vision, swelling over upper eyelids. Burning and itching of eyes with redness<sup>[2]</sup>. Inflammation of eyes with tears<sup>[3]</sup>. Ear: Pain in the ear<sup>[3]</sup>. The hardness of hearing after cold exposure<sup>[2]</sup>.
- Nose: Bleeding from the nose and loss of smell, nose obstructed<sup>[2]</sup>. Running nose with sneezing<sup>[3]</sup>.
- Tongue: Excessive thirst with white or brown coated tongue<sup>[2]</sup>. Dry tongue.
- Aversion: milk. Desires sour food, and sweets. Bilious vomiting<sup>[3]</sup>. Constipation. Colicky type of pain in the stomach<sup>[8]</sup>.
- Female: Suppression of menses causes headache. Blackish, foul-smelling, scanty, and pale menstrual discharge, better by flow<sup>[2]</sup>.

Menses irregular and delayed, Painful ovaries before flow [8]. Lochia is long-lasting and black with a fetid smell [10]. It is found that it is great medicine when the menstrual flow has stopped for any cause and for which colicky abdominal pains supervene [11].

- Sleep: Disturbed sleep [8]. Back: Pain in the back which is radiating to Abdomen, especially at night [2].

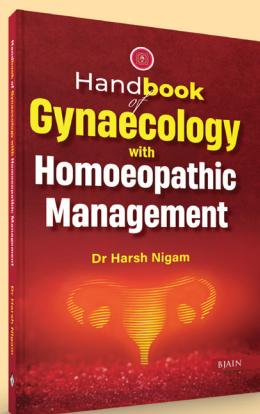
### CONCLUSION

It was found that only a few materia medica, such as Boericke's Materia Medica and Lotus Materia Medica, provide information about Joanesia asoca, which is commonly referenced in clinical practice. Notably, no repertory currently includes this medicine under any rubric. This highlights the need to update our materia medica and repertories with remedies that have significant therapeutic value. To enhance our system, further proving and re-proving of such remedies are essential.

Joanesia asoca has a broad therapeutic value in homeopathy and other medical fields. When adequately proven, it can be extensively used for treating feminine complaints and promoting good reproductive health.

### REFERENCES

1. Researchgate.net. [cited 2024 Jun 10]. Available from: [https://www.researchgate.net/profile/Dr-Kumawat-2/publication/369370332\\_Role\\_of\\_Jonesia\\_Ashoka\\_in\\_the\\_Homeopathic\\_Management\\_of\\_Female\\_Disorders\\_with\\_references\\_of\\_Vedas/links/64181bf066f8522c38bc1c6e/Role-of-Jonesia-Ashoka-in-the-Homeopathic-Management-of-Female-Disorders-with-references-of-Vedas.pdf](https://www.researchgate.net/profile/Dr-Kumawat-2/publication/369370332_Role_of_Jonesia_Ashoka_in_the_Homeopathic_Management_of_Female_Disorders_with_references_of_Vedas/links/64181bf066f8522c38bc1c6e/Role-of-Jonesia-Ashoka-in-the-Homeopathic-Management-of-Female-Disorders-with-references-of-Vedas.pdf)
2. Anupama. Homeopathic remedy joanesia asoca; c2021 Jan 2. Available from <https://www.bimbima.com/homeopathy/janosiaashoka/4795/>
3. Prasad Banerjee. Materia medica of Indian drugs, Published by Shiva and co, Howrah, West Bengal, Page number: 43.
4. Biswas, T. K. and Debnath, P., Asoka (Saraca indica Linn) – a cultural and scientific evaluation. Indian J. Hist. Sci., 1972, 7, 99–114
5. Schwabe news volume 3, issues 5 and 6, October and December 2012. Available from <https://www.schwabeindia.com/content/124-janosiaashoka>
6. Sarat Chandra Ghose. Drugs of Hindustan, Published by Brafulla Chandra Bhar, Hahnemann publishing co, 165, Calcutta.
7. Niranjana Mohanty. A therapeutic of Indian drugs, published by Indian books and periodicals publishers, p. 59.
8. William Boericke. New manual of Homoeopathic Materia medica and repertory -augmented edition based on the ninth edition, published by Indian books and periodicals publishers, page number, 453.
9. Dr. Dhiraj Nanda. Indian mother tinctures in clinical practice, published by Nanda publications, Secunderabad, India, page no: 26.
10. Dr. Yadubir Sinha. Miracles of mother tinctures with therapeutic hints and treatment of diseases, published by B. Jain publishers, p. 34.
11. Robin Murphy. Lotus Materia Medica, third revised edition published by B. Jain publishers, page number: 1020.



ISBN : 9788131973868

## Handbook of Gynaecology

- ▶ Get Insights into Gynaecological Issues Encountered in Clinic
- ▶ Learn Clear Treatment Guidelines & Protocols to match up with Modern Medicine
- ▶ Delve into classical, common and lesser known homeopathic remedies & mother tinctures for gynaecological care of your patients.

# Role Of Mother Tinctures In Homoeopathy For Common Gynaecological Disorders

Dr. B. Lokeswari<sup>1</sup>, Dr. G. Lakshmi Narasaiah<sup>2</sup>

M.D. (Hom), Associate Prof, Dept.of Physiology, Sri Adi Siva Sadguru Alli Saheb Sivaaryula Homeopathic Medical College, Guntakal, A.P.

M.D. (Hom), Associate Professor, Dept. of Practice of Medicine, Ph.D. Scholar, Sri Adi Siva Sadguru Alli Saheb Sivaaryula Homeopathic Medical College, Guntakal, A.P.

---

### Keywords

Gynecological, Homoeopathic practice, Mother tinctures.

### Abstract

Majority of women experience a wide range of gynecological issues in their reproductive age from irregular menses to malignancies. Diagnosis and treatment options has limited due to multiple factors. In Homoeopathic practice gynecological disorders treated with indicated remedy along with various mother tinctures.

### Introduction

Almost every woman suffers from gynecological disease once in her reproductive life. Many gynecological diseases recur several times and leave serious complications affecting reproductive health directly and can also cause fertility issues. Women have specific distinct health needs, and face different obstacles in the healthcare system despite advanced development in medical care. Gynecological disorders are those disorders that affect the female reproductive organs. Most common gynecological disorders occur in women reproductive age is

- Menstrual disorders
- Dysmenorrhea or painful menstruation
- Leucorrhoea
- Amenorrhoea
- Polycystic ovarian syndrome (PCOS)
- Fibroids of uterus
- Endometriosis
- Pelvic inflammatory disease
- Menopause

- Cancers<sup>1,2,3</sup>

These conditions are treated in modern medicine by various synthetic hormonal drugs and certain surgical procedures with potential side effects.

Homoeopathy is a system of medicine based fundamentally on the 'Principle of Similars': a substance capable of causing symptoms of illness in a healthy subject can be used as a medicine to treat similar patterns of symptoms experienced by an individual who is ill; Homoeopathic medicines are believed to stimulate a self-regulatory healing response in the patient.

Since discovery Homoeopathic medical science, mother tinctures were used for the treatment of various ailments by the originator and also given direction of their preparation in his materia medica pura work and also in his 6<sup>th</sup> edition of Organon of Medicine {aphorism 284, 285} that the curative remedy should also be continued internally while the same remedy is used externally as an ointment, liniment, cerate, etc.

Mother tinctures are defined as a drug prepared from substances vegetable & animal kingdom using strong alcohol as a vehicle by the process of immersion, maceration and percolation. Different drugs are prepared from different methods as per pharmacopeia standards. Mother tincture may be extremely helpful in treating various organ oriented health problems from mild to severe pathological changes.

In present days many homoeopaths claim to have treated the patients both acute and chronic suffering with mother tinctures that too rapidly, gently and permanently. Mother tinctures will arrest the progress of the disease and afford instant relief in cases where chronic miasm have

their root deep in the cell.<sup>4, 5, 6</sup>

Some important mother tinctures and their

therapeutic hints for common clinical conditions of women in Homoeopathic practice

Sl. no	Name of mother tincture	Clinical indications
1	Abroma Augusta	Dysmenorrhea, Amenorrhoea associated with leucorrhoea, hysteria and Diabetes mellitus.
2	Abroma Augusta Radix	Irregular menstrual disorder, Dysmenorrhea associated with leucorrhoea and chlorosis.
3	Aletris Farinosa	Uterine prolapse, displacement, atonic uterus, irregular menses, associated with anorexia, Conception difficult and abortion tendency from debility
4	Ashoka Janosia	Irregular menses, amenorrhoea, dysmenorrhea associated with anaemia, headache and backache
5	Blumia Odorata	Menstrual irregularities, abortion associated with haemorrhoids and dysentery
6	Berberes Vulgaris	Recurrent UTI associated with Renal calculi and jaundice
7	Cantharis	Acute and chronic cystitis associated with nymphomania
8	Cimicifuga Recemosa	Spasmodic dysmenorrhea, amenorrhoea with oopharitis, endometritis
9	Cynodon Dactylone	Menorrhagia associated with haemorrhoids and haematuria
10	Caulophyllum	Spasmodic dysmenorrhea, PPH, Prolapse of uterus associated with past history of abortion
11	Fraxinous Americana	Bulky enlarged uterus with fibroids
12	Gossypium Herbacium	PID, uterine sub involution and fibroids associated with breast tumors
13	Helonias Diodica	Infertility, a tonicity of uterus, prolapse of uterus, abortion, PIH associated with Anemia, Libido
14	Hydrastis Canadesis	Carcinoma of cervix, vagina associated with thick, ropy, yellow, leucorrhoea
15	Millefolium	Menorrhagia bright ed associated with varices and haemorrhoids
16	Ricinus Cummunis	Suppression of milk agalactea associated with amenorrhoea
17	Senecio Orius	Delayed first menses, functional amenorrhoea in young girls with backache, Dysmenorrhoea with urinary disturbances
18	Secale Cor	Amenorrhoea, menorrhagia and abortion
19	Thalaspia Bursa pastoris	Metrorrhagia, fibroid miscarriage associated with leucorrhoea
20	Trillium Pendulum	Metrorrhagia at climacteric, uterine haemorrhage from fibroid associated with prolapse and leucorrhoea
21	Ustilago Maydis	PID- Ovaritis, menorrhagia at climaxis, and uterine fibroids
22	Viburnum Opulus	PID- Ovaritis, Spasmodic and membranous dysmenorrhea associated with leucorrhoea and past history of recurrent very early miscarriage
23	Xanthoxylum Fraxineum	Neuralgic dysmenorrhea associated with headache and insomnia <sup>7,8</sup>

## CONCLUSION

With the help of a wide range of Homoeopathic mother tinctures we can have immense scope in common gynecological disorders in a natural way without recurrence.

## REFERENCES

- <https://careplusvn.com/en/most-common-gynecological-problems-and-preventions>.
- Dr. Harpreet Arora (2022) available at <https://www.medindia.net/health/conditions/ten-most-common-gynecological-problems-every-woman-must-know.htm>
- Davidson P.M. (2011) Available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3703826/>
- Dr. Tarishi Manjul Singh (2023) available at <https://www.homeo-book.com/rare-mother-tinctures-in-homoeopathy/>
- Mandal and Mandal ( 2019) . A textbook of Homeopathic pharmacy 3<sup>rd</sup> edition, New Central Book Agency,156, 585.
- Dudgeon (2002) Organon of Medicine by Dr. Samuel Hahnemann 5<sup>th</sup> & 6<sup>th</sup> edition combined, B Jain Publisher Pvt.Ltd.,
- William Boericke (2003) New Manual of Homeopathic Materia Medica with Repertory 9<sup>th</sup> edition, B.Jain Publisher Pvt Ltd, p.1091, 1119.
- Dr. Yudhbir Sinha , Miracles of Mother Tincture with Therapeutics Hints and Treatment of Diseases'. Jain Publisher Pvt Ltd, 1-122.

## Tinctures & Their Scope in Homoeopathy

Dr . Divya Patel

M.D Part – I, Materia Medica, Dr . V.H.Dave Medical Homoeopathic College Anand, Gujarat.

### Keywords

Homoeopathy, Mother Tincture, old & new method, Doses, Uses in different cases.

### Abstract

All alcoholic or hydroalcoholic solutions prepared from an animal or vegetable drug or a chemical substance known as Tincture, the strongest liquid preparation of drugs used in homoeopathy, and made by macerating or dissolving the drug or portions of it in alcohol water, It is denoted by Q. Mother Tincture is used to prepare the potency of respective drug.

### Introduction

A Mother Tincture is a form of homoeopathic drug preparation. It is an extract of row & fresh drug substances, which are mostly herbs. Various mother tincture are Prepared according to the

guidelines given in the homoeopathic pharmacopoeia.

It is a solution, pharmaceutically prepared from a drug substance of plant or animal kingdom by the process of extraction (maceration or percolation) using a suitable menstruum, in a definite proportion as per pharmacopoeia.

### Preparation of Mother Tincture

#### Old Hahnemannian Method

Old American Homoeopathic Pharmacopoeia published by Boericke & Tafel & German homoeopathic Pharmacopoeia by Dr. Willmar schwabe had been followed in arriving at the formulae below. For easy reference, the proportion of measure & weight In preparing Mother Tinctures, Dilutions & Trituration is arranged in the following formulae / classes.

	Class I	Class II	Class III	Class IV
Source	Most juicy plants	Moderate Juicy plants	Less juicy plants	Dried vegetable ; dried & fresh animal substance.
Nature of Drug	Non-mucolagenous, no resins, trepins or volatile oils	Non-mucilagenous but with resins, terpins or volatile oils.	Mucilagenous drug substance	Dried drug substances.
Fundamental Rule	Belladona	Thuja	Scilla	Spigelia & Staphysagria.
Drug Menstrum	1:1 [by weight]	3:2 [ by weight]	1:2 [by weight]	1:5 [by weight]
Drug Strength	1/2	1/2	1/6	1/10
Duration	8 days	8 days	8 days	15 days
Decimal – 1X Tincture : vehicle	2:8	2:8	6:4	Drug strength already 1/10.
Centesimal – 1C Tincture - vehicle	2 : 98	2 : 98	6 : 94	10 : 90
Organon reference	Aphorism 267		Footnote to Aphorism 267	
Example	Arum triphyllum, Bryonia, Calendula, Chamomilla, Ruta	E u p h r a s i a . Mezereum, Vinca Minor	Abrotanum, Aesculus, Arnica, Baptisia, Gelsemium , Pulsatilla, Rhus tox	Aloe, Apis, Cantharis, Cina, Cinchona, Colocynthis, Ignatia, Lycopodium, Nux. vom

## Preparation of Mother Tincture “ MODERN APPROACH “

In accordance with the suggestion made by the Special Committee & adopted by the American Institute of Homoeopathy at Niagara Falls in 1888, the pharmacopoeia Committee have prescribed the necessary rules to make the dilutions to corresponds in medicinal strength (drug power) with Trituration of the same number.

The modern view is that the plant moisture constitutes merely as a vehicle or menstruum & forms no part of medicinal substance

In every instance, the dry crude substance is to

be taken as the starting point from whence to calculate its strength.

“The mother tincture contains all the soluble matter of one grain of the dry plant in ten minims of the tincture”.

The tincture, therefore, represents one- tenth part medicinal substance & should represent the 1X potency (Drug strength= 1/10)

Thereby corresponding in strength with 1X trituration.

## Preparation of Mother Tinctures “MODERN APPROACH”

Maceration	Percolation
It is the process of removing the active principles from a drug by allowing the latter to remain at room temperature in contact with the menstruum for several days, with frequent agitation.	It is a process of extracting the soluble constituents of a drug & preparing the mother tincture by the passage of a solvent (menstruum) through the powdered drug contained in a suitable vessel called Percolator for a definite period of time as per directions specified in pharmacopoeia.
This Process is preferable in the treatment of large quantities of drug material needing ample time for the extraction of medicinal properties.  Such would be the case with gummy & mucilaginous substance or those having much viscid juice, which would prevent the menstruum from penetrating the mass as readily as is the case in the process of percolation.	This method is adopted for the extraction of dried drugs, dry vegetable substances & other organic (animal) substance.
The process of maceration may continue for 2 – 4 weeks, according to the nature of the material.	The process of percolation usually requires 24 hours for the extraction
The menstruum is kept in contract with the drug material during which it extracts the active principles of the drug.	The menstruum flows through the column of the packed drug extraction the properties of the drug during its downward flow.
The process of maceration does not require a special operative skill	Skill is required in packing the percolator & carrying out the process of percolation.
Example - - Calendula officinalis Preparation : mother tincture Drug strength : 1/10. Calendula moist magma containing – 700 g Solids -100g & plant moist - 600 ml Strong alcohol - 437 ml To make 1000 millilitres of the tincture	Example - – IGNATIA AMARA Preparation : mother tincture Drug strength- 1/10. Ignatia Amara in fine powder – 100 g Purified water – 150 ml Strong alcohol – 870 ml To make 1000 millilitres of the tincture. – HYOSCYAMUS NIGER Preparation : mother tincture Drug strength – 1/10. Hyoscyamus niger in moderately coarse powder – 100 g Purified water – 450 ml Strong alcohol – 585 ml To make 1000 millilitres of the tincture.



Prescribed doses :- Q / MTs

For Adult : 10 -15 drops

For new born : one drop in 2 t.spoonful

Make : 4 doses / ¼ drops

Infants : 1 drop

Children : 2 – 4 drops

Adult Children : 5 -7 drops

Mother Tinctures should be taken on empty stomach .

Mother Tincture have very fast actions.

Being prepared in Alcohol, the molecules of the ingredient of herbs etc, absorbed by the stomach & intestines quickly.

Action of the medicine starts within 3 -4 minutes.

These actions remains for several hours.

#### Mother Tincture uses in different conditions

1. Abortion - Ananas sat., Aletris, Blumea odorata, cimicifuga racemose, Helonias dioica, Trillium pendulum, Viburnum.
2. Acidity - Iris v., Robinia
3. Acne – Arsenicum Bromatum, Berberis aquifolium, Echinaceae angustifolia, Kalium bromatum, Nux Juglans.
4. Adenoids - Agraphis
5. Alcoholism - Quercus, Avena sativa, Passiflora incarnata, Spiritus Quercus glanduim, Sterculia acuminata, Strophanthus hispidus.
6. Alopecia - Pix liq
7. Amenorrhoea – Ashoka janosia, Manganese dioxydum, Pulsatilla, Secal cornutum, Sulphur.
8. Anasarca - Liatris, Adonis
9. Anaemia - Aletris, China
10. Anaemia, from malaria - Alstonia scholaris
11. Anaemia, due to liver and spleen affection -Ceanothus, Carduus
12. Analgesics, remedies in general - Bell 3X, Cannabis sat, Cassia, Hypericum, Passiflora
13. Angina-Ammi visnaga, Amyl nitrosum, Cactus, Crataegus, Laurocerasus, Strophanthus, Terminalia arjuna
14. Anorexia - Hydrastis, China
15. Antifungal - Cynodon Anagallis, Curcuma longa, Echinacea,
16. Antioxidant - Andrographis, Azadirachta, Curcuma longa, Echinacea, Ginseng, Ginkgo, Withania
17. Aphthae-Geranium mac, Hydrastis
18. Aphonia – Coca, Populus can., senega.
19. Appetite, to reduce - Abies can, Phytolacca berry
20. Arteriosclerosis- Ars. iod 3X & 6X, Aur mur natronatum 3X, Crataegus, Elatrium, Strophanthus, Terminalia arjuna.
21. Arterial tension lowered - Gels
22. Arterial tension raised - Viscum album
23. Arteriosclerosis - Carduus, Sumbul
24. Arthritis- Berberis vul.
25. Ascites - Аросупит
26. Asphyxia neonatorum - Laurocerasus
27. Asthma- Aralia racemose, Aspidosperma quebracho, Blatta orientalis, caladium seguinum, cannabis sativa, Eriodictyon californicum, Euphorbia pilulifera, Grindelia robusta, Makaradhwaja, Passiflora, Senega, Sumbul.
28. Asthma, from dust - Grindelia, Pothos
29. Backache - Aesculus, Pulsatilla
30. Bilioussness - Yucca, Chelidonium
31. Blood pressure high - Rauwolfia, Spartium
32. Blood pressure low- Cactus
33. Bradycardia (slow pulse) -Kalmia, Apocynum

34. Bright's disease - Apis, Apocynum, Adonis
35. Bronchitis, old people - Dulcamara, Blatta
36. Burns-Cantharis, Urtica urens
37. Biliary calculi - China, Berberis vul., Boldo, Chelone, Dioscorea, Fabiana imb.
38. Renal calculi - Berberis vul., Cantharis
39. Renal calculi, to alleviate pain - Ammi visnaga, Bell 3X, Berberis vul., Cantharis, Dioscorea, Pareira
40. Cancer gastric - Geranium maculatum
41. Cancer tongue - Hydrastis
42. Cardiac dropsy - Aspidosperma
43. Cardiac dyspnoea - Aspidosperma
44. Car sickness - Cocculus indica
45. Cerebrospinal meningitis - Cicuta, Helleborus
46. Chlorosis-China, Ferrum, Helonias, Pulsatilla
47. Cholelithiasis - Hydrastis
48. Cholera infantum - Aethusa
49. Chorea- Tenacetum, Stamonium
50. Ciliary neuralgia - Prunus
51. Climactic flushes - Amyl nit., Sanguinaria
52. Cold, stage first - Aconite, Andrographis
53. Colic-Dioscorea
54. Colic renal - Pareira, Berberis vul.
55. Concentration, to improve - Aethusa, Bacopa, Ginkgo, Avena sativa
56. Craving, tobacco - Daphne indica
57. Condylomata - Thuja
58. Conjunctivitis - Aconite, Pulsatilla, Euphrasia
59. Constipation - Hydrastis, Cascara, Iris, Crocus sativa
60. Coryza-Gelsemium, Aconite, Avena sativa
61. Cough-Sticta, Rumex, Senega, Sambucus, Squilla
62. Cracked lips - Condurango
63. Cystitis - Epegia, Cantharis
64. Dandruff - Cochleaxia
65. Deafness - Pulsatilla, Hydrastis
66. Debility - China
67. Debility after gout - Bellis
68. Dementia - Bacopa, Ginkgo, Withania, Cannabis indica
69. Depression, psychological -Cimicifuga, Ginkgo, Ginseng Acid phos 6X, Agnus,
70. Depression, abdominal dysfunction - Iris
71. Depression, due to excessive smoking - Plantago
72. Diarrhoea - China, Pulsatilla, Chaparo, Arundo
73. Dissecting wounds – Echinacea
74. Dropsy-Apis, Apocyanum, Adonis
75. Dyspepsia (Acid) - Robinia, Iris
76. Dysuria - Fabiaba, Cantharis, Apis
77. Earache - Mullein oil, Pulsatilla, Aconite 3X
78. Eczema -Lavender oil, Arbutus
79. Elephantiasis - Hydrocotyle asia
80. Enteritis - China
81. Enuresis - Equisetum
82. Epilepsy - Absinthium, Artemesia oenanthae
83. Erysipelas - Gelsemium, Cantharis
84. Eye inflamed - Aconite, Euphrasia
85. Fever-Aconite, Gels, Baptisia
86. Finger, clubbing – Laurocerasus
87. Flatulence - China
88. Gall stone - Chelidonium
89. Gastralgia - Bismuth
90. Gastric ulcer - Granatum mac
91. Gastritis - Hydrastis, Carduus
92. Gastric disturbance from tea, tobacco - Abies

nigra	121.	Liver Congestion-Carduus, Chelidonium, Hydrastis
93. Glossitis- Apis	122.	Malnutrition-Alfalfa, Avena
94. Gout-Urtica urens, Berb vulgaris	123.	Marasmus- Abrotanum
95. Gravel-Hydrastis, Berb vulgaris, Cantharis	124.	Measles-Gelsemium, Pulsatilla
96. Haematemesis – Hamamelis	125.	Menorrhagia - China, Crocus sat., Tellurium
97. Haematuria - Hamamelis	126.	Menses delayed - Pulsatilla
98. Haemoptysis - Granatum mac	127.	Menstrual flow, promotes - Abroma, Agave, Helleborus
99. Haemorrhages - China, Hamamelis	128.	Migraine - Spigelia Ginkgo, Iris, Lachnanthes, Scutellaria,
100. Haemorrhoids - Hamamelis, Aesculus	129.	Milk in nursing mother, lack of, to promote milk production- Alfalfa, Brassica, Urtica urens, Carduus
101. Hay fever - Ambrosia, Arundo, Sabadilla	130.	Milk, to dry up after weaning – Salvia
102. Headache - Usnea	131.	Miscarriage - Viburnum opul., Aletris
103. Headache - Aconite, Gelsemium	132.	Mountain sickness - Coca
104. Headache sick - Iris, Sanguinaria, Chionanthus	133.	Nephritis - Berb vulg., Cantharis, Apis
105. Heart affection - Cactus, Crataegus, Adonalis, Spartium	134.	Night sweat - China
106. Hectic fever - Baptisia	135.	Obese - Fucus, Phytolacca berry
107. Helitosis - Cascara, Daphne, Eugenia	136.	Oesophagus- Condurango
108. Herpes - Ranunculus bulb., Cantharis	137.	Orchitis - Pulsatilla, Hamamelis
109. House maid's knee - Sticta	138.	Otorrhoea - Pulsatilla, Mullein oil
110. Hydrocephalus – Helleborus	139.	Ovaralgia - Apis, Xanthor
111. Hydrocele - Pulsatilla, Aconite	140.	Ozaenea – Hydrastis
112. Hydrothorax - Ranunculus bulb., Adonis	141.	Pancreatic troubles -Iris, Chionanthus
113. Impotence - Damiana	142.	Perspiration, offensive - Acid tannicum
114. Influenza - Gelsemium	143.	Perspiration, profuse - Jaborandi
115. Insomnia - Avena, Passiflora	144.	Pleurisy - Squilla, Cantharis
116. Jaundice - Chionanthus, China, Chelidonium	145.	Pneumonia - Chelidonium
117. Kidney congestion - Cantharis	146.	Polyuria - Acid phos., Squilla
118. Leprosy - Hydrocotyle	147.	Prostate - Sabal, Pareira
119. Leucorrhoea - Pulsatilla, Hydrastis, Abroma radix, Aletris, Amooro rohitaka, Cynadon	148.	Prostatic discharge, chronic - Damiana
120. Leucorrhoea transparent – Agnus	149.	Prostatic discharge, from tobacco - Daphne

150. Psilosis – Fragaria	month
151. Psoriasis - Acid sulph., Cardiospermum, Berberis aqui., Leucus aspera	160. Stomatitis – Hydrastis
152. Ptyalism – Iris	161. Tonsils - Phytolacca, Guaiacum
153. Purpura-Hamamelis	162. Tumors - Hydrastis
154. Rheumatism - Berberis vulg.	163. Typhoid - Baptisia
155. Ringworm - Azardirachta, Cassia	164. Urticaria - Urtica urens, Apis, Fragaria
156. Sciatica - Ranunculus bulb.	165. Uterine prolapse- Aletris
157. Spleen - Ceanothus	166. Varicose veins - Hamamelis, Aesculus
158. Sterility - Agnus, Damiana	167. Venous stasis - Aesculus
159. Still born, habitual - Cimicifuga from 5th	168. Vitiligo - Ammi visnaga
	169. Warts - Thuja, Sabina, Anagallis

## Advantages of mother tincture

- It is used in most cases of emergency or acute cases where homoeopathic physician required enough time to take out indicated medicine.
- It is used as a palliative medicine for many cases.
- Its action starts within 3-4 minutes & last for several hours
- Mother tinctures are prepared from alcohol so as it is readily absorbed in stomach & intestine.
- It is a very safe type as it has lowest potency than any other medicine. It is a less diluted tincture.
- It is very sure indication with lesser reaction & failure.
- It also helps patient in weaning period of their medication. It helps them to minimize withdrawal symptoms & keep them permanently away from addiction
- e.g :- Lobelia inflata helps them to wean asthmatic medication as it provides support to lung function.
- Mother tincture is also indicated in bruise as a cold compressor.
- It is helpful in preparation of many homoeopathic tonics & external application along with proper homoeopathic medicine internally.

- Mother tincture like Arnica Q , Jaborandi Q , & Camphor Q , are also used to prepare hair oil for special care of hair along with internal use of homoeopathic medicine.
- Mother tincture like calendula are used as antiseptic in wounds cases, it is called as homoeopathic “disinfectant” and it is mostly used with good results.
- These are numerous numbers of mother tinctures so as to select according to each individual case.
- It is useful in any disease is it depends upon symptoms similarity.

## REFERENCES

1. Banerjee Dr. D.D, 2<sup>nd</sup> Edition, 2006, Augmented Textbook Of Homoeopathic Pharmacy, 1921, Street No.10, Chuna Mandi, Paharganj, New Delhi (India), B-Jain Publishers (P) LTD.
2. Boericke William, Boericke’s New Manual Of Homoeopathic Materia Medica With Repertory, 3<sup>rd</sup> Revised & Augmented Edition Based On 9<sup>th</sup> Edition, Noida, U.P, India, B-Jain Publishers (P) Ltd., 2015.
3. Jain Dr. Vinay, 9<sup>th</sup> impression 2020, Mother Tinctures therapeutics & Materia Medica, D-157, Sector-63, Noida-U.P (India) by B. Jain Publishers (P) LTD.
4. Kanodia Dr. K.D & Dr. Abha , 3<sup>rd</sup> impression 2020, Wonder World of Mother Tinctures in Homoeopathy with Therapeutics , D-157, Sector-63, Noida-U.P (India) by B-Jain Publishers (P) LTD.
5. Mandal & Mandal, revised & enlarged second edition, 2011, A textbook of homoeopathic pharmacy, new central book agency (P) Ltd. 8/1 Chintamani das Lane, Kolkata.
6. Sinha Dr. Yadubir, 31<sup>st</sup> impression 2015, Miracles of Mother Tinctures with Therapeutics Hints & Treatment of Disease , 1921/10, Chuna mandi, Paharganj, New Delhi (India) by B-Jain Publishers(P) LTD.

# Understanding the Importance and Impact of Mother Tinctures in Homoeopathic Practice

Dr. Ravi Kumar

PG Scholar, Deptt. of Practice of Medicine, R.B.T.S. Govt.  
Homoeopathic Medical College & Hospital, Muzaffarpur, Bihar

---

### Keywords

Homoeopathy, Mother tincture, Pharmacopoeia, Mother Solution, One-sided disease, Emergency

### Abstract

Mother tinctures are fundamental to homeopathic practice, serving as potent extracts derived from medicinal plants through alcohol-based extraction. These potent solutions form the basis for creating various homeopathic remedies through further dilution and succussion. This article explores the preparation, uses, and significance of mother tinctures in both emergency and routine homeopathic treatments. Mother tinctures provide immediate relief in acute conditions and are invaluable when traditional symptomatic diagnosis is challenging. Despite their effectiveness and popularity, they are often misunderstood. This discussion highlights their role in addressing various health issues, including liver disorders, renal calculi, and hormonal imbalances, while emphasizing the importance of proper dosage and safety precautions. By understanding the versatility and efficacy of mother tinctures, homeopathic practitioners can enhance patient satisfaction and achieve better therapeutic outcomes.

### Introduction <sup>[1, 2, 3]</sup>

Mother tinctures are fundamental components in homeopathic practice, serving as the base extracts from which various potencies of homeopathic medicines are prepared. They are created by ex-

tracting the medicinal properties of plants in an alcoholic solution, ensuring the entire medicinal power of the plant is captured. These tinctures are highly valued for their efficacy in treating a wide range of conditions, particularly in emergency situations where time-sensitive intervention is required.

Mother tinctures are versatile, serving as essential tools for symptomless diagnoses and organic stimulation in acute and chronic conditions. They are particularly effective in treating a wide range of health issues, including asthma, renal and stomach disorders, migraines, jaundice, and more. Specific tinctures like *Chelidonium*, *Hydrastis*, *Nux Vomica*, *Ashwagandha*, *Janosia Ashoka*, and *Boerhaavia* have distinct therapeutic benefits, addressing conditions from liver health to hormonal balance. Understanding mother tinctures is crucial for both practitioners and patients to appreciate their role in homeopathy.

### Preparation of Mother Tinctures <sup>[1,2]</sup>

A mother tincture is an extract of a raw material, such as a plant, mineral, or animal substance, in a solution of alcohol and water. The process involves macerating the raw material in alcohol and water for a specified period, typically several weeks. After this period, the mixture is filtered to obtain a clear liquid that contains the active principles of the raw material.

The preparation of mother tinctures is a meticulous process adhering to stringent guidelines set forth

in pharmacopoeias, such as the Homeopathic Pharmacopoeia of India (HPI), the Homeopathic Pharmacopoeia of the United States (HPUS), and the German Homeopathic Pharmacopoeia (GHP). Here is a general outline of the preparation process:

Preparation of Mother Tinctures:

### Old Method

Classification:

Plant and Animal Sources: Called mother tinctures.

Minerals and Chemicals: Called mother solutions.

### New Method

- **Maceration:** Long process. Uses hard, gummy, and mucilaginous substances.
- **Percolation:** Short process. Uses soft, non-gummy, and non-mucilaginous substances.

### Uses of Mother Tinctures [1, 2, 3, 4, 5]

Mother tinctures serve multiple purposes in homeopathic practice:

1. **Direct Therapeutic Use:** In some cases, mother tinctures are used directly for their therapeutic effects. For example, mother tincture of *Calendula officinalis* is applied topically for its antiseptic and wound-healing properties.
2. **Basis for Potentization:** Mother tinctures are the starting point for creating various potencies of homeopathic remedies. Through a process of serial dilution and succussion, the mother tincture is transformed into potentized remedies such as 6C, 30C, 200C, and higher.
3. **One sided disease:** Mother tinctures are useful for “one-sided diseases,” which have very few symptoms (one or two) and no clear pathological basis. These tinctures can be prescribed based on these few symptoms, making them particularly handy in such cases.
4. **External use:** In the 6th edition of the “Organon of Medicine” (aphorisms 284 and 285), Hahnemann recommended using mother tinctures both internally and externally. The

same remedy can be applied externally as an ointment, liniment, cream, etc., while also being taken internally. External applications often combine two or more mother tinctures in a vehicle (like a cream or lotion) to provide faster relief.

### Guidelines for external application of Mother tinctures<sup>[2, 3, 4]</sup>

Mother tinctures can be used externally in various ways like mixing with olive oil or applying directly based on experience

Sensitivity test and dilution are important for safe application; improper use can cause harm

**Herbal Applications:** Some homeopaths use mother tinctures in herbal applications, employing them in a manner similar to traditional herbal medicine.

### Emergency Situations

Mother tinctures are particularly useful in emergency situations where there is no time to prepare a remedy with higher potencies. They can provide immediate relief for sudden problems or acute conditions. For instance, China mother tincture is known to be effective for conditions like migraine and abdominal colic, making it a valuable tool in urgent care.

### Misunderstandings and Social Media

Despite their wide use and the praise they receive on social media, mother tinctures are often misunderstood. There is a growing trend towards result-oriented treatments using mother tinctures to achieve better patient satisfaction and efficacy. This shift underscores the importance of delivering tangible results to maintain trust and respect in homeopathy practice.

### Symptomless Diagnosis

Mother tinctures can be employed when there are no characteristic symptoms or when common symptoms are present. They are also used for organic stimulation in cases of weak organs or acute conditions. This makes them versatile tools in homeopathic treatment, especially when traditional symptomatic diagnosis is challenging.

## Wide Scope of Homeopathy with Mother Tinctures

Homeopathy, even with limited data, offers a wide scope for treatment through mother tinctures. These tinctures are effective in managing various conditions such as asthma, renal disorders, and stomach disorders. They are particularly beneficial when regular medication fails to work, for instance, in cases of jaundice, gallbladder calculus, anemia, and renal calculi.

### Specific Health Issues <sup>[6, 7, 8, 9, 10]</sup>

Mother tinctures can also address specific health issues:

- **Chelidonium:** Acts as a liver tonic, addressing liver acid, gallbladder stones, increased cholesterol, and gastritis. It also helps with indigestion, bloating, and metabolism.
- **Hydrastis:** Useful for constipation due to liver issues, hard stones, and sinusitis.
- **Nux Vomica:** Effective for nausea, loss of appetite, stomach pain, and emotional distress.
- **Ashwagandha:** Aids in sleep induction, joint pain, arthritis, and skin issues.
- **Janosia Ashoka:** Helps with late periods, painful stomach, and irregular menstrual cycles.
- **Boerhaavia:** Balances hormones, detoxifies, and strengthens ribs.
- **Aconitum napellus (Monkshood):** Used for acute conditions with sudden onset, especially where there is fear and restlessness.
- **Arnica montana (Leopard's Bane):** Applied for trauma, bruises, and muscular soreness.
- **Belladonna (Deadly Nightshade):** Utilized for febrile conditions, with symptoms such as high fever and throbbing pain.
- **Taraxacum:** Useful for chronic kidney and liver disorders, acts as a diuretic without causing potassium loss, and serves as a detoxifier.
- **Calendula officinalis (Marigold):** Known for its wound-healing and antiseptic properties.
- **Echinacea angustifolia (Coneflower):** Used to boost the immune system and treat infections.
- **Sticta Pulmonaria:** Used for bronchial catarrh, coryza, and nervous and rheumatic disturbances.
- **Equisetum Arvense:** Effective for severe, dull pain and a sense of fullness in the bladder not relieved by urination, and severe pain at the end of urination. Also used for anuresis and dysuria.
- **Helianthus Annus:** A remedy for spleen issues, black stool, old catarrh, nasal hemorrhage with thick scabs, and worsened nasal symptoms with heat.
- **Lamium Album:** Treats hard stool with blood and is recommended by Farrington for external piles. Causes uneasiness of mind and body, trembling limbs, and a backward and forward motion of the head.
- **Leptandra:** A mild stimulant useful for liver and gallbladder disorders, particularly in cases of enfeebled portal circulation and jaundice with black tarry stools.
- **Origanum Vulgare:** Treats low sexual desire in females and promotes menstrual flow suppressed by cold.
- **Psoralea Corylifolia:** Used in cases of leprosy and leukoderma.
- **Cynodont Dactylon:** Effective for hematemesis, epistaxis, menorrhagia, dysentery, scabies, dropsy, vesicular calculus, dysuria, and catarrhal ophthalmia. Particularly useful for acute and chronic dysentery with or without blood.
- **Equisetum:** Used for enuresis and dysuria. Symptoms include frequent urination urges, severe pain at the end of urination, urine flow drop by drop, and sharp or cutting pains during urination.
- **Eriodictyon:** Treats cough, asthma, and bronchitis, with symptoms improving by expectoration. Also used for coughs following influenza.

- **Eugenia:** Addresses acne, particularly simple and indurated forms, with painful pimples.
- **Ficus Ciarcia:** Acts as a purgative and soothes coughs with expectoration.
- **Gossypium:** A powerful emmenagogue used for retained placenta and suppressed menstruation.
- **Hydrocotyle Asiatica:** Effective for treating elephantiasis and lupus.
- **Lycopus Virgincus:** Used for goitre treatment.
- **Pareira Brava:** Addresses bladder catarrh, calculus, dysuria, prostate enlargement, and renal colic.
- **Uranium Nitricum:** Useful for diabetes mellitus, duodenal ulcers, and gastric ulcers.

### Dosage and Administration

Mother tinctures should be administered based on specific dosages, typically ranging from one to ten drops in water. Factors such as the temperature of the water can influence the effectiveness of the tincture. It is important to follow guidelines and be aware of potential contraindications, similar to those in allopathic medicine. For example, a common dosage might be 10 drops in lukewarm water, taken three times a day for immediate effect.

### Precautions

**While mother tinctures are beneficial, they should be used with caution**

- Avoid prolonged use.
- Do not administer to pregnant women or small children without professional guidance.
- Conduct a sensitivity test for local applications to prevent adverse reactions.
- Be mindful of contraindications, particularly in patients with conditions like heart disease or diabetes.
- Some toxic mother tinctures should be used with caution and care.
- Standardized data for every mother tincture is not available, so caution and control are necessary when using them.
- Careful selection needed for cancer patients.

### CONCLUSION

Mother tinctures are essential in homeopathy, serving as the primary extracts for creating various potencies of remedies. This article discusses their importance, preparation, and applications. Made by extracting medicinal plants in alcohol, mother tinctures are praised for their potency and quick efficacy, especially in emergencies. Despite their popularity, they are often misunderstood. The article highlights the shift towards result-oriented treatments using mother tinctures to improve patient satisfaction and trust in homeopathy.

Mother tinctures provide immediate relief for various health conditions, but their use requires professional guidance for safety and effectiveness. Understanding and properly using mother tinctures can lead to better patient outcomes and maintain trust in homeopathic practice. The article also covers safe usage, dosage guidelines, and precautions to maximize benefits and minimize risks. Proper administration and awareness of contraindications are crucial for effective and safe treatments, reinforcing the trust essential for homeopathy's success.

### REFERENCES

1. Mandal and Mandal. A textbook of Homeopathic pharmacy 3<sup>rd</sup> edition, New Central Book Agency, 2019, 585.
2. Banerjee KC. Introduction. A Text Book of Homoeopathic Pharmacy Theoretical Oral and Practical for Diploma and Degree courses And Higher Studies And pharmacists, Manufacturers, New ed. Calcutta: progressive Book Forum; 2003.
3. Jain V. Mother Tinctures, Therapeutics & Materia Medica. Gazelle Distribution Trade; 2008.
4. Sinha Y. Miracles of Mother Tinctures, with Therapeutic Hints and Treatment of Diseases, New Delhi; B. Jain Publishers (P) Ltd: 2009
5. Hahnemann S. Organon of Medicine. 5<sup>th</sup> & 6<sup>th</sup> edition combined, New Delhi: B Jain Publishers (P) Ltd;
6. Boericke. W. Pocket Manual of Homoeopathic Materia Medica and Repertory. 12<sup>th</sup> Impression. New Delhi; B. Jain Publishers (P) Ltd
7. Clarke J.H. Dictionary of Practical Materia Medica. Indian Books & Periodicals Pub (31 December 2004), p.1635 pages.
8. Srivastav B.P. Homoeopathic Mother Tincture 4<sup>th</sup>
9. Eurand S.H. physiological Materia Medica of Mother Tinctures 2<sup>nd</sup>
10. Kamal Kansal. The hand book of Homoeopathic Mother Tinctures 2<sup>nd</sup>



---

# Unveiling The Versatility Of Homoeopathic Mother Tinctures

Dr. Vaishali A. Shinde<sup>1</sup>, Dr. Harshvardhan S. Bhosale<sup>1</sup>

Associate Professor, Dept. of Case taking and Repertory, Late Mrs. Housabai Homoeopathic Medical College, Nimshirgaon, Dist-Kolhapur

---

### Keywords

mother tincture, organopathy, one sided diseases, preparation, maceration, percolation, Drainage remedy

### Abstract

This comprehensive article has information about Homoeopathic mother tinctures, exploring their significance, preparation methods, diverse applications, and considerations for use. Originating from the principles of Homoeopathy proven by Dr. Samuel Hahnemann, mother tinctures serve as potent extracts derived from natural sources such as plants, minerals, and animal substances.

### Introduction

The mother tinctures are a decoction prepared from the source drug containing all the therapeutic properties of the drug. Different drugs are prepared from different methods as guided by Dr. Hahnemann. The word mother tincture is named so because different potencies are prepared from it. There has always been a conflict about including the concept of mother tincture in the system of Homoeopathy but nobody has been able to deny the efficacy of mother tincture in Homoeopathic practice.

**Definition-** It is a solution, pharmaceutically prepared from a drug substance of vegetable and animal kingdom by the process of immersion,

maceration and percolation using a suitable menstruum, in a definite proportion as per pharmacopoeia.

According to W. A. Dewey, "The strongest liquid preparation of drugs used in Homoeopathy and made by macerating or dissolving the drug proportions of it in alcohol or water.

It is denoted as Q. It is originator of corresponding potency of the drug.

Preparation of mother tincture

Hahnemann's method involved meticulous experimentation and observation. He discovered that the efficacy of remedies increased with successive dilutions and succussions, a process now known as potentization. Mother tinctures serve as the primary extracts from which these potentized remedies are derived, making them foundational to Homeopathic practice.

The preparation of mother tinctures is a precise and methodical process. It involves several steps to ensure the purity and potency of the final product. Mother tinctures are prepared by immersing the drug substance of the animal and vegetable kingdom in strong alcohol.

**Old method:** In this method, the mother tincture is classified according to source solubility and the moisture content of the drug substance. Dr. Hahnemann classified the drugs obtained from vegetable and animal kingdom for the preparation into four classes, depending upon their juicy

content.

**Class I-** most juicy plants

**Class II-** medium juicy

**Class III-** least juicy plants

**Class IV-** dried vegetable and animal substances and also from fresh animals.

**New method:** A.H.P and B.H.P. introduced the new method of preparation i.e. by Maceration and Percolation.

1. **Maceration:** The raw material is soaked in a mixture of alcohol and water, typically in a 1:10 ratio, for a specified period (usually two to four weeks). This allows the active constituents to be extracted into the solvent.
2. **Percolation:** After maceration, the mixture is filtered to separate the liquid extract, which is the mother tincture, from the solid residue.

Uses of Mother Tincture

- **Maintaining advanced pathological cases:** Mother tincture is useful in advanced pathological cases to avoid the dreadful aggravation of constitutional medicine. If a deep-acting medicine is given in advance pathological cases it may apt to aggravate and succumb the patient.
- **Drug dependent cases/organopathy:** the utility of mother tincture in those cases where the patient is dependent on allopathic drugs like anti-allergic, steroids, anti-diabetic, insulin, and anti-hypertension cannot be ignored these cases the homeopathic mother tincture will cease the dependency on the allopathic drug and the constitution of the patient is also reflected and constitutional remedy can be prescribed accordingly to cure the disease.
- **One-sided disease:** Since the mother tincture can be prescribed easily on the basis of few symptoms thus it is useful in cases of one-sided disease. The one-sided diseases are those diseases with a scarcity of symptoms [having one or two symptoms only] without any pathological basis.
- **Management of a patient who is on constitutional treatment:** Mother tincture is also used to meet the accessory symptom produced in the patient who is on constitutional treatment without disturbing the action of the constitutional remedy. During the treatment of chronic disease, the patient may experience episodes of an acute attack of the disease which is successfully met by homeopathic mother tinctures. Since the mother tincture has a very superficial action thus will not disturb the dynamic action of the remedy.
- **To increase the function of an organ:** In advanced pathological cases the stress on the organ is increased in multiple folds to decrease the stress and to increase the nutrition and the functioning of the mother tincture has the best applicability.
- **Nutritional uses:** Few mother tinctures have decided to influence the system by providing nutrition, relieving deficiency, and associated symptomatology. For instance, Alfalfa favorably influences nutrition evidenced in the toning of the appetite and digestion resulting in great physical and mental Vigor with gaining in weight.
- **External uses:** Hahnemann himself advocated the use of mother tincture in his 6th edition of Organon of Medicine {aphorism 284, 285} that the curative remedy should also be continued internally while the same remedy is used externally as an ointment, liniment, create, etc. Examples: Calendula: in injury, acid Chrysarobium: in ringworm, etc.
- **To increase the vitality of the patient:** In a few cases, the vitality of the patient is too weak to respond to the dynamic medicines, in such cases the mother tinctures come to the rescue by increasing the vitality, providing substantial nutrition and thus preparing the ground for the dynamic medicine to act.
- **Drainage remedy:** Once the deep constitutional remedy is administered to the patient the remedial effect of the constitutional medicine rapidly removes the toxins into the

system. Here the mother tincture acts as a complementary to the constitutional remedy helping the body to eliminate the toxins from the system resulting in decreased toxic loads. Here, this action of the mother tincture is drainage action and the indicated mother tincture becomes the drainage remedy.

### Limitations

- **Medicinal poisoning:** Since the mother tincture is a pure extract of the crude drug, excessive repetition may develop alkaloid poisoning.
- **Masking of a symptom:** Few physicians use the mother tincture just to relieve the annoying symptoms resulting in an altered constitutional picture thus the selection of a similimum isn't possible.
- **No curative effect:** The action of mother tincture is superficial and thus has only a therapeutic effect on a patient. Physicians must not expect the cure from mother tincture.

### Commonly Used Mother Tinctures

- **Adonis vernalis-** A heart medicine. After rheumatism or influenza, cardiac dropsy, pulse irregular. It regulates pulse, increases the power of contraction of heart and increases urine output. Precordial pain, palpitation and dyspnea, mitral and aortic regurgitation. Pericarditis with effusion.
- **Aesculus hippocastanum-** Marked action on rectum- hemorrhoids, dry aching in anus with sensation as if full of sticks. Anus raw much pain after stool with prolapsed piles, blind and bleeding.
- **Agnus castus-** Acts on sexual organs, bad effects of sexual abuse, h/o repeated gonorrhoea. Bad effects of sexual abuse. Impotence, parts relaxed, cold, loss of desire, scanty emission without ejaculation. Also in female's scanty menses, abhorrence of sexual intercourse, relaxed genitals with leucorrhoea. Sterility.
- **Alfalfa-** It favorably influence nutrition. Improves appetite and digestion resulting in greatly improved mental and physical vigour, with weight gain. Acts as fat producer, corrects tissue wasting. Increases lactation in nursing mother.
- **Amyl nitrosum-** Greatly acts on circulatory system as it rapidly dilates all arterioles and capillaries hence useful in Angina Pectoris, epileptic seizures, migraine, paroxysms of asthma, chloroform asphyxia etc. its inhalation relieves paroxysms. In menopausal syndrome, sudden flushing, surging of blood to head and face, followed by profuse sweating.
- **Apis mellifica-** Dropsy, puffiness of various parts, oedema, red hue with stinging pains, soreness, intolerance heat and slightest touch. Anasarca. Kidney inflammation, leading to dropsically condition, urine suppressed, frequent and involuntary, loaded with caste. Scanty urine with stinging and strangury. Last drop burn and smart.
- **Ashwagandha** – Great mental tonic. Loss of memory, difficult concentration. For students who are not able to concentrate on studies and difficult to retain in memory. Sexual debility, spermatorrhoea, premature ejaculation, sterility, leucorrhoea, menstrual disorders.
- **Bacopa mounieri-** Anxiety, improving mental capacity, alertness, higher capability for grasping, and retaining learning.
- **Berberis Vulgaris** – Burning pains urine with thick mucus and bright red sediment, pain in thighs and loins on urinating in renal calculi. Arthritic affection with urinary disturbances
- **Cactus grandiflorus-** Heart tonic Heart weakness due to arteriosclerosis, tobacco heart, angina pectoris, with suffocation, cold sweat, the characteristic iron band feeling. Low blood pressure
- **Carica papaya-** Intolerance of milk, dyspepsia, enlarged spleen and liver with fever.
- **Cardus marianus-** Gallstone with enlarged liver, alcoholic cirrhosis with ascites, bleeding pile, profuse diarrhea due to Ca-rectum.
- **Cephalandra indica-** Diabetes mellitus and

insipidus, chronic fever with burning pains. Poisonous boils, carbuncles and abscesses.

- *Chelidonium majus*- Enlarged liver, jaundice due to hepatic and gall bladder obstruction. Anorexia, bitter taste, foul breath, gall stone colic.
- *Chimaphila*- Gonorrhoea, jaundice, nephritis, prostatitis, urinary disorders, chronic alcoholism, D.M. , unable to urinate without standing with feet wide apart and body forward inclined.
- *Gymnema sylvestre*- Diabetes mellitus, urine is loaded with sugar, copious urine with weakness, burning and boils, carbuncles, diabetic burns.
- *Hamamelis*-Varicose veins, hemorrhoids, bleeding tendency, profuse menses
- *Passiflora*- Insomnia, convulsions in children, worm fever, teething trouble, whooping cough, tetanus, hysteria, puerperal convulsions.
- *Phytolacca decandra*- Obesity.
- *Rauwolfia serpentina*-Hypertension, sedative, maniacal symptoms due to hypertension. Atherosclerotic changes.
- *Sarsaparilla*- Renal Colic with severe pain at conclusion of urination urine dribbles while setting, pains from right kidney downwards
- *Syzygium*-
- Diabetes mellitus, reduces urine sugar, polyuria, great thirst, weakness and emaciation.

### Precautions during prescribing

While homeopathic mother tinctures are generally safe, it is essential to use them correctly. Proper usage involves careful consideration of dosage, potential interactions, and individual health conditions.

**Correct Dosage:** It is crucial to follow the prescribed dosage to avoid any potential adverse effects. Homeopathic practitioners determine the appropriate dosage based on the patient's

condition, age, and overall health.

**Awareness of Symptoms:** Patients should be vigilant about any changes in symptoms and report them to their practitioner. This feedback helps the homeopath assess the effectiveness of the treatment and make any necessary modifications.

**Possible Interactions:** Although rare, interactions between homeopathic remedies and conventional medications can occur. It is essential to inform the homeopath of any ongoing treatments or medications to ensure safe and effective use of mother tinctures.

## CONCLUSION

Homeopathic mother tinctures represent a powerful and versatile component of homeopathic medicine. Their ability to address a wide range of health issues with minimal side effects makes them a valuable alternative to conventional treatments. The meticulous preparation process ensures the purity and potency of these remedies, while the holistic approach of Homeopathic aims to restore balance and promote overall health.

## REFERENCES

1. Hahnemann, S. (1995). Organon of Medicine (6th ed.). New Delhi: B. Jain Publishers.
2. Murphy, R. (2005). Lotus Materia Medica. Kolkata: B. Jain Publishers.
3. Boericke, W. (2004). Pocket Manual of Homeopathic Materia Medica & Repertory. New Delhi: B. Jain Publishers.
4. Indian Pharmacopoeia Commission. (2018). Indian Pharmacopoeia (IP 2018), Vol. III. Ghaziabad: Indian Pharmacopoeia Commission. Verse 9-11. New Delhi: Chaukhamba Sanskrit Pratishthan.
5. Jain, N. (2010). Textbook of Homeopathic Pharmacy. New Delhi: B. Jain Publishers.
6. World Health Organization. (2019). WHO Global Report on Traditional and Complementary Medicine 2019. Geneva: World Health Organization.
7. Kamal Kansal. The Handbook of Homeopathic mother tinctures. (2007) IPPB, New Delhi
8. D.D. Bannerger. Augmented textbook of Homeopathic pharmacy (2005) New Delhi: B. Jain Publishers.
9. P.P.Mandal, Textbook of Homeopathic pharmacy, NCBA (1994) new central book agency, Kolkata
10. Dr. Sumit Goel, Art and Science of Homeopathic Pharmacy, (2007) IPPB, New Delhi

# Wonders of Mother Tincture in Homoeopathy

Dr Khirod Bisoi<sup>1</sup> Dr Pratibha Kumari<sup>1</sup> Dr Sanam Doli<sup>1</sup>

<sup>1</sup>P.G. Scholar, Department Of Practice Of Medicine, R.B.T.S. Govt. H.M.C.H, Muzaffarpur, Bihar

---

## Keywords

mother tincture, Homeopathy

## Abstract

A mother tincture is a liquid preparation resulting from the extract of a suitable source, namely from a plant or animal substance material with alcohol or water mixture within a specific ratio. It is the precursor of a corresponding potency of a drug. Mother tincture have very fast action and they remain effective for a long time. This makes them quite popular among people. This article highlights the wonderful uses of mother tincture in commonly encountered diseases and harmful effects of mother tincture in homoeopathy.

## Abbreviations

Q- mother tincture, MT- Mother tincture.

## Introduction

Mother tincture is a pharmaceutically produced medicine made from plants and animals. It is made by immersing, macerating, and percolating strong alcohol as a vehicle. It is denoted as 'Q' or 'MT'. It is the first stage in the preparation of a remedy dilution. Mother tinctures are given orally and topically both in diluted and undiluted forms. The drug's active ingredients are present in the mother tinctures. In the case of plant-based medications, mother tinctures include phytochemicals such as glycosides, alkaloids, plant enzymes, and others. In the case of animals, they include complex organic compounds; in the case of pharmaceuticals derived from chemical sources, they contain active chemicals. When administered in large quantities, certain active

ingredients can be harmful. Thus, before utilizing mother tinctures as medicine, it is crucial to understand their hazardous properties. It has been discovered that mother tinctures work well for momentary or emergency relief. They don't offer a permanent or long-lasting treatment for any illness.<sup>[1,2]</sup>

## Historical Support for Use of Mother Tinctures

- *Cinchona officinalis* Q, created by Master Hahnemann in 1790, is the first homoeopathic medication. Dr Hahnemann himself advocated the use of Mother Tinctures in his Organon of Medicine 6<sup>th</sup> Edition in Footnote to Aphorism 282 that figwarts sometimes require external application of specific medicine along with internal administration of the medicine.<sup>[3]</sup>
- In 1808, he suggested that a single drop of tincture of *Arnica montana* root will often remove the fever, bilious taste, and all tormina within a couple of hours.<sup>[4]</sup>
- Hahnemann recommended a washerwoman to take a drop of pure *Bryonia alba* root juice in 1815. Another patient received a heavy dose of *Pulsatilla nigricans* Q from Master the same year for dyspepsia.<sup>[4]</sup>
- Hahnemann suggests administering a drop of the original *Causticum* and *Guaiacum* combination as a drop of mother tincture in the second volume of *Materia Medica Pura*, which was published in 1816. The smallest part of a drop of juice to be given in cases of *Euphrasia officinalis*, *Menyanthes trifoliata* and *Sambucus nigra* Q.<sup>[4]</sup>
- In sixth volume of *Materia Medica Pura* (1821), Hahnemann has advised the use of *Spongia*

*tosta* Q for goitre.<sup>[4]</sup>

- In *Chronic Diseases*, Master has mentioned the use of *Thuja occidentalis* Q to be applied for inveterate figwarts.<sup>[5]</sup> Hahnemann recommended giving one drop of fresh parsley juice for common gonorrhoea and frequent desire to urinate.<sup>[5]</sup>

### Difference between Mother tincture and potency

The mother tincture is used to prepare the majority of the potencies or dilutions. As a result, one part of a drug's mother tincture and nine or ninety-nine parts of distilled water and alcohol mixture are combined to create the first strength. It is also evident that mother tincture primarily functions on a physiological level. As a result, it can quickly reduce symptoms but might not be able to fully treat the illness. Conversely, potentized medicine functions at the dynamic level and has the ability to permanently treat illnesses.

### Uses of Mother Tincture

The Mother tinctures are beneficial in treating various health problems related to

- **Indigestion:** For indigestion in homoeopathy some common mother tinctures include *Robinia pseudacacia* with sour eructation and sour discharges, *Carica papaya* for persons with loss of appetite and cannot digest meat and milk with lientery stool. Mother tinctures like *Cinchona officinalis*, *Lobelia inflata*, *Aegle marmelos* are very useful in cases of indigestion. *Mutha* is a great tonic for digestive system.<sup>[6]</sup>
- **Asthma:** Homoeopathic mother tinctures like *Blatta orientalis*, *Aralia racemose*, *Pothos foetidus*, *Grindelia robusta*, *Aspidosperma* not only alleviate the symptoms of asthma but also prevent recurrence of asthma. *Caladium seguinum* is useful in asthma patient where patient is afraid to go to sleep. *Euphorbia Pilulifera* is known to have cured desperate cases of asthma.<sup>[6]</sup>
- **Cough:** Homoeopathic mother tinctures are often used in cough treatment to alleviate the symptoms by relieving throat irritation, reducing inflammation of tonsil and clearing respiratory airways. Mother tinctures like *Justicia adhatoda*, *Sticta Pulmonaria*, *Rumex crispus*, *Cassia sophera*, *Senega* and *Ocimum sanctum*, *Eriodictyon californicum*, *Myosotis* are used to treat various types of respiratory tract problems. *Makardhwaja* is a valuable remedy in spasmodic cough with aggravation at night. *Mentha piperita* is indicated in cases dry cough worse from air into larynx, talking and tobacco smoke with irritation on suprasternal fossa.<sup>[6]</sup>
- **Overweight:** The mother tincture made from *Phytolacca berry* works wonders for controlling weight. It has been observed to quicken the body's metabolic rate. This facilitates the burning of extra body fat. Mother Tinctures like *Gracinia cambogia* and *Fucus vesiculosus* also very effective in aiding weight loss. *Fucus vesiculosus* is a wonderful remedy for obesity. It increases the rapidity of digestion.<sup>[6]</sup>
- **Impotency:** Homoeopathic Mother tinctures is often considered by some individuals as an alternative approach to treating various conditions like erectile dysfunction and impotency. Medicines like *Damiana* is used for sexual neurasthenia, *Nuphar luteum* and *Caladium seguinum* for impotency with spermatorrhoea, *Aswagandha* and *Yohimbinum* can be used as an aphrodisiac in physiological doses. *Salix nigra* treats spermatorrhoea after masturbation. *Senecio aureus* corrects involuntary emission with lascivious dreams.<sup>[6]</sup>
- **Leucorrhoea:** In the context of leucorrhoea in homoeopathy, mother tinctures can be effectively used to address the issue. Here are some mother tinctures that can be used in cases of leucorrhoea are *Aletris farinosa*-leucorrhoea in cases of weak and anaemic girls, *Hydrastis canadensis* and *Viburnum Opulus* mother tincture for acrid, corroding, shreddy and tenacious leucorrhoea which gets worse after menses. *Thlaspi bursa pastoris* and *Abroma augusta* are also found to be equally effective in cases of leucorrhoea.<sup>[6]</sup>
- **Arthritis:** Homoeopathy is often used as a complementary and alternative therapy for arthritis. Mother tinctures can manage the symptoms of pain and inflammation very easily. *Guaiacum officinale* mother tincture

acts marvellously on fibrous tissue and very valuable in acute rheumatism. *Gaultheria procumbens* Q has a wonderful action in cases of inflammatory arthritis, sciatica and other neuralgic pains. *Hymosa* Q is indicated in cases of acute and chronic arthritis where it diminishes pain and cures the inflammation of joints. *Urtica Urens* mother tincture can be given for rheumatism patients associated with urticaria. Various mother tincture like *Sticta pulmonaria* for rheumatism of shoulder, *Lachnantes tinctoria* for rheumatism of neck, *Actaea spicata* for rheumatism of wrist and small joints are commonly prescribed.<sup>[6]</sup>

- **Alcoholism:** Mother tincture of *Spiritus Glandium Quercus* antidotes the effects of alcohol and reduces the craving of alcohol. *Sterculia Acuminata* mother tincture also decreases the craving for alcohol. *Stropanthus hispidus* Q diminishes the desire for alcohol surely but slowly. *Asarum Europaeum* and *Avena sativa* mother tinctures are also indicated in alcohol addiction.<sup>[6]</sup>
- **Hair fall and dandruff:** The preparation of mother tincture from *Cochlearia armoracia*, *Chrysophanicum acidum* or *Badiaga*, aids in the relief of scalp irritation and dryness. As a result, it is discovered that they work well to treat dandruff. These two tinctures are applied externally to scalps prone to dandruff and hair fall. *Ceanothus americanus* can be applied locally on the scalp as a hair tonic.<sup>[6]</sup>
- **Elevated Blood Pressure:** The mother tincture made from *Crataegus oxyacantha* and *Rauwolfia serpentina* is useful for controlling blood pressure. When taken twice daily after meals in a glass of water, they have been demonstrated to be useful in maintaining normal blood pressure levels. *Spartium scoparium* lowers the blood pressure within thirty minutes by relieving the cardiac distress if present in cases of tobacco smokers. *Lycopus Virginicus* lowers the blood pressure, reduces the heart rate and increases length of systole to a great degree.<sup>[6]</sup>
- **Acne:** Acne can be effectively treated with mother tinctures made from *Chrysarobinum*, *Echinacea angustifolia*, and *Berberis aquifolium*. They are helpful in relieving skin irritation.

They are used topically to skin that is prone to acne. *Eugenia Jambos* is effective in cases of acne rosacea and pimples that are painful for some distance around. *Asterias rubens* is used in cases of adolescents who has a disposition to pimples on side of nose, chin and mouth. *Juglans regia* and *Nux juglans* has excellent action in cases of comedones and acne of the face.<sup>[6]</sup>

- **Baldness or alopecia:** Baldness can be reversed with the use of a mother tincture made from *Jaborandi*. It is frequently administered to the scalp after being combined with hair oils. It is a good hair restorer and blackens white hair. Mother tincture of *Amlaki* is used for baldness and greying of hair.<sup>[6]</sup>
- **Haemorrhoids:** Specific mother tinctures like *Hamamelis virginica*, *Millefolium* and *Aesculus hippocastanum* can be recommended depending on individual symptoms and constitution. Haemorrhoidal pains like those that of anal fissures with constricting pains worse few hours after stools then *Sedum acre* mother tinctures can be prescribed. *Paeonia officinalis* Q is recommended for haemorrhoids, anal fissures with atrocious pains after each stool.<sup>[6]</sup> *Negundium americana* Q has a wonderful action in cases of haemorrhoids with severe pain and constipation.
- **Burns and Scalds :** Burns and scalds can be effectively treated using mother tinctures made from *Momordica balsamica*, *Cantharis vesicatoria*, and *Apis mellifica*. They aid in easing the burning and stinging feeling in the skin that is impacted. These mother tinctures are applied externally to burnt and scalded skin.
- **Prostate Enlargement:** *Sabal serrulate* mother tincture is a wonderful remedy for prostate enlargement. The patients requiring *Chimaphila Umbellata* will present with loss of prostatic fluid, prostatic enlargement and rotation. *Tribulus terrestris* Q and *Populus Tremuloides* Q also works wonderfully in cases of prostatitis.<sup>[6]</sup>
- **Liver complaints:** *Chelidonium majus* and *Cardus marianus* are very effective against both

acute and chronic liver complaints of various origin. *Berberis Vulgaris Q* is very useful in hepatic disorders associated with jaundice.

- **Injuries:** *Arnica montana*, *Symphytum officinale*, *Bellis perennis*, *Calendula officinalis*, *Hypericum perforatum* mother tincture etc are very useful to the patients in cases of various injuries and blunt trauma. Mother tincture is often recommended as a cold compress for bruises.
- **Diabetes:** Mother tinctures like *Syzygium jambolanum*, *Gymnema sylvestre*, *Cephalandra indica*, *Abroma augusta* are most useful remedy in diabetes mellitus. No other remedy causes so marked diminution and disappearance of sugar in the urine like *Syzygium jambolanum*.<sup>[6]</sup>
- **Renal Colic:** In cases of various types of Renal stones presenting with symptoms of renal colic, pain in flanks, pain along the ureter, pain in groin can be managed miraculously with homeopathy. Mother tinctures like *Hydrangea arborescens*, *Berberis vulgaris*, *Ocimum canum*, *Pareira brava* are quite effective in these cases.<sup>[6]</sup>
- **Worms:** Worms are the common manifestation presented in children. Various types of Worms like pinworms, roundworms, threadworms can be eliminated using Mother tinctures. Mother Tinctures like *Chelone glabra*, *Embelia ribes*, *Thymolum*, *Andrographis paniculata* has anti-helminthic indications and improves appetite in children. *Santoninum* has unquestioned value in the treatment of worms especially ascaris and threadworms. *Clerodendron infortunatum* is useful in worms of children with foamy, watery, diarrhoeic stools. *Vernonia anthelmintica* has a remarkable anti-helminthic property. It is distinctly effective in threadworm infections.<sup>[6]</sup>

### Practical benefits of Mother Tincture

Mother tincture helps patient in weaning period of their medication. It aids in reducing the severity of withdrawal symptoms and keeps them away from addictions indefinitely. For example- *Lobelia Inflata* supports lung function, it aids in the weaning of asthmatic medication users.

Together with appropriate homeopathic

medication used orally, it is useful in the production of numerous homeopathic tonics and external applications. (Aphorism No. 284 states. In addition to internal medications, several mother tinctures, such as *Calendula officinalis* and *Cantharis Vesicatoria*, are used as first aid for burns and other external injuries.

In advanced diseases, higher potency of indicated drug or the constitutional drug does not

work, and incurable ones requiring palliative treatment, as in Kent's 7th observation. Useful in acute and gross pathological conditions.

It is typically utilized in urgent or severe situations when a homeopathic doctor needs enough time to extract the recommended medication. (Acute abdominal pain, dysmenorrhea, blood pressure, acute stone pain) It is frequently used as a palliative medication. Compared to medications, it acts fairly quickly. Its effects begin to manifest in 3–4 minutes and last for several hours. Mother tinctures are made using alcohol, which the stomach and intestines can easily absorb. Because it has the lowest potency of any medication, it is an extremely safe type. It is a tincture that is less dilute. With minimal reaction and failure, it is a fairly reliable indicator.

### Harmful Effects of Mother Tincture

Mother Tinctures may sometimes produce unwanted symptoms when prescribed in unsuitable doses for a long time. So Hahnemann in Aphorism 275, 276 warns the physician about too strong doses of medicines. He says that too strong a dose of well selected medicine is injurious and produces too strong an impression because it attacks on the same disease part of the organism which are most sensitive and most affected by natural disease. Large dose of well selected medicine is harmful than an equal quantity of un-homeopathic medicine. Large dose of well selected homeopathic medicine extinguishes natural disease but produces similar and more violent medicinal disease which is most difficult to destroy. For example -large dose of *Mercury* for syphilis produce incurable mercurial malady and large dose of Peruvian bark causes chronic China malady. In both Cases a suitable homeopathic antidote is hard to find.<sup>[3]</sup>



The drug's active ingredients are present in the mother tinctures. In the case of plant-based medications, mother tinctures include phytochemicals such as glycosides, alkaloids, plant enzymes, and others. In the case of animals, they include complex organic compounds; in the case of pharmaceuticals derived from chemical sources, they contain active chemicals. When administered in large quantities, certain active ingredients can be harmful. Thus, before utilizing mother tinctures as medicine, it is crucial to understand their hazardous properties. It has been discovered that mother tinctures work well for momentary or emergency relief. They don't offer a permanent or long-lasting treatment for any illness. Tinctures are shown to cause pathological symptoms in patients when used over extended periods of time.

## CONCLUSION

The regular application of mother tincture in clinical practice has long been questioned. It has been applied to the palliation of several incurable illnesses in addition to acute and chronic instances. Its efficacy and effectiveness have been demonstrated in multiple clinical trials. Their versatility, rapid action, patient tolerance and personalised approach make them a valuable addition to the toolkit of medical professionals. The present scenario regarding use of mother

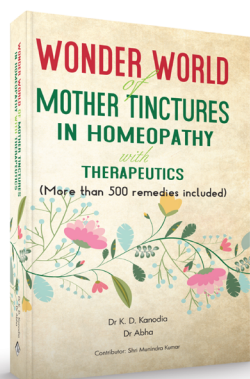
tincture in practice is considered as a shame by a few contemporary homoeopaths, although the reality is that all have started their career with use of tinctures and clinical tips. Mother tinctures should not be given carelessly in all situations, but when used wisely, they can help treat a variety of ailments. Totality of symptoms will solely guide in selection of the similimum for the case. But why don't we use the resources available to us within our own system in cases where constitutional medicine is unable to help? This method is far superior than illicitly utilizing medications from other systems.

## REFERENCES

1. Goel S. Art and science of homoeopathic pharmacy. 2nd enlarged and revised ed. IBPP; 2007.
2. Mandal PP, Mandal B. A Textbook of Homoeopathic Pharmacy. 3rd revised reprinted ed. Howrah. New Central Book Agency (P) Ltd.; 2017.
3. Hahnemann S. Organon of Medicine, translated from the 5th edition, with an appendix by R.E.Dudgeon with additions and alterations as per 6th edition translated by William Boericke, and Introduction by James Krauss. New Delhi: B.Jain Publishers. 2013.
4. Bradford TL. The Life and Letters of Dr. Samuel Hahnemann. 7th Impression. New Delhi: B.Jain Publishers. 2016.
5. Hahnemann S. The Chronic Diseases, their peculiar nature and their homoeopathic cure. 16th Impression. New Delhi: B.Jain Publishers. 2017.
6. Boericke W. Pocket Manual of Homoeopathic Materia Medica and Repertory. Reprinted. New Delhi: B.Jain Publishers. 2006.
7. Sharma A. Homoeopathy Mother Tincture: Uses and side effects. Noida: Dr.Willmar Schwabe India Pvt. Ltd. 2022.



## Wonder World Of Mother Tinctures in Homeopathy With Therapeutics



ISBN : - 9788131962466

- ▶ **Materia Medica of more than 500 Mother Tinctures** - The book is a voluminous work presenting more than 500 mother tinctures at one place
- ▶ **Special Chapters** - Additional chapters on topics, like - Instant distress redeemers in mother tinctures, clinical hits, minute and delicate comparisons, rare secrets add weightage to this work.
- ▶ **Perfect catalogue of Tinctures** - The book provides detailed information about Homoeopathic Mother tinctures and is perfect to include in clinical practice without undermining the classical Homoeopathic prescription

# A Study To Enlighten The Scope Of Tinctures In Homoeopathy

Dr. Rakhi<sup>1</sup> Dr. Amanpreet Kaur<sup>2</sup>

<sup>1</sup>BHMS, MD (Med.), (Hom.), Phd (Sch.), Assistant professor, Department of Human Physiology and Biochemistry, Homoeopathic medical college and hospital, Sector-26, Chandigarh

<sup>2</sup>BHMS, MD (Hom.), Assistant professor, Department of Gynaecology and obstetrics, Homoeopathic medical college and hospital, Sector-26, Chandigarh

## Keywords

Tinctures, Homoeopathy, Maceration, Homoeopathic Remedies and External applications.

## Abstract

Tinctures are concentrated liquid extracts derived from raw materials such as plants, minerals or animal substances prepared through maceration in alcohol or water for specific period then diluting and succussing the mixture. Tinctures are used for the preparation of various potencies of homoeopathic remedies. Abbreviation for tincture used in homoeopathy are “Q” or “MT”. Tinctures are given internally and externally in diluted form<sup>1</sup>. Tinctures have proved efficacious in acute cases. Tinctures can be used as a palliative medicine. They are also used in creams or in liquid form for external applications.

## Introduction

Tinctures are potent liquid extracts derived from plant, animal and mineral kingdoms, diluted in alcohol or water<sup>2</sup>. Tinctures are prepared according to the guidelines given in homoeopathic pharmacopoeia. The majority of the potencies and dilutions are prepared from the mother tincture. First potency is prepared by mixing 1 part of the tincture and 99 parts of the distilled water and alcohol mixture<sup>3</sup>. Tinctures acts at the physiological level. Hence they are capable of bringing fast

relief of the symptoms but not completely cure the disease. Mother tinctures are needed where the organs have deteriorated due to pathological changes.

## Scope Of Tinctures In Homoeopathy

1. Primary source for remedies – Tinctures are known as mother tinctures are used for preparation of homoeopathic remedies. Tinctures are derived from plant, mineral and animal sources through a process of extraction using water and alcohol.<sup>4</sup> The tinctures are then diluted and succussed to create different potencies of homoeopathic medicines.
2. Topical applications – Tinctures are used topically for treating skin conditions. For example – Calendula officinalis tincture used in injury, Acid chrysarobinum tincture used in ringworm<sup>1</sup>.
3. Versatility in treatment – Tinctures can be used to treat conditions such as digestive disorders, respiratory illness and skin diseases<sup>2</sup>. The scope of tinctures in homoeopathy is vast because they can be prepared from a wide variety of natural substances and have diverse range of therapeutic applications.
4. Direct therapeutic use – Tinctures can be prescribed for their therapeutic effects. Tinctures are helpful in acute and chronic

conditions<sup>1</sup>.

5. Maintaining advanced pathological cases – Tinctures are useful in advanced pathological cases. As the deep acting medicine is given in advance pathological cases may aggravate the patient<sup>2</sup>.
6. Useful in drug dependent cases – The utility of tincture in those cases, patient is dependent on allopathic drugs like anti-allergic, steroids, anti-diabetic, insulin and anti hypertension.<sup>2</sup> Tinctures will cease the dependency on the allopathic drug and the constitution of the patient is also reflected and constitutional remedy can be prescribed accordingly to cure the disease.
7. One sided disease – Tincture can be prescribed easily on the basis of very few symptoms, thus it is useful in cases of one sided disease.
8. To increase the vitality of the patient – In a few cases the vitality of the patient is weak to respond the dynamic medicines, in such cases the tinctures improve the vitality of patient and thus prepare the ground for the dynamic medicine to act.
9. Nutritional uses – Few tinctures influence the body by providing the nutrition. For example – Alfalfa tincture improve appetite and digestion.
10. Management of a patient on constitutional treatment – Tincture has superficial action will not disturb the dynamic action of the remedy. Tincture acts on accessory symptom produced in the patient on constitutional treatment without disturbing the action of the constitutional remedy.<sup>5</sup> During treatment of chronic disease, the patient may experience episodes of acute attack of the disease treated by tinctures.

### Commonly Used Tinctures In Homoeopathy <sup>1,2,3</sup>

1. Arnica montana – Used for trauma, bruises and muscle pain.
2. Acalypha indica – Cough with bloody

expectoration, hemoptysis, rectal bleeding<sup>2</sup>

3. Adonis vernalis – Regulates pulse, increase power of cardiac contraction, increases urine output, cardiac dropsy, mitral and aortic regurgitation.<sup>1</sup>
4. Aletris farinosa – Leucorrhoea in tired anemic females, Uterine prolapse and discharge, weakness with discharge, weakness with indigestion, abortion<sup>2</sup>
5. Alfalfa – Increases appetite, weakness and malnutrition<sup>1</sup>
6. Allium sativa – High cholesterol, hypertension, cough with difficult expectoration
7. Ammi visnaga – Externally on leucoderma
8. Apocyanum – Dropsy, ascites, hydrocephalus, renal dropsy
9. Aralia racemosa – Asthma with cough on lying down, frequent sneezing
10. Avena sativa – Weakness, bad effects of alcoholism, induces sleep<sup>1</sup>
11. Belladonna – It is used for fever, inflammation and acute illnesses.<sup>1</sup>
12. Baptisia tinctoria – Fever with muscle soreness, tonsillitis
13. Bellis perennis – Muscle soreness, injuries to deep tissues<sup>2</sup>
14. Berberis vulgaris – Renal stones, burning urination, gall bladder stones, joint pains, gouty pains, lumbago<sup>2</sup>
15. Berberis aquifolium – Acne, psoriasis
16. Boerhaavia – Asthma, dropsy, hypertension, ascites due to cirrhosis, rheumatic pains
17. Brahmi – Impaired memory, nerve tonic, external for hair growth and dandruff
18. Calendula officinalis – Promotes healing of cuts, burns and skin diseases
19. Cephalandra indica – Diabetes mellitus, burning all over body, boils and carbuncles,

- loss of appetite, profuse urination
20. *Chelidonium majus* – Jaundice, liver failure, gall bladder diseases<sup>1</sup>
  21. *Chinonanthus latifolia* – Diabetes, liver diseases
  22. *Collinsonia* – Constipation, bleeding piles
  23. *Cochelearia armoracia* - Externally for dandruff
  24. *Damiana* – Spermatorrhoea, impotency<sup>1</sup>
  25. *Echinacea* – Infected wounds, bites and stings, ulcers, eczema with sloughing
  26. *Equisetum hyemale* – Bed wetting<sup>1</sup>
  27. *Fraxinus americana* – Uterine bleeding due to fibroid, uterine prolapse
  28. *Ginkgo biloba* – Weakness, improves circulation
  29. *Ginseng* – Lumbago, Rheumatism, weakness, weakness of genitals
  30. *Gymnema sylvestre* – Diabetes mellitus
  31. *Hamamelis virginica* – Haemorrhage, varicose veins, bleeding piles<sup>1</sup>
  32. *Helios* – Uterine prolapse, diabetes<sup>1</sup>
  33. *Hydrastis Canadensis* – Intestinal cancers, Gastric ulcers, Stomatitis
  34. *Hydrangea arborescens* – Urinary stones<sup>1</sup>
  35. *Jaborandi* – Dandruff, Hair greying<sup>1</sup>
  36. *Justicia adhatoda* – Whopping cough
  37. *Millefolium* – Epitaxis, bleeding piles, hemopytisis<sup>1</sup>
  38. *Nux vomica* – It is used for digestive disorders, headache and stress.
  39. *Paeonia* – Anal fissures, fissures and piles
  40. *Passiflora incarnata* – Asthma, sleeplessness, Cough<sup>1</sup>
  41. *Pothos* – Dust allergy, Allergic bronchitis
  42. *Psoralea corylifolia* – Externally in vitiligo
  43. *Rauwolfia serpentina* – Hypertension
  44. *Robinia* – Burning eructations, Gastric ulcer, Heart burn
  45. *Sabal serrulata* – Prostrate hypertrophy
  46. *Sarsaparilla officinalis* – Renal calculus, Urinary tract infection
  47. *Scrophularia nodosa* – Enlarged glands, breast lumps
  48. *Senecio aureus* – Amenorrhoea in young girls
  49. *Senega* – Difficult expectoration, Chronic bronchitis, asthma
  50. *Solidago* – Scanty urine, asthma with dysuria
  51. *Spongia tosta* – Cough, sore throat
  52. *Staphysagria* – Constipation
  53. *Symphytum officinale* – Gastric ulcers, fracture of bones
  54. *Syzygium jambolanum* – Diabetes mellitus<sup>2</sup>
  55. *Thuja* – Externally on warts
  56. *Urticea urens* – Urticaria, allergy<sup>2</sup>
  57. *Valeriana* – Rheumatic pains, Sciatica, Arthritis
  58. *Viscum album* – Hypotension
  59. *Xanthoxylum* – Neuralgia, Dysmenorrhoea<sup>2</sup>
  60. *Zingiber officinale* – Acidity, nausea and vomiting, cough and asthma, Renal failure

### Preparation Of Mother Tincture<sup>4,5</sup>

- Tincture is a solution prepared with the help of alcohol by treating the drug substance, whether it is of vegetable, animal or mineral origin.<sup>4</sup> Tincture is prepared in accordance with pharmacopoeia standards through maceration as well as percolation.
- With the use of an electronic infrared moisture analyzer, the moisture content is estimated.
- The fresh plant is washed, chopped and

combined with the required amount of alcohol plus purified water in accordance with pharmacopoeias

- The whole mass is macerated with daily stirring to maximize the exposure of the plant material to the menstruum.
- Once the liquid has been decanted from it the plant material is again hydraulically pressed to remove all of the active constituents from it.
- In order to produce the tincture, the liquid is lastly filtered by SS micropore filters.
- Tinctures natural colours are retained using standards. In order to ensure that the finished product meets the necessary requirement, and then tested for colour, Aroma, Ph, Total solids, Density, Alcohol concentration.
- The produced tinctures are next tested for quality compliance with defined specifications using thin layer chromatography and UV spectrophotometry. UV spectrophotometry locates the exact wave length that correlate to maximal absorption and is used to examine or identify various compounds.
- Tincture is stored in a Neutral Glass Bottle in a temperature controlled space that is shielded from light after it is prepared.

#### Benefits Of Mother Tinctures<sup>5,6</sup>

1. Rapid action – Tinctures can act quickly and provide relief in acute conditions, due to their concentrated nature.
2. Ease to administration – Tinctures can be administered in various forms such as drops in water or directly on the skin. Tinctures contain alcohol is easily absorbed by digestive system.
3. Broad range of uses – They can be used for internal and external applications. It is utilized as a palliative treatment in various conditions.

#### Precautions While Using Tinctures<sup>3,4</sup>

1. Allergy and toxic effects must be considered.

2. Do not keep tinctures with globules, tablets, especially tincture like camphor, balsam.
3. Shelf life of tincture is less, so do not keep tinctures for long time.
4. Avoid repeated symptomatic treatment.
5. Beware of toxic tinctures – Nux vomica, Croton tiglium, Conium, Datura, Aconite.
6. Never apply tincture directly on eyes.

#### CONCLUSION

Tinctures is a drug, pharmaceutically prepared from drug substance of vegetable and animal kingdom, using strong alcohol as a vehicle by the process of immersion, maceration and percolation.<sup>3</sup> Tincture can be used to treat several diseases. Tinctures are dispensed in water.<sup>5</sup> Tinctures are used for preparation of dynamic potencies of homoeopathic medicines.<sup>6</sup> Tincture can be used in emergency cases because of their rapid action. Tincture is used both for internal use and topical applicants. Various tinctures are used to treat health conditions, skin disorders, acne, dandruff, scalds and injuries, obesity. Tinctures can act at a physiological level and hence it may not make enduring cure. Tinctures contains material doses and active constituents of the drug if used in chronic case in large doses and it can toxic effects.

#### REFERENCES

1. Boericke William. Boericke's New Manual of Homoeopathic Materia Medica with repertory. Third Revised & Augmented Edition, Based on Ninth Edition. New Delhi: B. Jain Publishers (P) Ltd; 2011
2. Murphy Robin. Lotus Materia Medica. third edition. New Delhi :B. Jain Publishers (P) Ltd.; 2012
3. Mandal Partha Pratim. Mandal Biman. A textbok of Homoeopathic Pharmacy. 2<sup>nd</sup> edition. Kolkata:New Central Book Agency (P) Ltd; 2004
4. Banerjee's D.D. Augmented textbook of Homoeopathic pharmacy. Second Edition. New Delhi: B Jain Publishers (P) Ltd; 2007
5. Hahnemann Samuel. Organon of medicine. Translated by William Boericke. B. Jain Publishers Pvt. Ltd., New Delhi, Reprint Edition 2002.
6. Wartikar M.J. Dr. A textbook of homoeopathic pharmacy, 1<sup>st</sup> reprint edition, Pune :Indian Books & Periodicals Publishers ;2004

# Tinctures & Topical uses in Homoeopathy

Dr. Viren D. Nimbark<sup>1</sup>

M.D. (Homeopathy), Associate Professor, Rajkot Homoeopathic Medical college, Parul University

## Keywords

Homoeopathy, Mother tinctures, Tincture uses, Topicals, Direct use, Internal use.

## Abstract

Here, the most basic thing of our system of medicine is Tincture and it is a privilege to discuss tincture and their uses in Homoeopathy. In homeopathy, tinctures are used as the foundational material for preparing homeopathic remedies.

## Introduction

Here's how tinctures are utilized in homeopathic treatments:

### 1. Preparation of Remedies

- *Mother Tincture*: This is the first step in homeopathic remedy preparation. It is a concentrated extract made by soaking raw materials such as plants, minerals, or animal products in alcohol or water. This mother tincture serves as the basis for further dilutions.
- *Potentization*: Homeopathic remedies are prepared by serially diluting the mother tincture with water or alcohol and succussing (vigorous shaking) the mixture at each step. This process is believed to enhance the therapeutic properties of the remedy while minimizing any potential toxicity.

### 2. Direct Use:

- In some cases, homeopaths may use the mother tincture directly in very small doses to treat certain conditions. This is more common in phytotherapy (herbal medicine) rather than

classical homeopathy, where the tincture is used without extensive dilution.

- For example, tinctures from plants like *Arnica montana* or *Calendula officinalis* are sometimes used topically for their healing and anti-inflammatory properties.

### 3. Customization of Treatments

- Homeopaths tailor remedies to the individual patient based on a holistic assessment that includes physical, emotional, and mental symptoms. The mother tincture provides a customizable starting point for creating specific remedies suited to the patient's unique needs.

### 4. Wide Range of Sources

- Tinctures can be made from a diverse array of sources including plants (e.g., *Belladonna*, *Aconite*), minerals (e.g., *Natrum muriaticum*, *Silica*), and animal substances (e.g., *Apis mellifica*, *Sepia*).
- Each source material is chosen based on its historical and empirical use in treating specific symptoms or conditions.

### 5. Ease of Administration

- Tinctures can be easily administered and absorbed. They are typically given in drop form and can be mixed with water for consumption.
- They are often preferred for their longer shelf life compared to other forms of herbal extracts.

### 6. Versatility

- Tinctures are versatile and can be used to

create various potencies and forms, such as pellets, tablets, or liquid dilutions, depending on the treatment requirements.

- But prior most of all above things the direct use of tinctures in acute diseases or episodes is the almighty one for further management. Sure, here are some more details on the direct uses of tinctures in homeopathic and herbal medicine:

## Direct Uses of Homeopathic Tinctures

### 1. Topical Application

- *Arnica montana*: Often used as a tincture for external application to help with bruises, sprains, and muscle soreness. It is believed to reduce swelling and promote healing when applied to the skin.
- *Calendula officinalis*: Applied topically, this tincture is used to treat minor cuts, abrasions, and skin irritations. It has antibacterial and anti-inflammatory properties that aid in the healing process.

### 2. Internal Use:

- Mother Tincture (MT): Some homeopaths use the mother tincture internally in very small doses to treat certain conditions. For example, a few drops of mother tincture of a plant like *Berberis vulgaris* might be used to renal calculi and urinary issues.

Direct internal use is less common in classical Homoeopathy.

Direct Uses of Tinctures in different diseases condition:

### 1. Digestive Issues:

- *Gentiana lutea* (Gentian): Used to stimulate appetite and improve digestion. The tincture can be taken before meals to aid in digestive processes.
- *Taraxacum officinale* (Dandelion): Known for its benefits in supporting liver and gallbladder function. It can help in detoxification and improve bile flow.

### 2. Immune Support:

- *Echinacea*: Often used to boost the immune

system and help ward off infections such as the common cold. The tincture is taken orally during the onset of symptoms.

- *Astragalus*: Another immune-boosting herb used to enhance the body's resistance to illness. The tincture is taken regularly to maintain immune health.

### 3. Stress and Anxiety:

- *Valeriana officinalis* (Valerian): Used for its calming and sedative effects. It helps alleviate anxiety and promotes restful sleep.
- *Passiflora incarnata* (Passionflower): Used to treat anxiety and insomnia. It is believed to have a calming effect on the nervous system.

### 4. Pain and Inflammation:

- *Hypericum perforatum* (St. John's Wort): Used for nerve pain and to promote healing of wounds and burns. It also has antidepressant properties.
- *Salix alba* (White Willow): Contains salicin, a precursor to aspirin, and is used for its analgesic and anti-inflammatory properties.

### 5. Cardiovascular Health

- *Crataegus* (Hawthorn): Tincture is used to support heart health, improve circulation, and treat mild heart conditions.
- *Ginkgo biloba*: Used to improve blood flow and cognitive function. It may help with memory and concentration issues.

There are water doses of 10 – 12 drops of tincture mixed with ½ cup of water with required repetition. Tinctures are also used for preparation of ointment, liniment, gel, etc. other specific purposes. Samuel Hahnemann, the founder of homeopathy, did acknowledge the use of external applications, though his primary focus was on internal treatments. In his foundational work, "Organon of Medicine," Master Hahnemann discussed the principles and practices of Homoeopathy, including the use of external applications in section 282 of 5<sup>th</sup> edition of Organon of Medicine under certain conditions. Here are some key points related to the use of

external applications:

- External Applications in Homeopathy with use of tinctures

### 1. Simultaneous Internal and External Treatment

- Master Hahnemann recognized that in certain cases, especially where there were local symptoms, external applications could be beneficial alongside internal remedies. He emphasized that the external application should complement the internal treatment and should not be used in isolation.
- For instance, in cases of skin diseases, he suggested that internal remedies should be prioritized but acknowledged that external applications might help alleviate local symptoms.

### 2. Application of Remedies to the Skin

- Master Hahnemann described the use of medicated plasters, ointments, and other topical applications to treat local symptoms. He believed that applying diluted Homoeopathic remedies directly to the skin could be useful, provided that it aligns with the principles of Homoeopathy.

### 3. Examples of External Applications

- *Arnica montana*: Master Hahnemann mentioned the use of *Arnica* for bruises, sprains, and muscle soreness. It is often used as a topical application in the form of tinctures or creams to reduce swelling and promote healing.
- *Calendula officinalis*: Another remedy commonly used for external application. It helps in treating minor cuts, abrasions, and skin irritations due to its healing and anti-inflammatory properties.

### 4. Cautions and Contraindications

- Master Hahnemann cautioned against the exclusive use of external applications without addressing the internal causes of the symptoms. He believed that merely suppressing local symptoms without treating the underlying condition could lead to the worsening of the disease.

- He also warned against the use of strong, non-homeopathic topical treatments that might suppress symptoms but could potentially drive the disease deeper into the organism.

### 5. Specific Conditions for External Applications

- Master Hahnemann indicated that external applications might be particularly useful in cases where there are visible local lesions or symptoms that are causing significant discomfort. Examples include wounds, ulcers, rashes, and other skin conditions.

## CONCLUSION

In modern Homoeopathy, external applications are more widely accepted and used alongside internal treatments.

While Master Samuel Hahnemann laid the foundation for the use of external applications in Homoeopathy, he maintained that they should be used judiciously and in conjunction with internal remedies to address the root cause of the symptoms. His cautious approach highlights the importance of a holistic treatment strategy that considers both local and systemic aspects of a patient's condition.

Tinctures offer a convenient and potent form, their use should be approached with care and professional guidance to ensure safety and efficacy.

## REFERENCES

1. S.C.F. Hahnemann/Organon of Medicine/5<sup>th</sup> edition/ Philadelphia, USA/ Boericke & Tafel/1849
2. Sinha Dr. Yadubir. Miracles of Mother Tinctures with Therapeutic Hints and Treatment of Diseases. New Delhi: B. Jain Publishers (P) LTD; 2014.
3. homeobook.com/ Useful Mother tinctures in my Homoeopathic practice/ August 21,2017/ <https://www.homeobook.com/useful-mother-tinctures-homoeopathic-practice/>
4. World Health Organization. Safety Issues in the Preparation of Homeopathic Medicines. Switzerland: WHO publishers; 2009. Available from: URL; <https://www.who.int/medicines/areas/traditional/Homeopathy.pdf>
5. Lesser Known Mother Tinctures in Homoeopathy, International Journal of Science and Research (IJSR) ISSN: 2319-7064, Dr. V. Shanthini



# Homoeopathic Management of Diabetic Foot Ulcer: An Inclusive Review and Case Study

---

Varun Puri

PG Scholar, Department of Psychiatry, Sri Ganganagar Homeopathic Medical College Hospital And Research Institute, Sri Ganganagar, Rajasthan

---

### Keywords

Diabetic foot, Diabetes, Ulcer, Gangrene

### Abstract

Diabetic foot ulcers (DFUs) present a significant challenge in diabetes management, affecting around 15% of individuals with diabetes and often leading to severe complications. This paper provides a comprehensive overview of DFUs, including their pathophysiology, risk factors, signs, symptoms, complications, diagnosis, and prevention strategies. Additionally, it explores the efficacy of homoeopathic interventions in managing DFUs through a detailed case study of a 39-year-old male patient with a painful foot ulcer and yellowish, offensive pus discharge. The patient had a history of diabetes mellitus and a family history of diabetes and hypertension. Homoeopathic treatment was individualized based on symptomatology, with *Silicea* selected as the constitutional remedy. The patient showed progressive improvement with no complications during the treatment period. This case study underscores the potential of homoeopathy in managing DFUs and highlights the importance of personalized, comprehensive care in diabetic wound management.

### Abbreviations

DFU-Diabetic foot ulcer

### Introduction

A diabetic foot ulcer is a common complication affecting around 15% of individuals with diabetes. Among those who develop such ulcers, approximately six percent require hospitalization due to

infections or other related complications.

The prevalent factors contributing to diabetic foot ulcers include inadequate glycemic management, calluses, foot abnormalities, improper foot hygiene, poorly fitting shoes, peripheral neuropathy, compromised circulation, and dry skin. It's estimated that approximately 60% of individuals with diabetes will eventually develop neuropathy, increasing their risk of developing foot ulcers.

A significant indicator of a severe foot ulcer is the presence of black tissue, known as eschar, encircling the ulcer. This occurs due to inadequate blood circulation in the surrounding area, depriving it of necessary nutrients and oxygen.

With the progression of the disease, patients usually show mixed pain sensitivity and dullness, along with decreased limb sensation and motor function, which lead to imbalance and unsteadiness and increase the likelihood of falls.

DFUs are identifiable through distinctive symptoms such as delayed wound healing, neuropathic discomfort, and heightened vulnerability to infections. Homeopathy provides an individualized treatment approach, considering the patient's specific symptomatology and overall health condition.

In addition to addressing physical symptoms, homeopathy takes into account emotional and mental factors. In cases of diabetic foot ulcers, attending to underlying emotional stressors and enhancing overall mental well-being is essential for fostering healing and averting complications.

An instance of treating a diabetic foot ulcer

with homeopathy underscores the potential of integrative strategies in addressing intricate medical conditions. It emphasizes the significance of personalized, comprehensive care in facilitating recovery and averting complications.

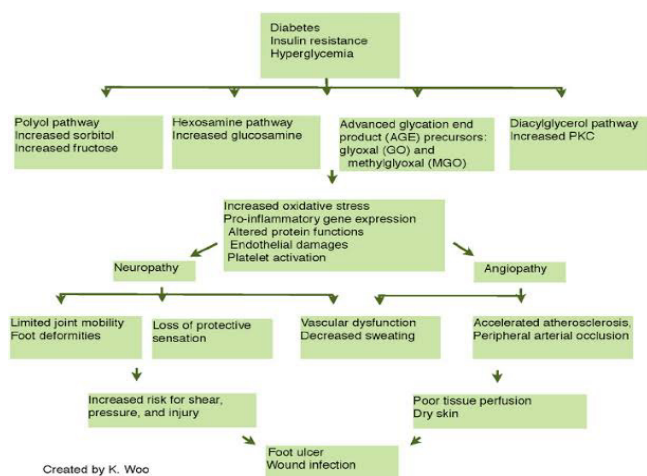
### Pathophysiology

The pathophysiology of diabetic foot ulcers involves neuropathic and vascular components, both of which are closely linked to the elevated blood sugar levels characteristic of diabetes. Hyperglycemia exacerbates oxidative stress on nerve cells, resulting in diabetic neuropathy. This nerve damage impairs sweat gland function, leading to dry, cracked skin and an increased risk of infection, ultimately culminating in the development of foot ulcers.[5]

### Risk factors

Common risk factors for the development of foot ulcers in diabetics include:

- Older age
- More common in males



- Poor glycaemic control
- Longer duration of diabetes
- Peripheral vascular disease
- Cigarette smoking
- Neuropathy
- Structural foot deformities

- History of previous foot ulcerations
- Diabetic nephropathy[6]

### Signs and symptoms

- Redness around the ulcer
- Swelling of skin
- Hardening of the skin
- Discharge of pus
- local pain[7]

### Wagner's classification

- Grade 0: Intact skin, but the foot is vulnerable
- Grade 1: Superficial ulceration
- Grade 2: Ulceration extending deeper into tissues
- Grade 3: Involvement of deeper tissues, with abscess formation or osteomyelitis
- Grade 4: Gangrene affecting a portion of the foot
- Grade 5: Severe gangrene encompassing the entire foot

### Complications

#### • Skin Infections

Diabetic foot ulcers can lead to skin infections, causing swelling, foul-smelling drainage, fever, and chills.

#### • Abscess Formation

An infected diabetic foot ulcer can cause painful abscess formation—a buildup of pus beneath the skin surface.

#### • Sepsis

Deep infection in a diabetic foot ulcer can lead to sepsis, a life-threatening condition where the body's immune response harms tissues and organs. Symptoms may include confusion, blue skin, and breathing difficulties.

#### • Foot Deformities

Uncontrolled diabetes and foot infections can weaken foot muscles and bones, leading to deformities and potentially Charcot foot—a severe

complication causing joint and bone fragility, even with minor pressure. If untreated, joints can collapse. Charcot foot affects approximately 1% of people with diabetic neuropathy.

- **Gangrene**

Gangrene is tissue death due to infection or blood flow loss, marked by skin discoloration, discharge, and numbness. Untreated diabetic foot ulcers can lead to tissue death from insufficient blood and oxygen, manifesting as black tissue, an early sign of gangrene.

- **Foot Amputation**

Diabetes often causes peripheral arterial disease (PAD) and neuropathy, increasing the risk of ulcers and infections. If severe infections occur and don't respond to treatment, amputation may be necessary to prevent the infection from spreading into the bloodstream.

### Diagnosis

During the assessment of ulcers, routine laboratory tests often include fasting blood sugar, glycated hemoglobin levels, complete metabolic panel, complete blood count, erythrocyte sedimentation rate (ESR), and C-reactive protein (CRP). Additional investigations may be conducted depending on the specific characteristics of the ulcer and the patient's medical history. These tests help in identifying any underlying conditions such as infection, inflammation, or poor glycemic control, which are crucial for determining appropriate treatment strategies.

### Prevention

- **Daily Foot Inspection**

Inspect both feet daily for blisters, cuts, scratches, and ingrown toenails. Use a mirror to check the bottom of each foot, as blisters can often form there.

- **Proper Footwear**

Wearing ill-fitting shoes increases blister risk. Opt for shoes with half-inch space at the toe, and good arch support, and avoid tight socks. Avoid walking barefoot, sandals, and high heels to prevent foot injuries and blisters.

- **Blood Sugar**

Elevated blood sugar levels can contribute to foot complications and hinder the healing process. It's essential to maintain good glycemic control to reduce the risk of foot problems and promote effective wound healing. Additionally, proper foot care and regular medical check-ups.

- **Weight Loss**

Excess weight adds pressure on the feet, heightening the risk of blisters and cuts due to increased friction. This can lead to complications for individuals with diabetes. Regular monitoring of foot health and wearing proper footwear are essential.

- **Tobacco Cessation**

Tobacco products hinder healing and increase ulcer recovery time. They're linked to circulatory issues, raising the risk of lower extremity arterial disease, which decreases blood flow in the legs and feet.

### Case history

A 39 year old male patient, belonging to a middle socio-economic family, visited on -10/01/2024 presented with Diabetic foot ulcer, with following complaints:

- Painful foot ulcer
- Yellowish, offensive pus discharge from it

**History of Present Illness:** The patient got a minor injury on the foot and used to suffer pain and itching 5 days ago, before the onset of the ulcer. After that, there is intense pain, a throbbing sensation, and a yellowish offensive discharge of pus is seen continuously as narrated by the patient.

**Treatment history:** The patient took various treatments for the above complaints prior to this visit but got no relief, instead his complaints got worse.

**Past history:** The patient has had diabetes mellitus for 7 years.

**Family history:** Father-Suffering from Diabetes mellitus, Mother- Suffering from Hypertension

### Physical generals

- Thirst:- 4-5 litres per day

- Appetite:- increased
- Desire:- Eggs
- Stool:- constipated, hard
- Urine:- profuse, offensive odor
- Perspiration:- Increased
- Sleep:- sound sleep
- Dreams:-not specific

**Mental generals**

When investigated regarding his behavior, he narrated that he always has anxiety about the future, and he is obstinate. He described that he has a fear of injections, and was so distressed by his complaint that he was afraid of surgery. He is very intelligent and usually loves to read books. He is very anxious about his life and lacks courage to speak to Pt people about his complaints.

**General examination and observation**

The patient was a slim, lean-thin body, and a dark to wheatish appearance. Blood pressure -130/85mmhg, Pulse rate-67 beats/min.

**Analysis and evaluation of symptoms**

S.no.	Symptoms	Analysis	Evaluation
1.	Anxiety about future	Mental general	++
2.	Obstinate	Mental general	++
3.	Fear of sharp things like pins	Mental general	+++
4.	Desire egg	Physical general	++
5.	Ulcer on feet	Physical general	++
6.	Ulcer discharging yellow pus	Physical general	+++
7.	Offensive pus from ulcer	Physical general	+++
8.	Ulcer painful	Physical general	++

**Repertorial analysis**

- Silicea - 25/8
- Calcarea carbonicum - 22/7
- Arsenicum album -20/7
- Pulsatilla - 20/7
- Causticum - 19/7

**Prescription**

Repertorisation was done with the help of Hompath Zomeo Ultimate. The repertorial result showed that Silicea covered maximum symptoms with the highest gradation. Therefore, an individualized single constitutional remedy, Silicea, was selected based on symptom similarity, as per Organon of Medicine and Homoeopathic materia medica after repertorisation. Treatment was done with Silicea 200 (1st prescription). Follow-up of the patients was assessed every 5 days. The patient was followed with relief of the symptoms and no complications were noted during this period.

**Follow up**

Date	Changes in signs and symptoms	Prescription
19/02/2024	Discharge of pus got reduced	SBR 30/thrice a day for 5 days
24/02/2024	No discharge, and redness got reduced	SBR 30/thrice a day for 5 days
01/02/2024	The ulcer is healing with edges	SBR 30/thrice a day for 5 days
06/02/2024	The size of ulcer got reduced	SBR 30/thrice a day for 5 days
11/02/2024	Skin is perfectly fine	SBR 30/thrice a day for 5 days

The patient visited on 19/02/2024



**Repertorial sheet**

The patient visited on 06/02/2024



### Some of homoeopathic medicines for Diabetic foot ulcer disease

- **SECALE COR**

It is the best remedy for diabetic gangrene. *Skin feels cold to touch*, yet covering is not tolerated Dry gangrene of toe. Dusky blue tinge. Formication under skin, *Burning sensation*; better by cold.

- **ARSENICUM ALBUM**

Most prescribed remedy for ulcers. Gangrenous inflammations. Burning and soreness, relieved by warmth. Ulcers with offensive discharge. Restlessness *Great anguish and restlessness. Changes place continually.*

- **CARBO VEGETABILIS**

Carbuncles and boils become gangrenous. Wet *Blue, cold ecchymosed*. Bleed easily. Moist gangrene. There is a general weakened condition.

- **HEPAR SULPH**

Very sensitive to touch. *Unhealthy skin; every little injury suppurates*. Ulcers, with bloody suppuration, smelling like old cheese. Putrid ulcers, *surrounded by little pimples*.

- **LACHESIS**

It has remarkable action on boils, carbuncles, and ulcers, with bluish, purple surroundings. It is a hemorrhagic remedy.

- **SILICEA TERRA**

It is a wonderful remedy for diabetic foot ulcer disease. Offensive discharge of pus from the ulcer. Every little injury suppurates. Ulcers become pain and leave scars. Increased sweating. Ailments attended with *pus formation*.

- **ECHINACEA**

It acts as a cleaning and antiseptic agent. Recurring boils. Carbuncles. Irritations from insect bites and poisonous plants. Foul discharges with emaciation and great debility. Gangrene

### CONCLUSION

This study is an attempt to accustom Diabetic foot ulcer disease that has provided a more complete understanding of ways of management of diabetic foot ulcer disease non-surgically. This article is inclusive of introduction pathogenesis, causes, risk factors, types of gallstones, signs and symptoms, complications, diagnosis, prevention, treatment, homoeopathic therapeutic which found to be useful and beneficial and treat Diabetic foot ulcer cases fortuitously. This article also presented a detailed case study with investigation and with homoeopathic treatment has proven over and again the strength of individualised homoeopathic prescription. The case study findings shows their result and the efficacy of individualised homoeopathic intervention in Diabetic foot ulcer disease.

### REFERENCES

1. Frequently asked questions: Diabetic foot ulcers [Internet]. Uofmhealth.org. [cited 2024 Apr 6]. Available from: <https://www.uofmhealth.org/conditions-treatments/podiatry-foot-care/frequently-asked-questions-diabetic-foot-ulcers>
2. Oliver TI, Mutluoglu M. Diabetic Foot Ulcer. [Updated 2023 Aug 8]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK537328/>
3. World J Diabetes. 2022 Dec 15; 13(12): 1049–1065. Published online 2022 Dec 15. doi: 10.4239/wjcd.v13.i12.1049
4. JAAPA 28(5):p 28-34, May 2015. | DOI: 10.1097/01.JAA.0000464276.44117.b1
5. Researchgate.net. [cited 2024 Apr 6]. Available from: [https://www.researchgate.net/figure/Pathophysiology-of-diabetic-foot-ulcers\\_fig1\\_259393620](https://www.researchgate.net/figure/Pathophysiology-of-diabetic-foot-ulcers_fig1_259393620)
6. Kapila R, Sharma R, Sharma AK, Mann J. Diabetic Foot Disease—incidence and Risk Factors: A clinical study. Journal of Foot and Ankle Surgery (Asia Pacific) [Internet]. 2016;3(1):41–6. Available from: <http://dx.doi.org/10.5005/jp-journals-10040-1046>
7. Tee-Melegrito RA. Diabetic ulcers: Causes, symptoms, and treatments [Internet]. Medicalnewstoday.com. 2022 [cited 2024 Apr 6]. Available from: <https://www.medicalnewstoday.com/articles/diabetic-ulcers>
8. What are the common complications of diabetic ulcers on the foot? [Internet]. Mintstl.com. [cited 2024 Apr 6]. Available from: <https://www.mintstl.com/blog/what-are-the-common-complications-of-diabetic-ulcers-on-the-foot>
9. Preventing diabetic foot ulcers [Internet]. Nyulangone.org. [cited 2024 Apr 6]. Available from: <https://nyulangone.org/conditions/diabetic-foot-ulcers/prevention>
10. zomeo ultimate software
11. Boericke W, Boericke OE. Homoeopathic materia medica with repertory comprising the characteristic and guiding symptoms of the remedies. 2nd ed. Savage RB, editor. Sittingbourne, England: Homoeopathic Book Service; 1990.

# Homoeopathic management of Tinea Corporis- A case report

Dr.Abhishek Kumar Aryan

P.G. Scholar, Department of Materia Medica, RBTS Govt. Homoeopathic Medical College & Hospital, Muz.

## Keywords

Tinea corporis, Homoeopathy, Totality of symptoms, Bacillinum

## Abstract

Tinea is one of the most common superficial fungal infections of keratinized tissues caused by keratinophilic dermatophytes as far as observations worldwide are concerned. Tinea infection is most common in the tropics and may be present in epidemic proportions in areas with high rates of humidity. Generally, these infections are treated by external application leading to suppression of the infection which is more dangerous. Homoeopathy can treat such cases judiciously through its fixed principles, it is cost-effective as well as without any side effects. A permanent cure occurs after the employment of individualized homoeopathic treatment.

## Introduction

TINEA ( Latin: worm) denotes a fungal skin infection which is often annular. The exact feature depends upon site<sup>[1]</sup> Tinea infection is caused by dermatophytes, which are a type of fungus. In developing countries like INDIA tinea infections are widespread and are the most common infection ; they are easily spread by skin- to- skin contact or indirectly through towels, clothes or floors. Dermatophyte infections(ringworm) are extremely common and are usually caused by fungi of the *Microsporum*, *Trichophyton* and *Epidermophy-*

*ton* species. The fungi can originate from soil (geophilic) or animals (zoophilic) or be confined to human skin (anthropophilic).<sup>[2]</sup>

Signs and symptoms of tinea infection may include:

- A scaly ring-shaped area, typically on the buttocks, trunk, arms and legs
- Itchiness
- A clear or scaly area inside the ring, perhaps with a scattering of bumps whose color ranges from red on white skin to reddish, purplish, brown or gray on black and brown skin
- Slightly raised expanding rings
- A round patch of itchy skin
- Overlapping rings

Several different species of fungus are involved in dermatophytosis. These fungi attack various parts of the body and lead to the conditions listed below. The Latin names are for the conditions (disease patterns), not the agents that cause them<sup>[3]</sup>. The disease patterns below identify the type of fungus that causes them only in the cases listed:

- Tinea pedis (athlete's foot): fungal infection of the feet
- Tinea unguium: fungal infection of the fingernails and toenails, and the nail bed

- Tinea corporis: fungal infection of the arms, legs, and trunk
- Tinea cruris (jock itch): fungal infection of the groin area
- Tinea manuum: fungal infection of the hands and palm area
- Tinea capitis: fungal infection of the scalp and hair
- Tinea facies (face fungus): fungal infection of the face
- Tinea barbae: fungal infestation of facial hair Other superficial mycoses (not classic ringworm, since not caused by dermatophytes)
- Tinea versicolor: caused by *Malassezia furfur*
- Tinea nigra: caused by *Hortaea werneckii*

The conventional system of medicine treats these infections by external application of ointments such as fungicides, which leads to palliation or suppression of the disease and it recurs again and again in a more violent form. Homoeopathic literature is full of many successful cases which have been treated and cured by individualized Homoeopathic medicine.

Dr. J.C. Burnett, in his book "Ringworm ; its constitutional nature and cure" describes the fungal infection as not being a local disease but a local manifestation of the diseased organism. He gives the example that, Gout in a big toe is not only a disease of that toe or acne over the shoulder is not a disorder of the skin of that area only but a local manifestation of some internal derangement of the whole organism. These examples show that the organism itself must be at fault to develop these infections. So, a pre-existing cause must be present in the living organism to develop such an environment that allows these fungal infections to grow there and survive.<sup>[4]</sup>

In Homoeopathy our prescription is based on the totality of symptoms which is matched with the symptoms of drugs which was obtained during drug proving. Drug proving is done on healthy human beings. If the totality of symptoms are

being removed fully then there can't be any disease hidden inside the living organism.<sup>[5]</sup>

### Case Report

A 45- year- old female patient visited the outpatient department of R.B.T.S. Government Homoeopathic Medical College and Hospital & College on Nov 4<sup>th</sup>,2022.

**Presenting complaint:** The Patient presented with itching eruption over the lower abdomen region and lateral aspect of the right thigh region for the last 3 months. Itching aggravated at night. There was no discharge during itching , it also aggravated while eating particularly cold food or drink.

**History of present complaint:** Patient presented with itching eruptions for last 3 months which was gradually increasing. She at first consulted an allopathic physician who gave ointments and some tablets which provided temporary relief ; but after a few days itching aggravated and the area of eruption also increased.

**Past history:** In past the she suffered from typhoid fever for 6 months. He was treated with modern medicines with recovery.

**Family history:** There was the history of Bronchitis

**Physical generals:** The patient was thirsty, appetite was good. Desire for milk++, curd+++, aversion chicken++.The patient suffered from chronic constipation. Sweating was moderate and non-offensive . Sleep was good, with dreams which were not remembered. Thermally he was ambithermal.

**Mental picture:** Patient was very anxious about her financial condition,her earnings were not sufficient to cater the needs of her family. Patient had a fear of black dogs. She answered snappishly to most of the questions.

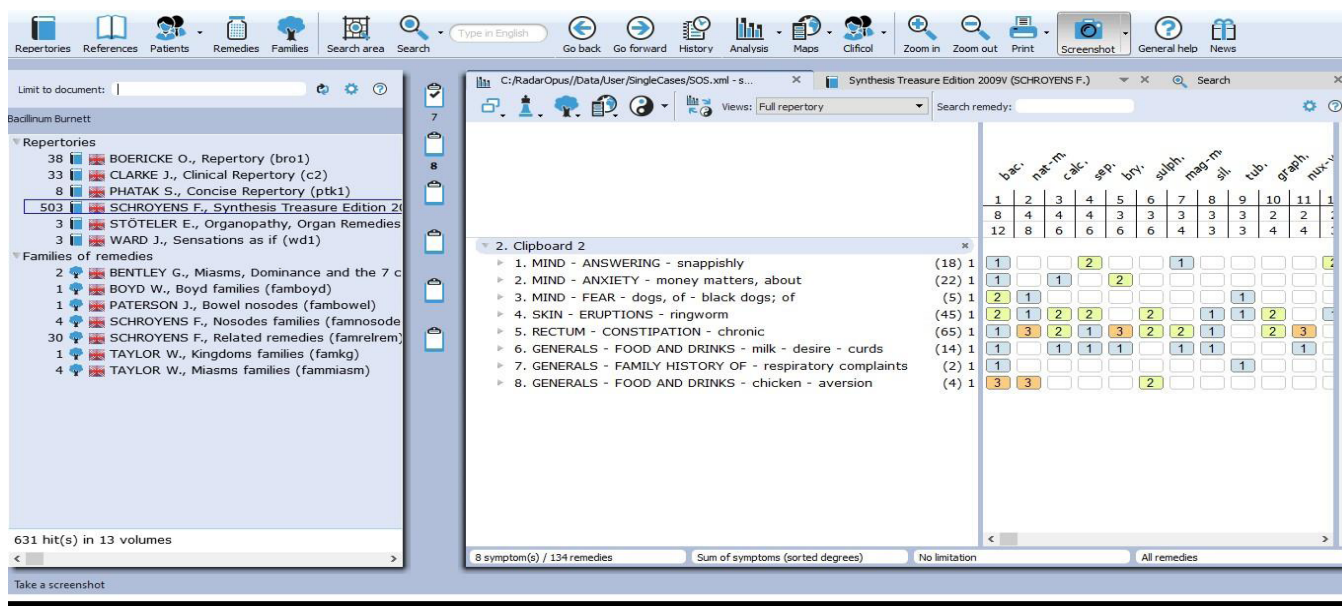
**Diagnosis – Tinea corporis**

**Justification of diagnosis –** As per ICD-10-CM diagnosis code B35.4

**Analysis & Evaluation of the symptoms with miasmatic analysis<sup>6</sup>**

S. No.	Symptoms	Analysis	Evaluation	Miasmatic analysis's
1.	Answers snappishly	Mental General	+++	Syco-psoric
2.	Anxious about money matters	Mental General	++	Psora
3.	Fear of black dogs	Mental General	++	Tubercular
4.	Desire for curd	Physical General	+++	Syco-tubercular
5.	Aversion for chicken	Physical General	+++	Syco-syphilitic
6.	Family history of respiratory complains	Physical General	+++	Sycosis
7.	Chronic constipation	Particular	++	Psoro-tubercular
8.	Ringworm	Particular	++	Syco-tubercular

**Repertorial Analysis** – Repertorisation was done using Radar Homoeopathic software<sup>7</sup>.



**Prescription:** After Case taking, Repertorisation & book references<sup>8</sup> first prescription was Bacillinum 1M/1 dose prescribed empty stomach followed by sac lac on date 04/11/2022.

**Selection of remedy with Justification:** In reportorial analysis, Bacillinum covers maximum rubrics & highest score then after consulting Materia medica<sup>8</sup>, Bacillinum is found to be most appropriate for this case covering general, physical & mental picture.

**Selection of potency with Justification:** It is based on the susceptibility of the patient. The higher the susceptibility higher the potency was selected.

### Follow-up

Date	Symptoms	Justification of symptom	Prescription
19/11/2022	The itching got reduced & rest complains as it is	Improvement	Placebo/OD/for 15 days
06/12/2022	The itching was reduced considerably. Bowel movements became regular	Improvement Continues	Placebo/OD/for 15 days
21/12/2022	No itching, eruption dried.	Improvement Continues	Placebo/OD/for 15 days
03/01/2023	The eruption dried considerably, no itching. Overall better.	Improvement Continues	Placebo/OD/for 15 days
19/01/2023	The eruption almost dried. Overall better.	Improvement Continues	Placebo/OD/for 15 days
04/02/2023	No new complaints.	Improvement Continues	Placebo/OD/for 15 days



Before Treatment



After Treatment



Before Treatment



After Treatment



## Discussion

This was the case of *Tinea corporis* which occurred in a female patient aged 45 years. It was managed successfully by individualized homeopathic medicine *Bacillinum*. The patient at first took allopathic treatment which gave temporary relief but again the condition worsened. So, she approached homeopathic treatment. The patient's choice of homeopathic treatment was guided by discomfort after allopathic treatment.

In this case, *Bacillinum* was selected as a *Similimum* on the totality of characteristics symptoms assessed on the mental and physical aspects, followed by a placebo which permanently cured the ringworm along with a feeling of well-being. All complaints and generalities were better

## CONCLUSION

The case shows the efficacy of homeopathic treatment in the case of tinea infection. In the present study, the lady was cured by the use of a single dose of *Bacillinum* according to the totality of symptoms, based on the holistic approach, rather than a pathological basis. Homeopathy is safe and cost-effective without any side effects. Homeopathic cure is based on the law of similar, and the selection of remedy is based on

a Constitutional approach in the management of any disease. In allopathic treatment ointments and fungicides are used which leads to suppression and thus disease again recurs in violent form. We treat patients as a whole so, there is a wide scope for proper management and treatment of *Tinea corporis* in Homeopathy.

## REFERENCES

1. Gawkröder David J. *Dermatology An Illustrated Coloured Text*; 6<sup>th</sup> edition, Churchill Livingstone Publishers, pg 54
2. Davidson, Sir Stanley. *Davidson's Principles and Practice of Medicine*, 22<sup>nd</sup> edition, Elsevier limited 2006, pg 1279
3. [en.wikipedia.org/wiki/Dermatophytosis](https://en.wikipedia.org/wiki/Dermatophytosis)
4. Burnett J.C. *Ringworm: its constitutional nature and cure*. Philadelphia: Boericke & Tafel; 1892 (RADAR Encyclopedia)
5. Dey S. *Essentials of Practice and Practice of Homoeopathy*. 3<sup>rd</sup> ed. Kolkata: Smt. Aparna Bhattacharya; 2009.
6. Choudhury Hari Mohan, *Indication of Miasm*, 2<sup>nd</sup> edition. Jain Publishers.
7. RadarOplus Homoeopathy software
8. Boericke W, *Boericke's New Manual of Homoeopathic Materia Medica with Repertory – Third Revised & Augmented Edition Based on Ninth Edition*, New Delhi B. Jain Publishers; 2021:383-386.
9. Sarkar BK, *Organon of medicine*. Delhi: Birla Publications Pvt.Ltd; 2005-2006

# Homoeopathy for Renal Stone- A Homoeopathic Case Report

Dr Dimpal V. Patadiya<sup>1</sup>

PG Scholar, Department of Materia Medica, Rajkot Homeopathic Medical College, Parul University

## Key words

Renal colic, Homoeopathy, Knowledge of Physician, Hydrangea mother tincture

## Abstract

An acute renal colic as an emergency could include key points such as the sudden onset of intense pain caused by the passage of a kidney stone, potential complications such as renal damage or infection, and the need for prompt medical intervention to alleviate pain and prevent further complications. Additionally, it might touch upon common treatments in emergency settings, such as pain management and, if necessary, interventions to facilitate stone passage or surgical procedures. Homoeopathy is very much useful in this type of case. In homeopathy there are very useful medicines for acute renal colic such as berberis vulgaris, hydrangea, lycopodium, nux vomica, sarsaparilla, etc.

## Abbreviations

ESWL- extracorporeal Shockwave Lithotripsy, Q-Mother Tincture, TDS- Three Times A Day

## Introduction

Renal stones pose a significant burden on the healthcare system. The prevalence of renal stones has increased from 3.8% in 1970 to 8.8% in 2010 in the United States, with annual healthcare costs of USD 3.8 billion. It is estimated that more than half a million people a year visit the emergency room for kidney stone problems.<sup>1</sup>

Urinary calculi consist of aggregates of crystals, usually containing calcium or phosphate in combination with small amounts of proteins and glycoproteins. The most common types are:<sup>2</sup>

Calcium oxalate - 60%

Calcium phosphate - 15%

Uric acid - 10%

Magnesium ammonium phosphate (struvite) - 15%

Cystine and others – 1

## Clinical features

The clinical presentation is highly variable. Most patients with renal stone disease are asymptomatic, whereas others present with pain, haematuria, UTI, or urinary tract obstruction. A common presentation is with acute loin pain radiating to the anterior abdominal wall, together with haematuria: a symptom complex termed renal or ureteric colic.

The patient is suddenly aware of pain in the loin, which radiates around the flank to the groin and often into the testis or labium, in the sensory distribution of the first lumbar nerve. The pain steadily increases in intensity to reach a peak in a few minutes. The patient is restless and generally tries unsuccessfully to obtain relief by changing position or

pacing the room. There is pallor, sweating, and often vomiting. Frequency, dysuria and haematuria may occur. The intense pain usually

subsides within 2 hours but may continue unabated for hours or days.

### Management

The immediate treatment of renal colic is with analgesics and antiemetics. The optimal clinical management of patients with renal stone colic requires knowledge of the diagnostic procedures, the rational treatment of acute stone colic, stone expulsive treatment, and the modern principles of stone removal. Nowadays, the indication for an active stone removal is related to several factors such as size, size and shape of the stone at the initial presentation. Therefore, spontaneous stone passage can be expected in up to 80% of patients with stones < 4 mm in diameter while for stones with a diameter > 7 mm, the chance of spontaneous passage is very low. In this type of cases, surgical interventions like ESWL are commonly used nowadays. ESWL is a procedure that utilizes shockwaves to fragment kidney stones that can then pass through the urinary tract and be removed

### Homeopathic management

Homeopathic medicines offer potential relief for renal stones. In homoeopathy there are many medicines which help to relieve renal stones and complaints associated with renal stones. There are many medicines like Lycopodium, Berberis vulgaris, Sarsaparilla, Nux vomica, that are useful for pain and urinary problems associated with renal stones. Hydrangea medicine is useful as a stone cutter medicine.

### Case Study

A 36-year-old male was a regular patient taken treatment for erectile dysfunction for 3-4 months. One day he came with a complaint of burning in the urethra for the whole day and this burning especially increased during micturition, hot urine, and feeling of some urine remaining in the bladder after urination, this complaint started since 8-10 days.

USG report suggestive of: Left kidney shows mild dilated pelvicalyceal system and upper & mild ureter with back pressure changes due to – 14.8 x 4.0 mm size calculus in the middle ureter. The left kidney shows two to three calculi in the middle

& lower groups of the calyx, the largest 4.5 mm in the lower calyx. The right kidney shows two or three calculi in the upper & middle groups of the calyx, the largest measuring – 5.0 in the upper calyx. Bilateral renal calculi.

**Past history:** Renal stone (before 10 years), Typhoid (at the age of 13), Chikungunya (before 5 years).

**Family history:** Paternal history of renal stone

### Physical generals

Appetite: Normal

Thirst: Normal

Perspiration: Not much

Stool: Normal- once a day

Thermal reaction: Ambithermal

### Treatment History

According to § 3-5 of the Organon of Medicine, Dr Hahnemann says that it is essential that a physician must be first and foremost, a therapist. The physician must have knowledge of diseases, the knowledge of medicine and medicinal power, knowledge of therapeutic relations between diseases and drugs, knowledge about the choice of the remedy, - its exact mode of preparation and proper dose, knowledge of obstacles to the recovery in each case, and how to remove them, knowledge of hygiene or health preservation.<sup>4</sup>

In this case, the size of the renal stone was very big (14.8 x 4.0 mm on the left side and 4.5 mm on right side). According to the conservative line of treatment spontaneous stone passage can be expected in up to 80% in patients with stones < 4 mm in diameter while for stones with a diameter > 7 mm, the chance of spontaneous passage is very low. So, in this type of case first the fragment of renal stone is done and then they pass through the urinary tract.

In homoeopathy there is one medicine HYDRANGEA which is known as stone cutter. In A Dictionary of practical Materia medica by Dr J H Clarke, he describes - like some other members of the Saxifragaceae, hydrangea has a traditional reputation as a “stone-breaking” remedy having been used in calculous diseases for many years.<sup>5</sup>

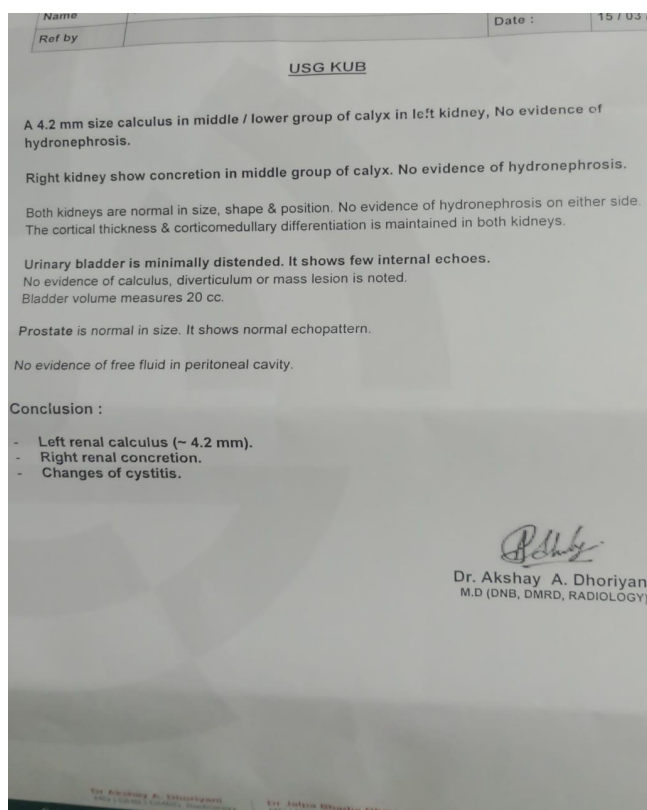
# Case Report

**Prescription:** Hydrangea Q 10 drops TDS

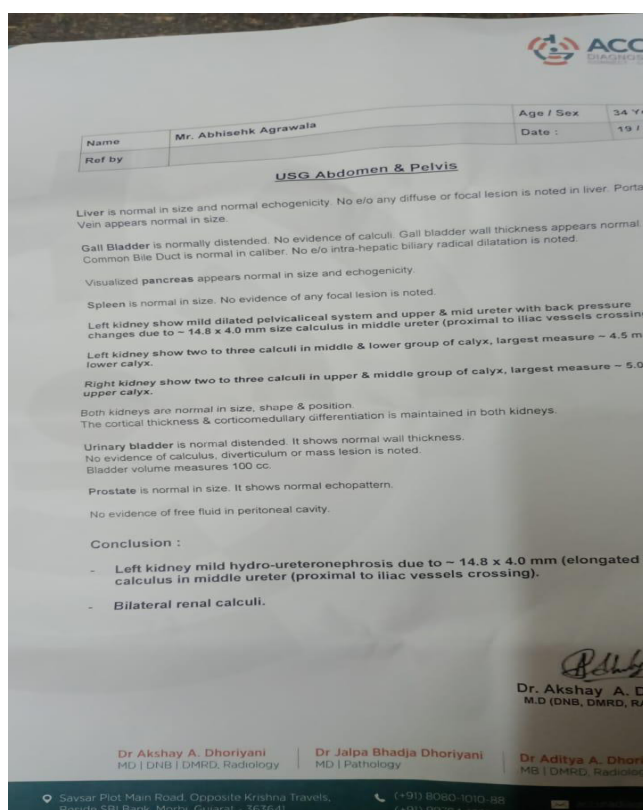
**Follow-up:**

Date	Complain	Treatment
After 2 days	Burning in the urethra decrease The feeling of incomplete urination remain	Hydrangea Q 10 drops TDS
After 1 week	Urine flow normal No burning in urethra No complain regarding urination	Stop medication and Repeat USG abdomen

Before



After



## CONCLUSION

Homeopathy has many scopes in acute emergency conditions like acute renal colic. There are many medicines in Materia medica which are helpful in this type of condition. For > 7 mm renal stone, Conventional treatment of medicine relies on procedures like fragmenting stones by surgical intervention like ESWL, homeopathy offers a holistic approach with many remedies, and hydrangea is one example of this.

## REFERENCES

1. Manzoor H, Saikali S. Extracorporeal Shockwave Lithotripsy [Updated 2023, Jul 25] In StarPearls [Internet] Treasure Island (FL): StarPearls Publishing; 2024 Jan- Available from: <https://www.ncbi.nlm.nih.gov/books/NBK560887/>
2. Davidson, Stanley, et al. Davidson's Principles and practice of Medicine. 23<sup>rd</sup> ed. Edinburgh: Elsevier, 2018.
3. Bartoletti R, Cai T. Surgical approach to urolithiasis: the state of art. Clin Cases Miner Bone Metab. 2008 May-Aug; 5(2): 142-144. PMID: PMC2781202 | 22460997. Available from- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2781202/>
4. Hahnemann S., B K Sarkar, Organon of medicine. 5th edition, reprinted edition 2009-10, Birla Publications Pvt. Ltd., Delhi, India: pg. 128-129, 116
5. Clarke J H. A Dictionary of Practical Materia Medica. First edition (1st January 2005). B Jain Publishers Pvt Ltd

---

# Effectiveness Of Viscum Album Mother Tincture In Case Of Sciatica Along With Hypertension: A Case Report

Dr. Nandini Patel<sup>1</sup>

Md Part - II, Department Of Homoeopathic Philosophy And Organon Of Medicine, Dr. V. H. Dave Homoeopathic Medical College, Anand - Gujarat

---

### KeyWords

Sciatica, Hypertension, Mother Tincture, Viscum Album, Q

### Abstract

Sciatica refers to pain in the sciatic nerve root (L5, S1). The sciatic nerve travels from the buttocks and down each leg. So, the pain starting in the lower back and going down the leg. Here is a case of a 43 year old male patient, suffered from right sided sciatica along with K/C/O hypertension. Assessment of pain was done with NRS (Numerical Rating Score) and quality of life was assessed with ODI (Oswestry Disability Index Scale) at the baseline and after treatment. Case treated with Viscum Album Mother Tincture and one can see the usefulness of homoeopathic mother tincture to treat the sciatica along with hypertension.

### Introduction

Sciatica is described by the pain in the distribution of the sciatic nerve or its component nerve roots (L5, S1). The syndrome is now accepted as being caused by lumbar disc prolapse. However, sciatic nerve lesions can occur due to pressure in the buttock or upper part of the thigh.

### Causes

1. True Sciatic Neuritis – Polyarteritis nodosa, nerve injury due to injections or trauma, post herpetic neuralgia.

2. Mechanical pressure on nerves or roots or referred pain (In spinal cord, in cord space, in vertebral column, in the back, in the thigh and buttock, in the pelvis) and Lumbosacral spondylosis.

### Physical examination

Lumbar spine: shape, mobility, muscle spasm, local tenderness and presence of trigger points in back and limbs.

SLR test, Tenderness of nerves (Tinel's sign), Intensification of pain in back and leg during rotatory extension of lumbar spine, popliteal compression, testing of sacroiliac joints, muscle power in lower limb, knee and ankle jerks and checking sensations.

**Investigations:** Straight X-Rays, MRI of lumbosacral spine

**Case: (Date: 11/12/2023)**

A 43 year old male patient came with a diagnosed case of right sided sciatica. Complaints of pain in lower back which radiate to right knee to heel since 10 months. Sharp, shooting pain in right buttock to heel. Crawling sensation over right leg. Complaints increased when lying on the left side. He has taken allopathic medicines but did not get relief. K/C/O: Hypertension since 1 year (B.P. – 142/92 mm/hg). Not taken any antihypertensive medicine.

### Associated complaints

Constipation for the last 6 months. Hard, knotty stool. Itching in anus after stool.

### Personal History

- Appetite: 3-4 chapati / meal, satisfactory
- Thirst: 2-3 lit/day
- Urine: 4-5 times/day, normal flow
- Stool: Constipated, hard knotty stool, 2-3 times/day, itching after stool
- Desire: Sweet (+)
- Aversion: not particular
- Sleep: Unable to sleep till midnight due to pain
- Dream: Horrible
- Perspiration: Profuse on whole body
- Thermal: Hot, want fan and cold water bathing in all season
- Vaccination: All taken
- Milestones: At proper age

**Past History:** No major illness.

### Family History

- Father: HTN
- Mother: Rheumatoid arthritis
- Brother: BPH

### Physical Examination

- Congenital defect: Not any
- General: Conscious
- Built: Moderate
- Height: 170cm
- Weight: 65 kg
- Nail: Pinkish
- Oedema: Not present

### Vital Data

- Blood Pressure: 142/92 mm/hg
- Pulse: 80/min
- Respiratory rate: 18/min
- Temperature: 96°F

### Systemic Examination

- CVS: Heart sound S1&S2 audible normally.
- CNS: Conscious, Well oriented, reflexes normal
- GIT: Normal contour of abdomen, no tenderness
- RS: Bilateral Airway Entry Present.
- LOCOMOTOR SYSTEM: SLR – Positive at right side, tenderness over lumbar vertebral region.

### Life Space

Fear of sudden and loud noise. Oversensitive to noise. Frightful thoughts at night.

**Observation:** Very confused

**Diagnosis:** Right sided Sciatica

**Phase of disease:** Chronic fully developed disease

### Miasm:

- **Fundamental Miasm:** Sycosis
- **Dominant Miasm:** Sycosis

### Analysis of symptoms

- Pain in lower back which radiate to right knee to heel. – Physical Particular symptom
- Sharp, shooting pain in right buttock to heel. – Physical particular symptom
- Crawling sensation over right leg. – Physical Particular Symptom
- Complaints increased when lying on left side.

– Physical Particular symptom

- Hard, knotty stool, constipation. – Physical General symptom
- Itching in anus after stool. - physical particular symptom
- Fear of sudden and loud noise. - Mental General symptom
- Oversensitive to noise – Mental General Symptom
- Frightful thoughts at night. – Mental General Symptom

**Evaluation of symptoms**

- Fear of sudden and loud noise.
- Frightful thoughts at night.
- Sharp, shooting pain in right buttock to heel.
- Crawling sensation of right leg
- Complaints increased when lying on left side.
- Itching in anus after stool.
- Hard, knotty stool, constipation.

**Prescribing Totality**

- Fear of sudden and loud noise.
- Frightful thoughts at night.
- Sharp, shooting pain in right buttock to heel.
- Crawling sensation of right leg
- Complaints increased when lying on left side.
- Itching in anus after stool.
- Hard, knotty stool, constipation
- Hypertension

**Prescription**

Rx – Viscum Album Q, TDS - 15 drops in half glass of water.

S.L. – 4 × 3 × 15 days.

**Assessment at baseline**

Numerical Rating Score: 08

Oswestry Disability Index Scale: 17 (34%):  
Moderate disability

**Follow Up**

DATE	OBSERVATION	PRESCRIPTION
26/12/2023	Reduced lower back pain. Better in complaints. Fear and fright as it is. B.P. – 138/90 mm/hg.	Rx – Viscum Album Q, TDS - 15 drops in half glass of water. S.L. – 4 × 3 × 15 days.
09/01/2024	Reduced pain in back, knee and heel. Stool soft. No other complaints. Fear and frightful thoughts as it is. B.P. – 134/90 mm/hg	Rx – Viscum Album Q, TDS - 15 drops in half glass of water. S.L. – 4 × 3 × 15 days.
24/01/2024	No radiating pain. Stool normal. Fear reduced. Frightful thoughts as it is. B.P. – 132/90 mm/hg	Rx – Viscum Album Q, TDS - 15 drops in half glass of water. S.L. – 4 × 3 × 15 days.
07/02/2024	Slightly pain sometimes, no radiating pain. Fear gone and frightful thoughts decreased. B.P. – 132/90 mm/hg	Rx – Viscum Album Q, BD - 15 drops in half glass of water. S.L. – 4 × 3 × 30 days.
08/03/2024	No complaints. Frightful thoughts reduced. B.P. – 132/86 mm/hg	Rx – Viscum Album Q, BD - 15 drops in half glass of water. S.L. – 4 × 3 × 30 days.
10/04/2024	No complaints, no fear and frightful thoughts. B.P. – 132/84 mm/hg	S.L. – 4 × 3 × 30 days.
10/05/2024	No complaints. B.P. – 132/82 mm/hg	No medicine given

## Assessment after treatment

SCALE	Numerical Rating Scale	Oswestry Disability Index Scale
At Baseline	08	17 (34%):Moderate disability
After Treatment	00	03 (6%): Minimal Disability
Status	Improved	Improved

BLOOD PRESSURE	
Before Treatment	After Treatment
142/92 mm/hg	132/82 mm/hg

## Discussion

In this case, a patient suffering from chronic right sided sciatica with hypertension. According to his complaints, Prescribed Viscum Album Q along with Sac Lac. Pain assessment by NRS and quality of life assessed by ODI scale before and after treatment. Patients not having any sciatic pain after treatment and living a good quality of life.

## CONCLUSION

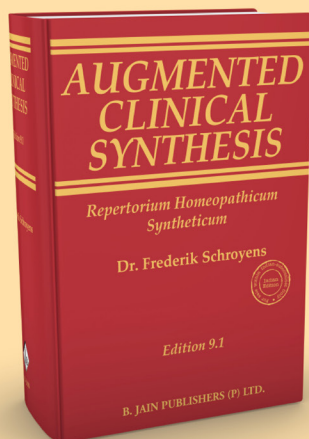
After follow ups, the patient does not feel any kind of pain. Case was successfully treated with Homoeopathic Mother Tincture alone. There is no sciatic pain and reduced blood pressure also.

## REFERENCES

1. Golwalla Aspi, Golwalla Sharukh, Golwalla's medicine for students, 25<sup>th</sup> edition, 2017, Published by Jaypee Brothers Medical Publishers (p-593,594)
2. Boericke William, Pocket Manual of Homoeopathic Materia Medica & Repertory, Low priced edition: 2007, Published by B.Jain Publishers (p – 677,678)
3. Clarke J. H., A Dictionary of Practical Materia Medica, Vol – III, 36<sup>th</sup> impression: 2020, Published by B. Jain Publishers (p – 1559, 1560)
4. Phatak S. R., Materia Medica of Homoeopathic Medicines, Enlarged Edition: January 2017, Published by Indian Books & Periodical Publishers (p – 861, 862)
5. <https://www.mayoclinic.org/diseases-conditions/sciatica/symptoms-causes/syc-20377435>
6. <https://en.wikipedia.org/wiki/Sciatica>
7. <https://www.aaos.org/globalassets/quality-and-practice-resources/patient-reported-outcome-measures/spine/oswestry-2.pdf>



## Augmented Clinical Synthesis



ISBN : - 9788131900956

- ▶ Clinical rubrics were renamed according to modern nomenclature. Kents arrangement of rubrics has been followed throughout.
- ▶ New families Repertory 2.1 is added which is another source of information, working in the background.
- ▶ The sources are indicated in an abbreviated form towards the end of each medicine.



# Assessment Of Temperament In Homoeopathic Medical Students: A Google Forms Survey

Dr. T. Prasanna Lakshmi

MD (HOM), Department of organon of medicine and Homoeopathic philosophy, JSPS Govt Homoeopathic medical college and Hospital, Hyderabad, Telangana, 500013

---

### Keywords

homeopathy, temperament assessment, medical students, Melancholic, sanguine, phlegmatic, choleric, nervous, temperament, questionnaire.

### Abstract

**Background:** Understanding the temperament of individuals is crucial in homeopathic practice, as it influences treatment approaches. This study assessed the temperaments of undergraduate and postgraduate homeopathic medical students at JSPS Govt Homeopathic Medical College using a comprehensive questionnaire. The results revealed a predominant Melancholic temperament among the students, with significant predispositions to respiratory diseases, gastrointestinal disorders, and emotional disturbances. The findings underscore the interplay between temperament and health outcomes, emphasizing the need for personalized healthcare interventions. Recognizing an individual's temperament profile can guide treatment strategies, leading to improved health outcomes and quality of life.

**Methods:** The survey was conducted from August 2023 to February 2024. A total of 326 undergraduate and postgraduate homeopathic medical students participated in the study. A Google Forms survey consisting of 50 questions was developed to assess various temperament traits among the participants. The questionnaire was adapted from reputable sources such as "The Four Temperaments by Rev. Conrad Hock" and "Temperament Types: A study by Dr. Parinaz J. Humranwala." Each question in the survey offered two response options, "Yes" or "No," with each "Yes" carrying one point. The questions were designed to explore temperamental traits and

predispositions to specific health disturbances.

**Results:** The Melancholic temperament appears to be the most prominent among the surveyed homoeopathic medical students, suggesting a cohort that may be more reflective, analytical, and prone to overthinking. It shows the highest predisposition to Respiratory Diseases, Gastrointestinal disorders, and Emotional Disorders.

**Conclusion:** The survey suggests that there is predominant melancholic temperament among students. Addressing these tendencies through mental health support, stress management, and a balanced curriculum is essential for their well-being and professional success.

### Introduction

In the field of homeopathy, understanding and assessing the temperament of individuals play a crucial role in prescribing appropriate treatments. Rooted in the teachings of ancient scholars like Hippocrates and further developed by Dr. Samuel Hahnemann, the presence of an innate constitution alongside temperamental variations influenced by external factors. Over two millennia ago, Hippocrates emphasized the significance of temperament in understanding human behaviour and health outcomes, laying the groundwork for subsequent medical practices. In line with these principles, this study focuses on assessing the temperaments of undergraduate and postgraduate homeopathic medical students at JSPS Govt Homeopathic Medical College, conducted from August 2023 to February 2024. Recognizing the importance of temperament in homeopathic practice, the study utilizes a comprehensive questionnaire to gather data on various temperament traits among the participants.

The primary objective of this study is to identify and analyse patterns in temperament distributions among the participants. By examining the temperament profiles of homeopathic students, the research aims to shed light on potential correlations between temperament types and individual characteristics. Such insights have the potential to inform personalized healthcare strategies, guiding practitioners in tailoring treatments to suit the unique temperamental attributes of their patients.

### Objectives

1) To study the predominant temperament among the homoeopathic medical students

2) To study the predisposition of health disturbances among the Homoeopathic medical students.

**Methodology:** A Google Forms survey was conducted on a sample of 326 students, including both undergraduate and postgraduate levels. The questionnaire, adapted from reputable sources such as “The Four Temperaments by Rev. Conrad Hock” and “Temperament Types: A Study by Dr. Parinaz J. Humranwala,” consisted of 50 questions. Each question offered two response options, “Yes” or “No,” with each “Yes” carrying one point. The questions were designed to explore various temperamental traits their predisposition to specific health disturbances.

### Results of Temperament Scores

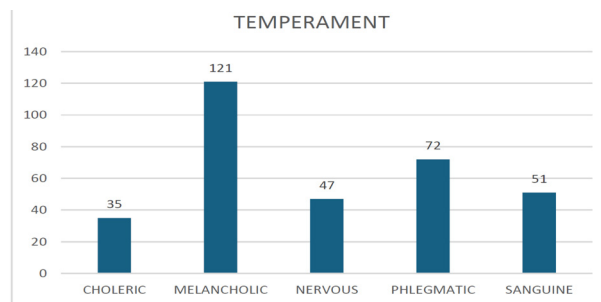
**Melancholic (121):** The dominant temperament appeared to be Melancholic, with a significant score of 121 points. Melancholic individuals are often characterized by introspection, sensitivity, and a tendency to overthink and worry.

**Phlegmatic (72):** The second-highest score is in the Phlegmatic category, indicating a notable presence of traits associated with calmness, patience, and reservedness.

**Sanguine (51):** The Sanguine temperament, with a score of 51 people, sociability, enthusiasm, and an optimistic outlook.

**Nervous (47):** The Nervous temperament, with a score of 47 people, having presence of traits related to anxiety, restlessness, and heightened sensitivity.

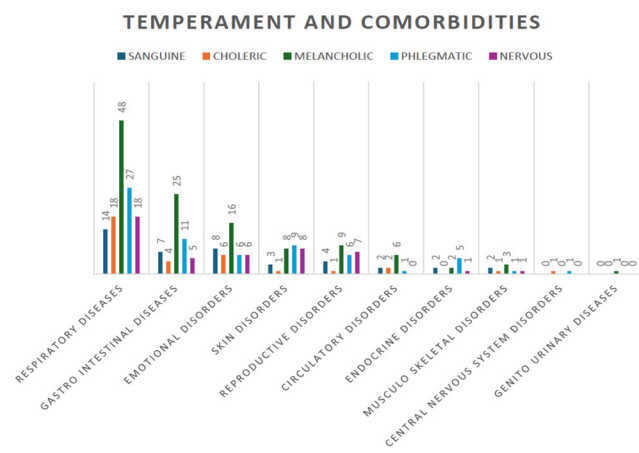
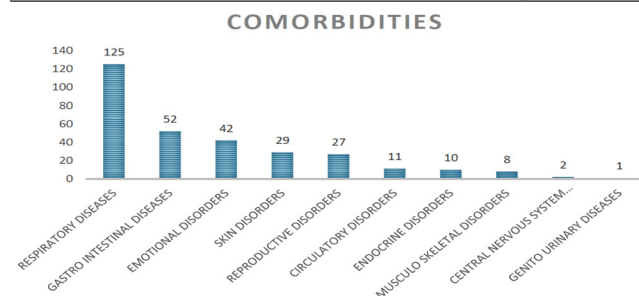
**Choleric (35):** The Choleric temperament, with the lowest score of 35 people, indicates a lower prevalence of traits associated with assertiveness, ambition, and quick decision-making.



### Predisposition to Health Disturbances

Among the comorbidities, Respiratory Diseases exhibited the highest prevalence of 125 across all temperament types. Gastrointestinal Diseases and Emotional Disorders also showed substantial variability across temperaments.

Comorbidities	Result
Respiratory Diseases	125
Gastro-Intestinal Diseases	52
Emotional Disorders	42
Skin Disorders	29
Reproductive Disorders	27
Circulatory Disorders	11
Endocrine Disorders	10
Musculo Skeletal Disorders	8
Central Nervous System Disorders	2
Genito Urinary Diseases	1



## Temperament Analysis

Indeed, based on the provided temperament scores, the Melancholic temperament stands out as the most prominent among the surveyed homoeopathic medical students. With a temperament score of 121, it surpasses the scores of other temperaments, including Choleric, Nervous, Phlegmatic, and Sanguine. This indicates that a significant number of students in the survey exhibit characteristics associated with the Melancholic temperament. Melancholic temperament shows the highest predisposition to various health disturbances, especially in Respiratory Diseases, Gastrointestinal disorders, and Emotional Disorders. Choleric and Phlegmatic temperaments also exhibit significant predispositions across different health domains. Sanguine temperament has a relatively lower predisposition compared to the others.

These findings underscore the complex interplay between temperament and health outcomes. While certain temperaments may predispose individuals to certain conditions, other factors such as lifestyle choices, genetics, and environmental influences likely contribute to overall health status. Understanding these associations can have implications for personalized healthcare interventions. By recognizing an individual's temperament profile, physicians may help in treatment plans and preventive measures to better suit their unique needs, ultimately leading to improved health outcomes and quality of life.

## Questionnaire

1. Do you really like parties, and social gatherings and are you the life of the party?
2. I'm cordial, and talkative, and really like to be with different kinds of people and enjoy their company?
3. I get along well even with people who are generally difficult to work with and make them work for me?
4. Do you easily get angered by offense and may show anger quickly, but then again hold no grudges.
5. I am quick in making decisions and act impulsively.
6. Are you easily attracted by every new Idea or mood, love variety, and change in everything?
7. Do you lack persistence and feel satisfied with superficial or part of knowledge; jack of all trades?
8. Are you interested in intimacy and flirtation?
9. Do you pay attention to your appearance and that of others, to a beautiful face, external attractions to modern things and clothes?
10. I am optimistic , I overlook difficulties and don't worry or be sad for a long time, preferring to enjoy life.
11. I am ambitious, absorbed by the aim that I have in mind, and rush for a goal.
12. Do you insist upon the acceptance of your ideas or plans and be quite argumentative?
13. Do you consider yourself as somebody as always right , and not needing the help or advice of others?
14. I feel confident enough in my ability and I am not hesitant to put up with difficult situations or posts.
15. Do you have a feeling of dominating others subconsciously and feel happy when in position to command?
16. Do you get affected by contradiction, personal offenses and express it in harsh words which may sound like being polite; yet hurt to the core?
17. Do you like to poke fun at others, tease them, play tricks on them?
18. Do you easily get irritated and get angry with other people mocking and teasing you jokingly!
19. I feel like I'm not the person who is responsible to understand what others' feelings are and make them feel better.
20. Do you ever feel that you are sure to succeed at most things?
21. Do you prefer everything proper, in an orderly manner and to be perfectionistic?
22. I cannot forget offenses easily and I constantly think about it.
23. Do you constantly fear grave sickness and always feel like something bad may happen?
24. I'm Secretive and feel very uneasy about opening up to others and disclosing my true

- feelings!
25. Do you take care of others at work and don't impose authority?
  26. Are you afraid of disgrace, humiliation and being put to shame?
  27. Do you become suspicious and do not trust others easily?
  28. Do you feel that you fail more often than you succeed in life, and as a failure.
  29. I am slow and perhaps very careful in making decisions; I consider and reconsider everything.
  30. I spend too much time worrying about what others think of me.
  31. I am pretty satisfied with my achievements in my life and have little interest in change
  32. Are you likely to listen and understand others' points of view and agree with them?
  33. I avoid conflicts and hence agree with the boss and maintain harmony.
  34. Are you slow, observe things and have no hurry in making decisions?
  35. I tend to postpone, or delay work needlessly.
  36. I have difficulty in understanding and executing things!
  37. Do you have little inclination to work, preferring leisure and staying at home?
  38. Do you like light work which requires no attention and where there is no need for deep thinking or great effort?
  39. Do you prefer and excel in a job with security and routine rather than one that is demanding and high achieving?
  40. Do you remain calm, balanced, and composed even when you face offenses practically judged and put to shame
  41. I am tensed and easily worried over little things!
  42. Are you Restless and worried before appointments, speech, interviews, public appearances and examinations?
  43. I cope poorly with things and easily get confused!
  44. Are you impatient and hurry up doing things?
  45. Do you tend to look at problems negatively?
  46. Do you feel anxious and make calls continuously until your close ones or family members reach their destination?
  47. Are you extremely careful and get worried by slightest change in health and even laboratory investigations/ tests?
  48. I Am punctual and I easily get worried , until I reach destination ; so I would prefer to reach before time.
  49. Do you get distressed from any sudden changes in schedule?
  50. Are you generally worried about day to day issues and treat every problem as a matter of life and death?

## CONCLUSION

The Melancholic temperament appears to be the most prominent among the surveyed homeopathic medical students, suggesting a cohort that may be more reflective, analytical, and prone to overthinking. It shows the highest predisposition to Respiratory Diseases, Gastrointestinal disorders, and Emotional Disorders. Understanding the predominant temperament can guide personalized approaches to healthcare and stress management for these students. The article concludes that this temperament assessment can guide homeopathic practitioners in prescribing remedies based on the individual's predominant temperament and associated health disturbances, for effective homeopathic treatment.

## Limitations

The study's limitations include relying upon self-reported responses or data to the questionnaire by students, potential bias in participant responses, and the subjective nature of temperament assessments. The interpretation is based on the provided information by the students.

Further research in homeopathy may provide deeper insights into the implications of these temperament profiles on health and well-being.

## REFERENCES

1. *Humranwala parinaz. Temperament types- A study*, 2<sup>nd</sup> edition 2005. Nina foundation Mumbai.
2. *Hock Conrad. The four temperaments*. Reprint ed. United States: The Anglican academy; 2006. p. 82.

---

# Healing Cancer: A Homoeopathic Approach

Dr. Garima Verma<sup>1</sup>, Dr. Kirti Mishra<sup>2</sup>

P.G.T, State National Homoeopathic Medical College, Lucknow

M.D (hom.), Asst. Professor in G.C. Homoeopathic College and Research Center, Lucknow

---



By: Dr. Farokh J Master

**Title of the book:** Healing Cancer: A Homoeopathic Approach, A guide to prevention, Management and treatment of cancer with integrated approach from Dr. Master's 40 years'

experience.

**Edition:** 1<sup>st</sup> edition

**Author:** Dr. Farokh J Master

**Published by:** B. Jain Publishers New Delhi

**Volumes:** 2

**Pages: volume 1:** 476

**Volume 2:** 456

**About the author:** Dr. Master joined Bombay Homoeopathic Medical College after giving up his studies at orthodox school of medicine. In 1980 he joined Medical College as a junior lecturer in the department of Medicine. Later in the age of 29 years, he was appointed as professor in the department of Medicine. Dr. Master became the country's first M.D homoeopath. He completed his PhD degree in 'cancer management using homoeopathy' and became one of very few doctors to complete his PhD in homoeopathy.

Dr. Master started giving seminars all over the country and eventually became one of the most popular teachers in the country. In 1985 he came across his first opportunity to teach abroad, which he continues till date. Dr. Master has also started

homoeopathic OPDs in many allopathic hospitals in private and government sectors like Bombay Hospital, King Edward Memorial Hospital, Ruby Hall Clinic Pune, Tata Sons, ACC, BARC, Nuclear Corporation of India, etc. Dr. Master has received various awards and recognition not only in India but also all over the world, Dr. Master besides being a great teacher in homoeopathic stream also a great Classical homoeopathic practitioner, and this book is an essence of his 40 years' experience with in the field of homoeopathy and especially his work in Cancer as an integrated approach.

**Introduction:** According to WHO and American Cancer Society, cancer poses the highest clinical, social and economic burden in terms of cause-specific DALYs among all human diseases. The overall 0-74 years risk of developing cancer is 20.2% (22.4% in men and 18.2% in women). Overall among all the new cancer cases, the most frequent is lung followed by breast and prostate cancer. As concern with mortality, cancer emerges as the second highest cause of death after ischemic heart diseases but it's likely to become first by 2060. Lung, liver and stomach are three most deadly cancers. While lung and breast cancer are the most leading causes of cancer related mortality.

Cancer has emerged as a leading cause of disability and mortality in today's world scenario so its need of hour to take the management of Cancer with an integrative approach including all the system of medicine for the relief of the patient.

Author has completed his PhD on the management of cancer. He himself works as a health care professional and deals with various cancer cases.

**Volume I:** Understanding Cancer and

### Homeopathy

The first volume of “Healing Cancer” serves as a foundational guide, elucidating the complex interplay between cancer and homeopathy. Dr. Master begins by providing a thorough overview of cancer biology, dissecting its multifaceted nature, from its cellular origins to its systemic effects on the body. Through clear and accessible language, he demonstrates the pathophysiology of cancer, making it comprehensible to readers of all backgrounds.

Volume I is the exploration of homeopathic principles and their relevance to cancer treatment. Dr. Master elucidates key concepts such as the law of similimum and the vital force, emphasizing the holistic approach of homeopathy in addressing the underlying imbalances that contribute to cancer. By drawing parallels between conventional and homeopathic perspectives, he bridges the gap between mainstream medicine and complementary therapies, fostering a deeper understanding of integrative care.

The volume also delves into the practical aspects of homeopathic case-taking and repertorization, essential processes in tailoring treatment plans to individual patients. Through case studies and clinical examples, Dr. Master demonstrates how homeopaths can navigate the intricacies of cancer care, considering factors such as physical symptoms, emotional state, and past medical history. By emphasizing the importance of patient-centered care, he advocates for a personalized approach that honors the uniqueness of each individual.

Volume I lays the groundwork for a holistic understanding of cancer and homeopathy, setting the stage for deeper exploration in the second volume.

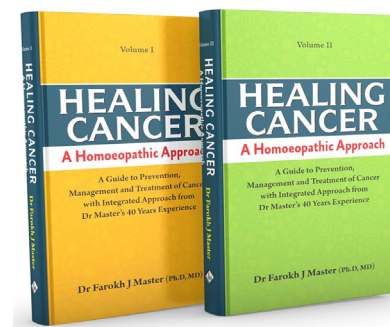
### Volume II: Clinical Applications and Case Studies

Building upon the foundational principles established in Volume I, the second volume of “Healing Cancer” delves into the practical application of homeopathy in clinical settings. Dr. Master embarks on a comprehensive journey through various cancer types, discussing their clinical manifestations, diagnostic considerations, and homeopathic management strategies. From

breast cancer to leukemia, from lung cancer to brain tumors, the book covers a diverse array of malignancies, offering valuable insights for practitioners and patients alike.

One of the most compelling aspects of Volume II is its extensive collection of case studies, which provide real-life examples of patients who have benefited from homeopathic treatment. Through detailed analysis and follow-up, Dr. Master illustrates the process of case management, from initial consultation to long-term monitoring. These case histories serve as a testament to the efficacy of homeopathy in addressing the complexities of cancer care, offering hope and inspiration to those on the journey toward healing.

In addition to case studies, Volume II offers practical guidance on adjunctive therapies and lifestyle modifications that can support the homeopathic treatment of cancer. Dr. Master emphasizes the importance of a holistic approach that addresses the physical, emotional, and spiritual dimensions of healing. From dietary recommendations to stress management techniques, he equips patients with the tools they need to optimize their health and well-being throughout the cancer journey.



### Critique and Reflection

“Healing Cancer: A Homoeopathic Approach” offers a comprehensive and insightful exploration of the role of homeopathy in cancer care. Dr. Farokh J. Master’s expertise and experience shine through in his easy understanding writing style and practical approach to clinical management. By combining theoretical knowledge with practical wisdom, he equips readers with the tools they need to navigate the complexities of cancer treatment with confidence and compassion.

However, it is essential to acknowledge that homeopathy, like any medical modality, has its limitations and controversies. While many patients report positive experiences with homeopathic treatment, the evidence base for its efficacy in cancer care remains limited and subject to debate. Critics argue that homeopathy lacks scientific validity and may delay or discourage patients from seeking evidence-based treatments.

Furthermore, the holistic and individualized nature of homeopathic treatment can make it challenging to evaluate its effectiveness through conventional research methodologies. The subjective nature of symptom reporting and the variability of treatment outcomes pose significant challenges to conducting rigorous clinical trials in homeopathy.

### CONCLUSION

“Healing Cancer: A Homoeopathic Approach” by Dr. Farokh J. Master is a valuable resource for healthcare practitioners and patients seeking alternative perspectives on cancer treatment.

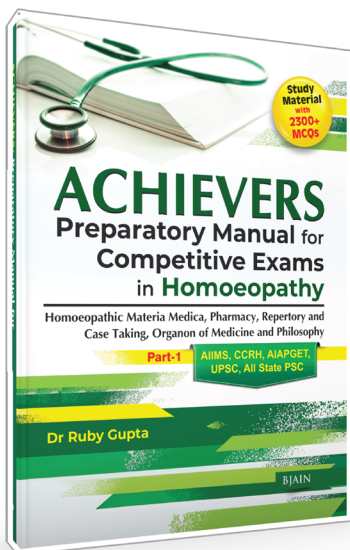
By combining scientific knowledge with compassionate care, Dr. Master offers a holistic approach that honors the complexity of the human body and the individuality of each patient.

While homeopathy may not be a panacea for cancer, it has the potential to complement conventional treatments and provide relief from symptoms and side effects. As our understanding of cancer continues to evolve, it is essential to remain open-minded and explore diverse approaches to care. “Healing Cancer” serves as a guiding ray of hope and healing for those navigating the challenging journey of cancer treatment.

In conclusion, “Healing Cancer: A Homoeopathic Approach” is a comprehensive and insightful guide that offers valuable perspectives on the integration of homeopathy into cancer care. Whether you are a healthcare practitioner, a patient, or simply curious about alternative therapies, this two-volume set provides a wealth of knowledge and inspiration for the journey toward healing.



# ACHIEVERS



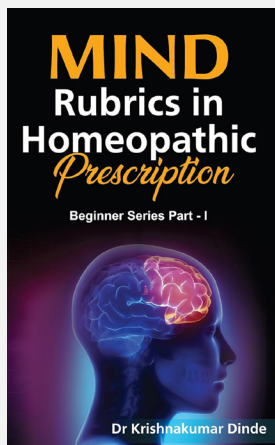
ISBN :- 9788131958933

- ▶ An assemblage of vast preparatory material from Homoeopathic Materia Medica, Pharmacy, Repertory and Case Taking, Organon of Medicine and Philosophy.
- ▶ Crisp and easy-to-grasp content, this book presents homoeopathic subjects in a comprehensive manner conducive to learning with each chapter concluding with MCQs pertaining to the topics contained therein
- ▶ An assorted 2300+ multiple choice questions with answers and explanations to enable easy retention of concepts and facts.
- ▶ Questions have been sourced from various homoeopathic competitive exams conducted in the last 15 years.

# Mind Rubrics in Homoeopathic Prescription: Beginner Series Part: I - Dr Krishna Kumar Dinde

Dr Yogesh D Niturkar

Chief Associate Editor, The Homoeopathic Heritage



## My Perspective on the Book

*"Homoeopathy as a profession carries challenge. The possibilities of its art are infinite"*

- Dr. Herbert A. Roberts

In context to the above statement, for perceiving the HHF approach & the

motto of this book; one needs to understand the working principles of HHF. The objective of this book is to expose readers to the concept of simplified Homoeopathy by understanding the adaptation mechanism of a patient with his/her environment. The adaptation of a patient to situations/disease is expressed (Emotions, Intellect & Behavior) and assessed at different levels (Attributes, Value System & Fate, Axis level). The interpretation of adaptation mechanism forms the totality of symptoms and the final Similimum. The second objective is to give directions to young Homoeopaths for lifelong service to the suffering humanity in a holistic manner. The possibilities of Homoeopathic application (art) is varied & infinite that the need for every form of approach or school of thought is so imperative in each individual case.

The present book is based upon the author's

authentic experiential learning, knowledge gained in various seminars & inputs from teachers & colleagues so that its readers can perceive simplified Homoeopathy. The readers should note that the book is written in a narrative style reproduced as interacted between patient, doctor & attendants. The prescription is based upon the physician's interpretation made out of this interaction.

In this present edition, there are six sections viz. (I) Glimpse (II) Adaptation (III) Rubrics

(IV) Metaphor, (V) Remedies & (VI) Differentiation of remedies under the rubrics.

**Section I** is titled as the glimpse part consists of the author's journey in the field of Homoeopathy & the significant role of his mentors in the making of a Homoeopath. It also covers the concept of normalcy i.e. homoeostasis, the role of environment and how Homoeopathy can be useful for maintaining balance. The modus operandi of HHF in view of understanding the man in disease - through the adaption/dynamics of the patient and his interaction within the environment.

**Section II** covers the concept of adaptation, health, disease, man and his environment, individuality, case taking, rubrics, miasms, temperament and diathesis, doctrine of signature, vital force, understanding the language of vital force through rubrics and metaphor.

**Section III** covers 20 different rubrics along with



its applied part in the form of meaning of the rubric, case details and its utility in practice.

**Section IV** is on metaphor covering three rubrics with cases, remedial differentiation and its practical utility.

**Section V** is on remedies Baptisia, Rhus Glabra, Stramonium and Veratrum album with different rubrics covered by each remedy and its clinical application is described.

**Section VI** is on differentiation of remedies under rubrics viz. **Abusive - pains; with the and delusion – wealth imagination of”**.

Throughout this book, meaning of terminology, synonyms and interpretations of certain terms is given next to the mentioned term in brackets

so that the reader finds it easy to understand the term & the context in which the author has mentioned it in the sentence or rubric. Rubrics are arranged as per the ailments from (cause), Emotions, Intellect & Behavior pattern as interpreted by the author. Case taking, analysis & evaluation, patient understanding, differential materia medica, selection of the remedy, potency selection & follow up is mentioned.

Homoeopathy is as vast as an ocean and the author of this book has tried to make it concise for better perceiving of this subject. This book gives insight into understanding the HHF principles & practice in the light of Homoeopathic science. It gives a new approach for understanding a patient as a person & arriving at a remedy.



INTERNATIONAL ACADEMY OF  
CLASSICAL HOMEOPATHY



Prof. George Vithoukas

LEARN HOMEOPATHY FROM  
THE TEACHER OF TEACHERS

E-Learning Course in  
Classical Homeopathy

[www.vithoukas.edu.gr](http://www.vithoukas.edu.gr)

[elearning@vithoukas.com](mailto:elearning@vithoukas.com)

# Earnest Colloquy With Dr S K Tiwari

Former Principal, Father Muller's Homoeopathic Medical College, Ex-Director, NIH, Kolkata, Ex-Director, NIH, Kolkata, Author- Essentials of Repertorization, Essentials of Boger's Principles and Practice of Homoeopathy, Boeninghausen Boger Final General Repertory



Welcome to 'Earnest Colloquy' - A new section in your favourite journal. This is what you get here - Our managing editor, Dr Rashi Prakash speaks to eminent homoeopaths to bring to you, their journey, their struggle story and their paths to reach this point in their life.

Read on to get acquainted with the people behind your favourite authors, inspiring teachers and professors, well-known stalwarts, renowned physicians and eminent homoeopaths who stand tall as an epitome of success in the field of Homoeopathy.

**Dr. Rashi:** Sir, you are a legend in the world of Homeopathy. You have studied in two premier institutes of Homeopathy, and that was before 1980s. What led you to opt for homeopathy as your career in those times?

**Dr . S. K. Tiwari:** Let me first tell you that I do not consider myself 'A legend'. I am only a senior learner and a committed student who still wants to learn more and more about homoeopathy in depth. Homoeopathy is a science which cannot be mastered completely. It's a lifetime learning system of medicine. Regarding 'what made me join Homoeopathy and take it up as my career' - Many times and at many places I have faced the same question. This question makes me nostalgic. When I was young, there used to be epidemics of Cholera- I have seen the whole village suffer and there used to be a lot of mortality. When I was studying in 10<sup>th</sup> standard I too suffered from Cholera and was successfully treated with Homoeopathy. This motivated me to think about studying homoeopathy. Hence after my 12th standard I took up homoeopathy and got admission in Calcutta homoeopathic Medical

College in 1975 for DMS course.

**Dr Rashi:** You are an authority in the field of Repertory? Generations of students have passed homeopathy studying repertory textbooks by Dr S. K. Tiwari. What sparked your interest in the subject of Repertory?

**Dr S. K. Tiwari:** Repertory is the ultimate subject in Homoeopathy. It combines the subject of Practice of Medicine, Organon, and Materia Medica and helps in selection of right medicine which is the aim of every homoeopathic physician. Therefore, study of Repertory fulfils the need of knowing all the aspects of a case and keeps the physician updated. In other words, studying repertory makes every student and physician knowledgeable and leads him to become a complete Homoeopathic Physician. I request all the learners of homoeopathy to learn the repertories thoroughly and use them logically- Please do not use them mechanically.

**Dr Rashi:** Your book 'Essentials of Repertorization' was much loved by students, teachers and practitioners of Homeopathy all over the world.

The first edition came in 1991. Prof. Vithoulkas said that he found it as an all round informative book on repertorization, and we released several editions of this book improving it further and further. What were your thoughts while compiling this book- the idea how it would benefit the then students of homeopathy?

**Dr S. K. Tiwari:** I just told you how the subject of repertory is of immense importance- It is a fact that no one can practice Homoeopathy logically and scientifically without the help of repertory. Keeping this fact in mind and being a teacher as well as practitioner, I wanted to author an authentic and comprehensive book to delineate the details of case taking and Repertorization for students. In fact there were no books in those days on repertory which could make the subject comprehensible yet allow students to grasp it in depth. And both teaching and studying the subject of repertory was a challenge. I took up the writing of *Essentials of Repertorization* to meet the challenge which was the need of the hour. And I am happy to say that the book got a huge support from the teachers and a wide acceptance from the students. Now, the book has undergone six editions, the present edition has almost all the required lessons for BHMS and MD courses in the subject. I must thank my son Dr. Manish, Assist Prof who is also my coauthor for bringing forth all the essentials of the subject in the last edition.

**Dr Rashi:** We have recently brought out another book- Boenninghausen Boger Final General Repertory. The book has been brought out after years of work on your part. Please elaborate on what this book is about and how do you see it contributing to the current world of Homeopathy?

**Dr S. K. Tiwari:** The idea of bringing all the information about repertory and materia medica left to us by two legends of Homoeopathy came in mind way back in 1990 when I was writing *Essentials of Repertorization* because while going through all the works of Boenninghausen and Boger, I felt that all the valuable information were lying scattered in different books by these stalwarts. I sincerely felt the need to bring together and converge the content of all the repertories by these two notable authors at one place. The

idea got strengthened while I was preparing for a scientific paper presentation on BCCR at the first PG conference at Hyderabad back in 2003. Since then, I had started working on this desire to make it a reality. I had started the work when I was in Father Muller and continued it even when I became the Director and HOD of Repertory at National Institute of Homoeopathy. But I'd like to admit that nothing worked out successfully until finally with the help of Prof. Dr Sathis V, faculty and the P G scholars all came together to work on the book which finally saw the light of the day on 10<sup>th</sup> April 2024. This book is very useful as it contains all the authentic information of the two legends of homoeopathy.

**Dr Rashi:** It is indeed a great and historical contribution in the field of repertory.

**Dr Rashi:** Finally, I'd like to ask you the same question once again- just replacing the book with 'Essentials of Boger's Principles and Practice of Homeopathy'. Please elaborate on what this book is about and how do you see it contributing to the current world of Homeopathy?

**Dr S. K. Tiwari:** The book, '*Essentials of Boger's Principles and Practice of Homoeopathy*' is in fact a very essential book which contains the original writings of Boger which were not available to the professionals till date (And this is when it is absolutely necessary for all the students of homoeopathy). Students read various books on principles of homoeopathy authored by Kent, Roberts and Stuart Close. But all they knew about Boger was that he authored a repertory called Boger Boenninghausen's Characteristics and Repertory. Just like other stalwarts, Boger's principles are very precious for the learners and practitioners of Homoeopathy. After publication of this book, students admitted that they were happy to refer to and learn Boger's principles on Homoeopathy. With this book, we can say that some lacunae which existed in the field of Homoeopathic literature being taught to students are now somewhat fulfilled with two books namely-*Boenninghausen Boger Final General Repertory* and *Essentials of Boger's Principles and Practice of Homoeopathy*.

# Homeopathy360

*You think, We Link...*

*One Stop Resource Centre For You*

## STAY UPDATED, STAY AHEAD

Be the voice of Homeopathy

LATEST NEWS



EVENTS



ARTICLES



VIDEOS



INTERVIEWS



CAREER & JOBS



BOOK REVIEW



### Get your work published!

Email us at- [articles@homeopathy360.com](mailto:articles@homeopathy360.com)

Website: [www.homeopathy360.com](http://www.homeopathy360.com)

[f @homeopathy360forall](https://www.facebook.com/homeopathy360forall)

[t @homeopathy360](https://www.instagram.com/homeopathy360)

[i @homeopathy360](https://www.instagram.com/homeopathy360)